



# Don Valley East, Parkway Forest, and Flemington Park EarlyON Centres ~ Virtual and Remote Services January 2021 ~

Free inclusive drop-in programs for families, caregivers and their children (newborn to age 6)

Our in-person programs are currently closed. Please check [www.familydaycare.com/earlyON](http://www.familydaycare.com/earlyON) for updates.

## We are currently offering virtual & remote programs and services as follows:

**EarlyON @ Family Day Facebook Group:** We are offering a 15-minute circle time at 9am and 1pm from Monday to Friday on our private Facebook Group. The videos are available for 3 hours after each live session has ended. To join this group, click on this link: <https://www.facebook.com/groups/FDEarlyON>

**Storypark:** Storypark is a secure, private online community where we are posting videos and resources every week including songs, stories, home-based activities, and parenting resources. For more information on how to join Storypark, please email us at [DonValleyEastEarlyON@familydaycare.com](mailto:DonValleyEastEarlyON@familydaycare.com).

**One-on-One Parent Support Sessions:** Our Family Support Worker is available to help you with any questions about your child's development/behaviour, parenting issues, and local programs/services. To book a phone call or Zoom session, contact Fabiola at (647)638-7941 or [fortiz@familydaycare.com](mailto:fortiz@familydaycare.com).

**Phone Support Services:** EarlyON Staff are available to answer your questions about our programs and services, parenting, child development, and local services from Monday to Friday between 9:30am and 11:30am. Outside of these times, please leave a message and we will return your call as soon as possible. Please call (647) 629-2221 between 9:30am and 11:30am (M-F) and we will be happy to assist you.

**Parent-Child and Parenting Zoom Programs (by internet or by phone):** We're offering a variety of interactive on-line programs via Zoom, a web-based video-conferencing tool. Please see below and page 2 for our program descriptions, and page 3 for our Zoom program calendar. Participants can join these programs through the **internet or by phone**. **Note: Pre-registration is required for these programs. SPACES ARE LIMITED** To register for a Zoom program, click on the link provided in the description to go to our registration page on Eventbrite. If you need help with program registration, please email [DonValleyEastEarlyON@familydaycare.com](mailto:DonValleyEastEarlyON@familydaycare.com). If you do not have access to the internet for registration please call (647) 629-2221 between 9:30am and 11:30am Monday to Friday for assistance.

**Registration for January 2021 Zoom Programs is on Eventbrite from Thurs., Dec. 17 at 9am until Thurs., Dec. 24 at 12 noon. See the registration links in each program description. Pre-registration is required.**

### Parenting Zoom Program Descriptions

**Nobody's Perfect (for parents/caregivers who have children from birth to 6 years of age)**

This interactive 6-week program offers an opportunity for parents and caregivers to discuss parenting and caring for a child. Topics may include but aren't limited to: growth and development, safety, understanding your child's feelings, behavioural changes and common parenting stresses.

**Schedule:** Thurs. Jan. 7 to Feb. 11, 1:30-2:30pm

**Click here to register:**

<https://tinyurl.com/Nobodys-Perfect-Thurs>

**Encouraging Language Development in Children (for parents/caregivers who have children between 18 months and 4 years of age)**

This 4-week program is for parents and caregivers who have children between the ages of 18 months to 4 years and who are concerned about their child's language development. This program will focus on teaching parents strategies to support language development at home.

**Schedule:** Tues. Jan. 5-26, 11-11:45am

**Click here to register:**

<https://tinyurl.com/Encouraging-Language>

Programs for All Ages (Birth to 6 Years)	Age Specific Programs
<p style="text-align: center;"><b>Family Circle Time</b></p> <p>This 4-week program includes songs, rhymes, finger plays, movement, and stories. We invite you to sing, move, dance, and read along with your children at home. <b>Schedule:</b> 4 times/week: Mon. Jan 4-25, 10-10:45am; Tues. Jan 5-26, 1:30-2:15pm; Fri. Jan 8-29, 10-10:45am; Sat. Jan 9-23 12:15-1:30pm <b>Note:</b> We invite each family to register <u>for up to 2</u> of the weekly Family Circle Time sessions.</p> <p><b>Click here to register for Mon. to Fri. sessions:</b> <a href="https://tinyurl.com/Family-Circle-Time-Mon-Fri">https://tinyurl.com/Family-Circle-Time-Mon-Fri</a></p> <p><b>Click here to register for Sat. session:</b> <a href="https://tinyurl.com/Family-Circle-Time-Sat">https://tinyurl.com/Family-Circle-Time-Sat</a></p>	<p style="text-align: center;"><b>Parent Child Mother Goose (for families with children from birth to 18 months of age ONLY)</b></p> <p>This 6-week program offers a group experience for parents/caregivers and their infants that focuses on the pleasure and power of rhymes, songs and stories. Participants will have the opportunity to socialize through Zoom and spend quality time with their baby while learning some new songs, rhymes &amp; oral stories. <b>Schedule:</b> Wed. Jan. 6 to Feb. 10, 1:30-2:30pm</p> <p><b>Click here to register:</b> <a href="https://tinyurl.com/Parent-Child-Mother-Goose">https://tinyurl.com/Parent-Child-Mother-Goose</a></p>
<p style="text-align: center;"><b>Music and Movement</b></p> <p>Join in this 3- or 4-week program to get active, move your bodies, and groove along to the music at home with your children. This program may include dancing, singing, active songs, and a story. <b>Schedule:</b> 3 times/week: Wed. Jan 6-27, 10-10:45am; Fri. Jan 8-29, 1:30-2:15pm; Sat. Jan 9-23, 10-10:45am <b>Note:</b> We invite each family to register <u>for up to 2</u> of the weekly Music and Movement sessions.</p> <p><b>Click here to register for Wed. or Fri. sessions:</b> <a href="https://tinyurl.com/Music-Movement-Wed-Fri">https://tinyurl.com/Music-Movement-Wed-Fri</a></p> <p><b>Click here to register for Sat. session:</b> <a href="https://tinyurl.com/Music-Movement-Saturday">https://tinyurl.com/Music-Movement-Saturday</a></p>	<p style="text-align: center;"><b>Toddler Circle Time (for families with children from 18 months to 2 1/2 years of age ONLY)</b></p> <p>This 4-week program includes songs, rhymes, finger plays, movement, and stories, all geared towards engaging busy toddlers. We invite you to sing, move, dance, and read along with your child at home. <b>Schedule:</b> Tues. Jan 5-26, 10-10:45am</p> <p><b>Click here to register:</b> <a href="https://tinyurl.com/Toddler-Circle-Time">https://tinyurl.com/Toddler-Circle-Time</a></p>
<p style="text-align: center;"><b>Me &amp; Dad Circle Time</b></p> <p>This monthly interactive program offers a special time for children to have with their fathers, uncles, grandpas &amp; male caregivers in their lives. The program will include music and movement, songs, and stories, as well as discussions on child development that will foster a positive adult-child relationship.</p> <p><b>Schedule:</b> Sat. Jan 30, 10-10:45am</p> <p><b>Click here to register:</b> <a href="https://tinyurl.com/Me-And-Dad-Saturday">https://tinyurl.com/Me-And-Dad-Saturday</a></p>	<p style="text-align: center;"><b>Let's Create (for families with children from 2 1/2 years to 4 years of age ONLY)</b></p> <p>During this 4-week program, children will have the chance to explore and share their creativity and imagination as they make choices about what they would like to make, perform, build and chat about with the other children, families, and staff.</p> <p><b>Schedule:</b> Mon. Jan 4-25, 1:30-2:30pm</p> <p><b>Click here to register:</b> <a href="https://tinyurl.com/Lets-Create-Mon">https://tinyurl.com/Lets-Create-Mon</a></p>
<p style="text-align: center;"><b>Bedtime Songs &amp; Stories</b></p> <p>Join in this 4-week program as you and your children get ready for bed at home. We will enjoy bedtime stories, rhymes, and lullabies together. Wear your pajamas if you like and bring your favourite stuffed animal!</p> <p><b>Schedule:</b> Thurs. Jan 7-28, 7-7:30pm</p> <p><b>Click here to register:</b> <a href="https://tinyurl.com/Bedtimes-Stories-Thurs">https://tinyurl.com/Bedtimes-Stories-Thurs</a></p>	<p style="text-align: center;"><b>Preschool Fun With Numbers (for families with children from 2 1/2 years to 4 years of age ONLY)</b></p> <p>This 4-week program provides hands-on activities for children and parents/caregivers to do at home that can help support early math skills. The activities will include sorting, patterning, number recognition, matching, and math games. <b>Schedule:</b> Thurs. Jan 7-28, 10-11am</p> <p><b>Click here to register:</b> <a href="https://tinyurl.com/Preschool-Fun-Numbers">https://tinyurl.com/Preschool-Fun-Numbers</a></p>

# Zoom Programs Calendar - January 2021

Pre-registration is required for all programs. SPACES ARE LIMITED  
 Registration is on Eventbrite from Thurs., Dec. 17 at 9am until Thurs., Dec. 24 at 12 noon.  
 See the registration links in each program description.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>For more information about our programs, please phone (647) 629-2221 between 9:30am and 11:30am Monday to Friday or email <a href="mailto:DonValleyEastEarlyON@familydaycare.com">DonValleyEastEarlyON@familydaycare.com</a></p> <p>To find out about virtual programs at Family Day EarlyON Centres in York and Peel, go to <a href="http://www.familydaycare.com/EarlyON">www.familydaycare.com/EarlyON</a></p>				1	2
4 Family Circle Time 10-10:45am  Let's Create 1:30-2:30pm	5 Toddler Circle Time 10-10:45am Encouraging Language Development 11-11:45am  Family Circle Time 1:30-2:15	6 Music and Movement 10-10:45am  Parent-Child Mother Goose 1:30-2:30pm	7 Preschool Fun with Numbers 10-11am  Nobody's Perfect 1:30-2:30pm Bedtime Songs & Stories 7-7:30pm	8 Family Circle Time 10-10:45am  Music and Movement 1:30-2:15pm	9 Music and Movement 10-10:45am  Family Circle Time 12:15-1pm
11 Family Circle Time 10-10:45am  Let's Create 1:30-2:30pm	12 Toddler Circle Time 10-10:45am Encouraging Language Development 11-11:45am  Family Circle Time 1:30-2:15	13 Music and Movement 10-10:45am  Parent-Child Mother Goose 1:30-2:30pm	14 Preschool Fun with Numbers 10-11am  Nobody's Perfect 1:30-2:30pm Bedtime Songs & Stories 7-7:30pm	15 Family Circle Time 10-10:45am  Music and Movement 1:30-2:15pm	16 Music and Movement 10-10:45am  Family Circle Time 12:15-1pm
18 Family Circle Time 10-10:45am  Let's Create 1:30-2:30pm	19 Toddler Circle Time 10-10:45am Encouraging Language Development 11-11:45am  Family Circle Time 1:30-2:15	20 Music and Movement 10-10:45am  Parent-Child Mother Goose 1:30-2:30pm	21 Preschool Fun with Numbers 10-11am  Nobody's Perfect 1:30-2:30pm Bedtime Songs & Stories 7-7:30pm	22 Family Circle Time 10-10:45am  Music and Movement 1:30-2:15pm	23 Music and Movement 10-10:45am  Family Circle Time 12:15-1pm
25 Family Circle Time 10-10:45am  Let's Create 1:30-2:30pm	26 Toddler Circle Time 10-10:45am Encouraging Language Development 11-11:45am  Family Circle Time 1:30-2:15	27 Music and Movement 10-10:45am  Parent-Child Mother Goose 1:30-2:30pm	28 Preschool Fun with Numbers 10-11am  Nobody's Perfect 1:30-2:30pm Bedtime Songs & Stories 7-7:30pm	29 Family Circle Time 10-10:45am  Music and Movement 1:30-2:15pm	30 Me and Dad Circle Time 10-10:45am  Family Circle Time 12:15-1pm

*Our centres are currently closed to in-person programs.*

*We serve families across Toronto and in the following neighbourhoods:*

**Don Valley East EarlyON Child and Family Centre** - 332 Consumers Road, Toronto, M2J 1P8  
**Parkway Forest EarlyON Child and Family Centre** - 121 Parkway Forest Drive, Toronto, M2J 5H4  
**Flemingdon Park EarlyON Child and Family Centre** - 150 Grenoble Drive, Toronto, M3C 1E3