



Scarborough Centre EarlyON Child and Family Centre
3478 Lawrence Ave East | Scarborough, ON, M1H 1A9
ScarboroughCentreEarlyON@familydaycare.com

Scarborough Centre EarlyON Child and Family Centre April 2025 Calendar

We are currently offering in-person programs and services as follows:

In-Person Programs: We are offering **indoor and outdoor** programs for families with children from birth to 6 years of age. We will be following the health and safety protocols and guidelines of Toronto Public Health and the Ministry of Education - Early Years and Child Care Division. **Please bring indoor shoes or socks when attending our indoor programs.** Pre- registration is not required for drop-in programs.

Storypark: Storypark is a secure, private online community space for our EarlyON families. For more information on Storypark please go to www.storypark.com. EarlyON Educators post announcements, videos and resources including songs, stories, home-based learning activities and parenting resources. Families have access to these resources anytime of the day and also an opportunity to share their own ideas and comment. If you are interested in joining in with other families on this community platform, please send an email to ScarboroughcentreEarlyON@familydaycare.com

Phone Support Services: EarlyON Educators are available to answer your questions about how to access our programs and services, parenting and child development, and other local services from Monday to Friday between 9:00am and 5:00pm at (416) 438-1800. Outside of these times, please leave a message and we will return your call as soon as possible.

Visit www.familydaycare.com/earlyON for the most up-to-date information

Please note that programs and program times are subject to change.



Scarborough Centre EarlyON Child and Family Centre
 3478 Lawrence Ave East., Scarborough , ON M1H 1A9

April 2025 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am Baby Time 12:30-3:00pm Open Door 3:00-4:30pm Family Time 5:00-7:00pm	2 Toddler Time 9:30am-12:00pm Let's Get Active and Explore (Park) 1:00-3:00pm Open Door 3:00-4:30pm	3 Cooking to Learn 9:30am-12:00pm Managing Stress in Parents 1:00-3:00pm Open Door 3:00-4:30pm	4 Family Time 9:30am - 12:30pm Open Door 1:00-3:00pm	5 Family Time 9:30am-12:30pm Open Door 1:00 - 3:30pm
7 Family Time 9:30am - 12:00pm Family Time 1:00 - 3:00pm Open Door 3:00-4:30pm	8 Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am Baby Time 12:30-3:00pm Open Door 3:00-4:30pm Family Time 5:00-7:00pm	9 Toddler Time 9:30am-12:00pm Let's Get Active and Explore (Park) 1:00-3:00pm Open Door 3:00-4:30pm	10 Cooking to Learn 9:30am-12:00pm Toddler Food Basics 1:00-3:00pm Open Door 3:00-4:30pm	11 Family Time Catholic Crosscultural Services Visit 9:30am - 12:30pm Open Door 1:00-3:00pm	12 Family Time 9:30am-12:30pm Open Door 1:00 - 3:30pm
14 Family Time 9:30am - 12:00pm Family Time 1:00 - 3:00pm Open Door 3:00-4:30pm	15 Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am Baby Time 12:30-3:00pm Open Door 3:00-4:30pm Family Time 5:00-7:00pm	16 Toddler Time 9:30am-12:00pm Let's Get Active and Explore (Park) 1:00-3:00pm Open Door 3:00-4:30pm	17 Cooking to Learn 9:30am-12:00pm Family Time 1:00-3:00pm Open Door 3:00-4:30pm	18 Centre Closed for Good Friday	19 Centre Closed for Easter Long Weekend
21 Family Time 9:30am - 12:00pm Family Time 1:00 - 3:00pm Open Door 3:00-4:30pm	22 Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am Baby Time 12:30-3:00pm Open Door 3:00-4:30pm Family Time 5:00-7:00pm	23 Toddler Time 9:30am-12:00pm Let's Get Active and Explore (Park) 1:00-3:00pm Open Door 3:00-4:30pm	24 Cooking to Learn 9:30am-12:00pm Family Time Toronto Public Library 1:00-3:00pm Open Door 3:00-4:30pm	25 Family Time Toronto Public Health Nurse Drop-in 9:30am - 12:30pm Open Door 1:00-3:00pm	26 Family Time 9:30am-12:30pm Open Door 1:00 - 3:30pm
28 Family Time Wood Green Community Services Settlement Counsellor 9:30am - 12:00pm Family Time 1:00 - 3:00pm Open Door 3:00-4:30pm	29 Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am Baby Time 12:30-3:00pm Open Door 3:00-4:30pm Family Time 5:00-7:00pm	30 Toddler Time 9:30am-12:00pm Let's Get Active and Explore (Park) 1:00-3:00pm Open Door 3:00-4:30pm	<p>Please Note : The center will be closed on Friday, April 18 for Good Friday, and Saturday April 19 for Easter Long Weekend. Wishing all our families a wonderful and safe holiday!</p>		

Program Descriptions – April 2025

PARENT-CHILD INDOOR PROGRAMS FOR ALL AGES (birth to 6 years)

Family Time: (for parents/caregivers with children from birth to 6 years of age)

This program is for parents/caregivers and their children to meet others and explore with different materials in an early learning environment. The activities will include arts and crafts, sensory, literacy, movement and circle time.

Sessions: Mondays, April 7, 14, 21, 28, 9:30am-12:00pm, 1:00-3:00pm; Tuesdays, April 1, 8, 15, 22, 29, 5:00-7:00pm; Thursdays, April 17, 24, 1:00-3:00pm; Fridays, April 4, 11, 25, 9:30am to 12:30pm; Saturdays, April 5, 12, 26, 9:30am-12:30pm.

Open Door: (for parents/ caregivers with children from birth to 6 years of age)

Parents/caregivers and families come and explore our early learning environment. You will have the opportunity to speak with the staff to answer questions and get information about programs, resources, referrals and services available in the community.

Sessions: Mondays, April 7, 14, 21, 28, 3:00-4:30pm, Tuesdays, April 1, 8, 15, 22, 29, 3:00-4:30pm, Wednesdays, April 2, 9, 16, 23, 30, 3:00-4:30pm, Thursdays, April 3, 10, 17, 24, 3:00-4:30pm, Fridays, April 4, 11, 25, 1:00-3:00pm, Saturdays, April 5,12,26, 1:00-3:30pm.

PARENT-CHILD INDOOR AGE-SPECIFIC PROGRAMS

Baby Time: (for parents/caregivers with children from birth to 18 months)

This interactive program will engage children in early development activities through social and interactive play. Activities will include creative, sensory, songs, rhymes, finger plays and stories.

Sessions: Tuesdays, April 1, 8,15, 22, 29, 12:30-3:00pm.

Toddler Time: (for parents/caregivers with children from 18 months to 36 months)

This parent-child program will focus on toddlers’ healthy development through play including arts and crafts, sensory activities, motor skills, songs and stories.

Sessions: Wednesdays, April 2, 9, 16, 23,30, 9:30am-12:00pm.

PARENT-CHILD OUTDOOR PROGRAMS FOR ALL AGES (birth to 6 years)

Let’s Get Active & Explore: (for parents /caregivers with children from birth to 6 years of age)

Join us for some fun activities in the park to promote physical literacy which is an essential part of children's growth and development. This program allows children to explore their interests and have the opportunity to meet other families. You will engage inactive movement, creative activities and circle time. Please come dressed in clothing suitable for the weather.

Location: Lusted Park - 75 Painted Post Drive, Scarborough, ON (Markham Road/Painted Post Drive)

Sessions: Wednesdays, April 2,9,16,23,30, 1:00 - 3:00pm



PRE-REGISTERED AGE-SPECIFIC PARENT-CHILD INDOOR PROGRAM

Pre-registration is required for the following programs. Registration begins on Eventbrite Wednesday, March 12 at 9:00am until Wednesday, March 26 at 12:00noon. To register please click on the registration links provided in the program descriptions.

Cooking to Learn: (for parents/caregivers with children from 3 years to 6 years of age)

Join us in this 4-week parent-child interactive hands-on program which provides the opportunity for children to learn about healthy meals and snacks and taste a variety of nutritious foods. Children will have the opportunity to make simple recipes to promote math and social skills, language development and small muscle coordination.

Sessions: Thursdays, April 3, 10, 17, 24, 9:30am-12:00pm

Click here to register: <https://cooking-to-learn-april-2025.eventbrite.ca>

PRE-REGISTERED IN-PERSON PARENTING PROGRAMS

Managing Stress in Parents: (for parents/caregivers)

In this one-day interactive workshop, parents and caregivers will learn about the importance of self-care in managing the effects of stress. Discussion will include ways to minimize stress and make life easier, positive coping tools to manage stress and a review of available support systems and resources. This program is offered in partnership with Toronto Public Health.

Session: Thursday, April 3, 1:00-3:00pm

Click here to register: <https://managing-stress-for-parents-april-2025.eventbrite.ca>

Toddler Food Basics: (for parents/caregivers with children from 18months to 30 months)

Parents and caregivers, join us to learn how to plan meals and snacks for your toddler, learn how to be a good role model and get tips on feeding a picky eater! This program is offered in partnership with Toronto Food Share.

Session: Thursday, April 10, 1:00-3:00pm.

Click here to register: <https://toddler-food-basics-april-2025.eventbrite.ca>

INDOOR PARENTING PROGRAM

Growing Healthy Together-Prenatal Nutrition Program: (for expecting parents)

Growing Healthy Together-Prenatal Nutrition Program offers free ongoing prenatal classes. Please call **416-438-3697 extb14349** to enquire if you are eligible. You can also send an email to [gtprenatal@stridestoronto.ca](mailto:ghtprenatal@stridestoronto.ca). This program runs every Tuesday at Scarborough Centre EarlyON from 10:00-11:30am.

WOODGREEN NEWCOMER SERVICES

Visits Scarborough Centre EarlyON Centre **every fourth Monday, 9:30-12:00pm**, providing a range of services and programs that connect and support the inclusion of newcomers and their families in Canada.

For more information, please email: jguan@woodgreen.org