

January 2019

OFFICE HOURS:

Monday, Tuesday, Wednesday & Friday:
8:30 am - 4:30 pm
Thursday: 8:30 am - 8:00 pm
Saturdays: 9:30 am - 2:30pm

Holidays & Celebrations:

Main Site: Closed January 1, 2019

Parkway Forest Satellite: Closed January 1, 2019

Brookbanks Library: Program resumes January 18, 2019

***Pre-registered Programs* for January:**

Main Site - To register please call 416-496-2601

REGISTRATION DATE: Wednesday January 2, 2019:

****Sweet Signs - For parents, caregivers and children 6 to 18 months***

4-week program, Tuesday afternoons from 1:30 - 3:30 pm

****Preschool Fun with Numbers - For parents, caregivers and children 3 to 5 years of age***

6-week program, Wednesday afternoons from 1:30 - 3:30 pm

REGISTRATION DATE: Friday January 4, 2019:

****Parent Chat: How to Talk with Children About Their Bodies****

REGISTRATION DATE: Please visit Toronto Public Health website to register

****Nobody's Perfect - For parents, caregivers and children 0 to 6 years of age***

8-week program, Thursday afternoons from 1:30 - 3:30 pm

Parkway Forest Satellite - To register please call 416-546-4580

REGISTRATION DATE: Wednesday January 2, 2019:

****Parent-Child Mother Goose - For parents, caregivers and children 0 to 12 months of age***

7-week program, Monday afternoons from 1:30 - 3:30 pm

****Preschool Fun with Literacy - For parents, caregivers and children 3 to 5 years of age***

4-week program, Thursday afternoons from 1:30 - 3:30 pm

REGISTRATION DATE: Tuesday January 8, 2019:

****Parent Chat: Screen Time****



Child and Family Centre

MAIN SITE:

Don Valley East EarlyON Child and Family Centre, 332 Consumers Rd, North York, ON, M2J 1P8, (416) 496 - 2601

Calendar of events

January 2019

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|---|
| | 1 | 2 | 3 | 4 | 5 |
| | Centre closed for New Year's Day | Preschool Fun with Learning 9:00 - 11:00 am 1:30 - 3:30 pm | Tot Stop 9:00 - 11:00 am Story Time & More/ Fit & Fun 1:30 - 3:30 pm Family Time 6:00 - 7:30 pm | Infant Hearing Screening 8:30am - 4:30 pm Open Door 9:00 - 11:00 am | Family Time 10:00 am - 12:00 pm Me & Dad 12:30 - 2:00 pm |
| 7 | 8 | 9 | 10 | 11 | 12 |
| Family Time 9:00 - 11:00 am 1:30 - 3:30 pm | Babies in Playland 9:00 - 11:00 am *Sweet Signs* (Week 1 of 4) 1:30 - 3:30 pm | Preschool Fun with Learning 9:00 - 11:00 am 1:30 - 3:30 pm | Tot Stop 9:00 - 11:00 am Story Time & More/ Fit & Fun 1:30 - 3:30 pm Family Time 6:00 - 7:30 pm | Open Door 9:00 - 11:00 am | Family Time 10:00 am - 12:00 pm Me & Dad 12:30 - 2:00 pm |
| 14 | 15 | 16 | 17 | 18 | 19 |
| Family Time 9:00 - 11:00 am 1:30 - 3:30 pm | Babies in Playland 9:00 - 11:00 am *Sweet Signs* (Week 2 of 4) 1:30 - 3:30 pm | Preschool Fun with Learning 9:00 - 11:00 am *Preschool Fun with Numbers* (Week 1 of 6) 1:30 - 3:30 pm | Tot Stop 9:00 - 11:00 am *Nobody's Perfect* (Week 1 of 8) 1:30 - 3:30 pm Family Time 6:00 - 7:30 pm | Infant Hearing Screening 8:30am - 4:30 pm Open Door *Parent Chat: How to Talk with Children About Their Bodies* 9:00 - 11:00 am | Family Time 10:00 am - 12:00 pm Me & Dad 12:30 - 2:00 pm |
| 21 | 22 | 23 | 24 | 25 | 26 |
| Family Time 9:00 - 11:00 am 1:30 - 3:30 pm | Babies in Playland 9:00 - 11:00 am *Sweet Signs* (Week 3 of 4) 1:30 - 3:30 pm | Preschool Fun with Learning 9:00 - 11:00 am *Preschool Fun with Numbers* (Week 2 of 6) 1:30 - 3:30 pm | Tot Stop 9:00 - 11:00 am *Nobody's Perfect* (Week 2 of 8) 1:30 - 3:30 pm Family Time 6:00 - 7:30 pm | Open Door 9:00 - 11:00 am | Family Time 10:00 am - 12:00 pm Me & Dad 12:30 - 2:00 pm |
| 28 | 29 | 30 | 31 | | |
| Family Time 9:00 - 11:00 am 1:30 - 3:30 pm | Babies in Playland 9:00 - 11:00 am *Sweet Signs* (Week 4 of 4) 1:30 - 3:30 pm | Preschool Fun with Learning 9:00 - 11:00 am *Preschool Fun with Numbers* (Week 3 of 6) 1:30 - 3:30 pm | Tot Stop 9:00 - 11:00 am *Nobody's Perfect* (Week 3 of 8) 1:30 - 3:30 pm Family Time 6:00 - 7:30 pm | | |



Child and Family Centre

SATELLITE LOCATIONS:

(PFS) Parkway Forest Satellite Location, 121 Parkway Forest Dr., North York, ON, M2J 5H4

(BL) Brookbanks Library, 210 Brookbanks Dr., North York, ON, M3A 2T8

Calendar of events

January 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| | 1 | 2 | 3 | 4 |
| | Centre closed for New Year's Day | <u>PFS</u> Family Time 9:00 - 11:00 am 1:30 - 3:30 pm | <u>PFS</u> Preschool Fun with Learning 9:00 - 11:00 am 1:30 - 3:30 pm | Please see Main Site or Parkway Forest Satellite for program |
| 7 | 8 | 9 | 10 | 11 |
| <u>PFS</u> Babies in Playland 9:00-11:00 am 1:30-3:30 pm | <u>PFS</u> Tot Stop 9:00-11:00 am Storytime & More/ Fit & Fun 1:30 - 3:30 pm | <u>PFS</u> Family Time 9:00 - 11:00 am 1:30 - 3:30 pm | <u>PFS</u> Preschool Fun with Learning 9:00 - 11:00 am 1:30 - 3:30 pm | <u>BL</u> Family Time 10:00 - 11:30 am |
| 14 | 15 | 16 | 17 | 18 |
| <u>PFS</u> Babies in Playland 9:00-11:00 am *Parent-Child Mother Goose* (Week 1 of 7) 1:30 - 3:30 pm | <u>PFS</u> Tot Stop 9:00-11:00 am Storytime & More/ Fit & Fun 1:30 - 3:30 pm | <u>PFS</u> Family Time 9:00 - 11:00 am 1:30 - 3:30 pm | <u>PFS</u> Preschool Fun with Learning 9:00 - 11:00 am *Preschool Fun with Literacy* (Week 1 of 4) 1:30 - 3:30 pm | <u>BL</u> Family Time 10:00 - 11:30 am |
| 21 | 22 | 23 | 24 | 25 |
| <u>PFS</u> Babies in Playland 9:00-11:00 am *Parent-Child Mother Goose* (Week 2 of 7) 1:30 - 3:30 pm | <u>PFS</u> Tot Stop 9:00-11:00 am Storytime & More/ Fit & Fun 1:30 - 3:30 pm *Parent Chat: Screen Time* | <u>PFS</u> Family Time 9:00 - 11:00 am 1:30 - 3:30 pm | <u>PFS</u> Preschool Fun with Learning 9:00 - 11:00 am *Preschool Fun with Literacy* (Week 2 of 4) 1:30 - 3:30 pm | <u>BL</u> Family Time 10:00 - 11:30 am |
| 28 | 29 | 30 | 31 | |
| <u>PFS</u> Babies in Playland 9:00-11:00 am *Parent-Child Mother Goose* (Week 3 of 7) 1:30 - 3:30 pm | <u>PFS</u> Tot Stop 9:00-11:00 am Storytime & More/ Fit & Fun 1:30 - 3:30 pm | <u>PFS</u> Family Time 9:00 - 11:00 am 1:30 - 3:30 pm | <u>PFS</u> Preschool Fun with Learning 9:00 - 11:00 am *Preschool Fun with Literacy* (Week 3 of 4) 1:30 - 3:30 pm | |



Child and Family Centre

PROGRAM DESCRIPTIONS:

Programs for all ages (0 - 6 years):

Family Time: An opportunity for parents, caregivers and their children to meet others and play interactively in an early learning environment. The activities provided in this program include arts and crafts, music, sensory, pre-reading and mathematics.

Open Door: Have fun using the playroom and resources in our stimulating, interactive, early-learning environment.

Me & Dad: A special time for children to have with their father, uncle and grandpa. The program includes arts and crafts, music and movement, stories as well as discussions on child development that will foster a positive relationship between adult and child.

Age Specific Programs:

Babies in Playland - birth to 18 months only: This program focuses on early development through social and interactive play. The activities provided will include creative, sensory, songs and rhymes and motor development. Parents and caregivers will be provided with information on infant development and care.

Tot Stop - 18 to 30 months only: This program focuses on toddlers' development through play. Parents and caregivers will engage in activities with their child including arts and crafts, sensory as well as songs and rhymes.

Preschool Fun with Learning - 30 months to 5 years only: This program will allow parents, caregivers and children to learn while they play. Activities will include pre-reading, math concepts, games, puzzles, creative and sensory exercises.

Story Time & More/Fit & Fun - 18 months to 5 years only: This program focuses on a story each week, enhanced through dramatic and creative activities. Fit and fun focuses on basic physical activity skills. The program will include warm-ups, cool-downs, exercises from the Rainbow Fun program, musical movements and games.

***Pre-registered Programs* for January:**

Main Site - To register please call 416-496-2601

***Sweet Signs - For parents, caregivers and children 6 to 18 months:** Sign language can reduce frustration, heighten verbal development and strengthen communication skills. This four-week program will introduce parents, caregivers and their children to American Sign Language. **Tuesday afternoons from 1:30 - 3:30 pm from January 8 to January 29, 2019.**

***Preschool Fun with Numbers - For parents, caregivers and children 3 to 5 years of age:** This program provides hands-on activities for parents and caregivers to support their children's early math skills. Focus is on sorting, patterning, number recognition, matching and games. **Please no younger siblings. Wednesday afternoons from 1:30 - 3:30 pm from January 16 to 20, 2019.**

***Nobody's Perfect - For parents, caregivers and children 0 to 6 years of age:** This **FREE** program offered by Toronto Public Health is an opportunity for parents to meet and discuss parenting and caring for a child. Topics include growth and development, safety, understanding your child's feelings, behavioural changes and common parenting stresses. Child Minding is provided. To register, please contact Toronto Public Health at (416) 338 - 7600. **Thursday afternoons from 1:30 - 3:30 pm from January 17 to March 7, 2019.**

Parent Chat: How to Talk with Children About Their Bodies This workshop will focus on discussing with parents on how to effectively communicate with their children about their bodies. **Friday January 18, 2019 from 9:00 - 11:00 am at Main Site.**

Parkway Forest Satellite - To register please call 416-546-4580

***Parent-Child Mother Goose - For parents, caregivers and children 0 to 12 years of age:** A group experience for parents, caregivers and infants focusing on the pleasure and power of using rhymes, songs and stories together. Parents and caregivers will have the opportunity to socialize, network and spend quality time with their baby. **Monday afternoons from 1:30 - 3:30 pm from January 14 to March 4, 2019.**

***Preschool Fun with Literacy - For parents, caregivers and children 3 to 5 years of age:** A 4-week program that introduces children to a variety of early learning activities. This program will encourage preschooler's communication skills and learn the building blocks for early literacy while parents and caregivers will engage in discussion about how to support their child's early learning. **Thursday afternoons from 1:30 - 3:30 pm from January 17 to February 7, 2019.**

Parent Chat: Screen Time A workshop for parents and caregivers to address questions and concerns regarding screen time with their children. **Tuesday January 22, 2019 from 1:30 - 3:30pm at Parkway Forest Satellite.**

Don Valley East EarlyON Child and Family Centre
332 Consumers Rd. | North York, ON, M2J 1P8
416 - 496 - 2601 | www.familydaycare.com

