



Don Valley East Parkway Forest EarlyON Child and Family Centres ~ April 2026 Program Calendar ~

FREE inclusive programs for families, caregivers, and their children (birth to age 6)

Contact Support Services: Staff are available to answer your questions about how to access our programs and services, parenting and child development, and other local services from **Monday to Friday** between **8:30am and 4:30pm** at **(416) 496-2601**. Outside of these times, please leave a message and we will return your call as soon as possible. You may also contact us by sending an email to DonValleyEastEarlyON@familydaycare.com

In-Person Programs: We are offering a mix of in-person drop-in and pre-registered parent-child interactive programs (**indoors & outdoors**) for families with children from birth to 6 years of age from Monday to Saturday. **Please bring indoor shoes/socks when attending indoor programs.**

One-on-One Parent/Caregiver Support Sessions: Our Family Support Worker can assist you with any questions or concerns regarding your child's development or parenting/family challenges, and can provide you with information and referrals to local programs/services.

To speak with our Family Support Worker, please contact Nancy at (416) 618—2970 or nalvarez@familydaycare.com

**Registration for our pre-registered programs is on Eventbrite from
Tuesday, March 17 at 12pm until Tuesday, March 24 at 12pm.**

Please see page 5 for the registration links

All centres will be closed on April 03rd, Good Friday.

Don Valley Parkway Forest centre is closed on April 04th Easter Weekend.

Flemingdon Park and Ernest PS centres are closed on April 06th, Easter Monday.

Friendly reminder to please bring indoor shoes and/or socks when attending our indoor programs, thank you!

All of our programs are subject to change.

Please check www.familydaycare.com/earlyON for updates.

We serve families across Toronto in the following neighbourhoods:

Don Valley East Parkway Forest EarlyON Child and Family Centre
121 Parkway Forest Drive, Toronto, M2J 5H4

Ernest Public School EarlyON Child and Family Centre
150 Cherokee Blvd, Toronto, M2J 4A4

Flemingdon Park EarlyON Child and Family Centre
150 Grenoble Drive, Toronto, M3C 1E3

FREE PROGRAMS for 0-6 years of age

Registration for our pre-registered programs is on Eventbrite from Tuesday, March 17 at 12pm until Tuesday, March 24 at 12pm.
Please see page 5 for the registration links

Don Valley Parkway Forest - 121 Parkway Forest Drive, Toronto, M2J 5H4 April 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4
<p>NOTE: Schedules are subject to change</p> <p>NOTE: Reminder to please bring <u>indoor shoes/socks</u>.</p>		<p>Fun With Toddlers 9:00-11:30am <i>(registration required; see pg. 5 for details)</i></p> <p>Family Time 1:30-4:00pm</p>	<p>See pg. 6 for details Let's Get Outdoors 9:30-11:30am</p> <p>Indoor Gym 1:30-3:30pm <i>(registration required; see pg. 5 for details)</i></p> <p>Newborn Hearing 9:00-3:00pm <i>(see pg. 5 for details)</i></p>	<p>No Programs Good Friday</p>	<p>No Programs Easter Weekend</p>
6	7	8	9	10	11
<p>Family Time 9:00-11:30am</p> <p>Family Time 1:30-4:00pm</p>	<p>Better Beginnings Infant Program 9:30-11:30am <i>(see pg. 5 for details)</i></p> <p>Baby Time 1:00-3:30pm</p> <p>Family Time 5:30-7:30pm</p>	<p>Fun With Toddlers 9:00-11:30am <i>(registration required; see pg. 5 for details)</i></p> <p>Family Time 1:30-4:00pm</p> <p>WoodGreen Community Services 1:30-3:30pm</p>	<p>See pg. 6 for details Let's Get Outdoors 9:30-11:30am</p> <p>Indoor Gym 1:30-3:30pm <i>(registration required; see pg. 5 for details)</i></p> <p>Newborn Hearing 9:00-3:00pm <i>(see pg. 5 for details)</i></p>	<p>Family Time 9:00-11:00am</p> <p>Open Door 11:00-1:00pm</p> <p>Toronto Public Health Nurse 10:00-11:00am</p>	<p>Family Time 9:00-11:30am</p> <p>Open Door 11:30-3:00pm</p>
13	14	15	16	17	18
<p>Family Time 9:00-11:30am</p> <p>Family Time 1:30-4:00pm</p>	<p>Better Beginnings Infant Program 9:30-11:30am <i>(see pg. 5 for details)</i></p> <p>Baby Time 1:00-3:30pm</p> <p>Family Time 5:30-7:30pm</p>	<p>Fun With Toddlers 9:00-11:30am <i>(registration required; see pg. 5 for details)</i></p> <p>Family Time 1:30-4:00pm</p>	<p>See pg. 6 for details Let's Get Outdoors 9:30-11:30am</p> <p>Indoor Gym 1:30-3:30pm <i>(registration required; see pg. 5 for details)</i></p> <p>Newborn Hearing 9:00-3:00pm <i>(see pg. 5 for details)</i></p>	<p>Family Time 9:00-11:00am</p> <p>Open Door 11:00-1:00pm</p> <p>Nutrition Q&A 10:00-11:00am</p>	<p>Family Time 9:00-11:30am</p> <p>Open Door 11:30-3:00pm</p>
20	21	22	23	24	25
<p>Family Time 9:00-11:30am</p> <p>Family Time 1:30-4:00pm</p>	<p>Better Beginnings Infant Program 9:30-11:30am <i>(see pg. 5 for details)</i></p> <p>Baby Time 1:00-3:30pm</p> <p>Family Time 5:30-7:30pm</p>	<p>Fun With Toddlers 9:00-11:30am <i>(registration required; see pg. 5 for details)</i></p> <p>Family Time 1:30-4:00pm</p>	<p>See pg. 6 for details Let's Get Outdoors 9:30-11:30am</p> <p>Indoor Gym 1:30-3:30pm <i>(registration required; see pg. 5 for details)</i></p> <p>Newborn Hearing 9:00-3:00pm <i>(see pg. 5 for details)</i></p>	<p>Family Time 9:00-11:00am</p> <p>Open Door 11:00-1:00pm</p> <p>Free Developmental Screening By appt only <i>(registration required; see pg. 5 for details)</i></p>	<p>Family Time 9:00-11:30am</p> <p>Open Door 11:30-3:00pm</p>
27	28	29	30		
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FREE PROGRAMS for 0-6 years of age

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Please see page 5 for the registration links

Ernest PS - 150 Cherokee Blvd, Toronto, M2J 4A4 April 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4
<p>NOTE: Schedules are subject to change</p> <p>NOTE: Reminder to please bring <u>indoor shoes/socks</u>.</p>		<p>See pg. 6 for details Let's Get Outdoors 9:30-11:30am</p> <p>Baby Time 1:30-3:30pm</p>	<p>Family Time 9:30-11:30am</p> <p>Mandarin Songs and Rhymes 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i></p>	<p>No Programs Good Friday</p>	<p>No Programs Easter Weekend</p>
6	7	8	9	10	11
<p>No Programs Easter Monday</p>	<p>Family Time 9:30-12:00pm</p> <p>Messy Babies 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i></p> <p>Toronto Public Health Nurse 10:00-11:00am</p>	<p>See pg. 6 for details Let's Get Outdoors 9:30-11:30am</p> <p>Baby Time 1:30-3:30pm</p>	<p>Family Time 9:30-11:30am</p> <p>Mandarin Songs and Rhymes 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i></p>	<p>Family Time 9:30-12:30pm</p> <p>WoodGreen Community Services 9:30-11:30pm</p>	<p>*Centre closed*</p> <p>See Parkway Forest Indoor Schedule pg. 2</p>
13	14	15	16	17	18
<p>Family Time 9:30-12:00pm</p> <p>Family Time 1:30-3:30pm</p>	<p>Family Time 9:30-12:00pm</p> <p>Messy Babies 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i></p>	<p>See pg. 6 for details Let's Get Outdoors 9:30-11:30am</p> <p>Baby Time 1:30-3:30pm</p>	<p>Family Time 9:30-11:30am</p> <p>Mandarin Songs and Rhymes 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i></p> <p>Nutrition Q&A 10:00-11:00am</p>	<p>Family Time 9:30-12:30pm</p>	<p>*Centre closed*</p> <p>See Parkway Forest Indoor Schedule pg. 2</p>
20	21	22	23	24	25
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FREE PROGRAMS for 0-6 years of age

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Please see page 5 for the registration links

Flemington Park - 150 Grenoble Drive, Toronto, M3C 1E3 April 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4
<p>NOTE: Schedules are subject to change</p> <p>NOTE: Reminder to please bring <u>indoor shoes/socks.</u></p>		<p>Family Time 9:00-11:30am</p> <p>Family Time 1:30-3:30pm</p>	<p>Early Communication 9:00-11:30am <i>(registration closed)</i></p> <p>Family Time 1:30-4:00pm</p>	<p>No Programs Good Friday</p>	<p>No Programs Easter Weekend</p>
6	7	8	9	10	11
<p>No Programs Easter Monday</p>	<p>See pg. 6 for details Let's Get Outdoors 9:30-11:30am</p> <p>Open Door 1:30-4:00pm</p>	<p>Family Time 9:00-11:30am</p> <p>Family Time 1:30-3:30pm</p> <p>Toronto Public Health Nurse 10:00-11:00am</p>	<p>Early Communication 9:00-11:30am <i>(registration closed)</i></p> <p>Family Time 1:30-4:00pm</p> <p>WoodGreen Community Services 1:30-3:30pm</p>	<p>Family Time 9:00-12:00pm</p>	<p>*Centre closed* See Parkway Forest Indoor Schedule pg. 2</p>
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20	21	22	23	24	25
<p>Family Time 9:00-11:30am</p> <p>Family Time 1:30-3:30pm</p>	<p>See pg. 6 for details Let's Get Outdoors 9:30-11:30am</p> <p>Open Door 1:30-4:00pm</p>	<p>Family Time 9:00-11:30am</p> <p>Family Time 1:30-3:30pm</p>	<p>Early Communication 9:00-11:30am <i>(registration closed)</i></p> <p>Family Time 1:30-4:00pm</p>	<p>Family Time 9:00-12:00pm</p>	<p>*Centre closed* See Parkway Forest Indoor Schedule pg. 2</p>
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Please see page 5 for the registration links

PARTNERSHIP PROGRAMS

Better Beginnings Now with Lumenus Infants—Strong Start Early Parenting Programs (birth to 12 mos ONLY) Drop-in

Schedule: Tuesdays, Apr 07-28, 9:30am-11:30am

For more information, call 647-529-4511 or email asasani@lumenus.ca

Universal Newborn Hearing Screening with Surrey Place (by appt. only through Surrey Place)

Schedule: Thursdays, Apr 02-30, 9:00am-3:00pm

To make an appointment for your newborn, please call 1(833) 575-5437

Or click the link: <https://www.surreyplace.ca/hearingscreening/>

PRE-REGISTRATION INDOOR PROGRAMS

Indoor Gym (for families with children from birth to 6 years of age ONLY)

Physical activity is an integral and beneficial part of any child's growth, helping to build a child's self-esteem, confidence, physical skills, and brain health. Indoor gym is just that...a little gym that encourages imaginative play and movement-based learning.

Schedule: Parkway Forest—Thursdays, Apr 02-30, 1:30-3:30pm

Register: <https://indoor-gym-apr-2026.eventbrite.ca>

Fun With Toddlers (for families with children from 18 months to 2 1/2 years of age ONLY)

This 5-week parent-child interactive program will focus on sensory, cooking, music, and gross motor play. All designed for your toddler's development!

Schedule: Parkway Forest—Wednesdays, Apr 01-29, 9:00-11:30am

Register: <https://pwf-fun-with-toddlers-apr-2026.eventbrite.ca>

Free Developmental Screening Clinic (for families with children from 18 months to 6 years of age)

In partnership with Monarch House we are offering a free developmental screening clinic that will include a speech & language pathologist, occupational therapist, and a behaviour screening. *Please register for an appointment and choose an available time slot by clicking the link.*

Schedule: Parkway Forest—Friday, April 24 ONLY (*choose a timeslot when registering*)

Register: <https://pwf-free-developmental-screening-clinic-apr-2026.eventbrite.ca>

Messy Babies (for families with children from birth to 18 months ONLY)

This four-week parent-child interactive program focuses on exploring the five senses through a variety of multi-sensorial activities. Sensory experiences stimulate babies and give them new information about the world all the while getting messy and having fun!

Schedule: Ernest Public School—Tuesdays, Apr 07-28, 1:30-4:00pm

Register: <https://eps-messy-babies-apr-2026.eventbrite.ca>

Mandarin Songs and Rhymes (for families with children from birth to 6 years of age ONLY)

This 5-week parent-child interactive program invites families to engage in singing, rhyming, and storytelling in Mandarin. Through engaging experiences, children and their caregivers can nurture early language development and build meaningful connections. The program welcomes both Mandarin and non-Mandarin speakers.

Schedule: Ernest Public School—Thursdays, Apr 02-30, 1:30-4:00pm

Register: <https://eps-mandarin-songs-and-rhymes-apr-2026.eventbrite.ca>

Toilet Training (for Parents/Caregivers)

Join us for a one day toilet training workshop with our Family Support Worker. Families will have the opportunity to learn some tips about toilet training and ask questions to help support this transition. *Child minding is provided for children who are over two years old.*

Schedule: Flemingdon Park—Friday, Apr 17 ONLY, 9:00-12:00pm

Register: <https://fp-toilet-training-apr-2026.eventbrite.ca>

Early Communication (for families with children from 18 months to 4 years of age ONLY)

This 6 week program is for parents/caregivers who have concerns or questions about their child's communication skills and/or language development. Participants will have the opportunity to learn how to support their child's language development and develop skills to build their child's communication skills. This program is run in partnership with the Lumenus Speech and Language Program.

Schedule: Flemingdon Park—Thursdays, Mar 26– April 30, and 19, 9:00-11:30am

Register: <https://fp-early-communication-mar-2026.eventbrite.ca>

If you have any questions, please call us from **Monday to Friday** between **8:30am and 4:30pm** at

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Page 5

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DROP-IN INDOOR PARENT-CHILD PROGRAMS

Family Time (for families with children from birth to 6 years of age ONLY)

Join us for an opportunity where families can meet others and play interactively together in an enriched early learning environment. Also provided is circle time that includes songs, rhymes, finger plays, movement, and stories.

Schedule: Please see calendar pages 2-4 for the scheduled days and times.

Open Door (for families with children from birth to 6 years of age ONLY)

Families are welcome to join the centre to help strengthen relationships with their children as well as forming new connections with others in an enriched early learning environment. It is also a great opportunity to speak with our staff as they are available to provide you with supports, referrals, and resources.

Schedule: Please see calendar pages 2-4 for the scheduled days and times.

Baby Time (for families with children from birth-18 months ONLY)

This program focuses on infant development through play by transforming the centre to meet the developmental needs of infants. The age specific activities provided will include sensory, language and motor development with an interactive circle at the end of program. Throughout the program, parents and caregivers will be provided with information on infant development and care.

Schedule: Parkway Forest—Tuesdays, Apr 07-28, 1:00-3:30pm (See page 2 for details)

Schedule: Ernest PS—Wednesdays, Apr 01-29, 1:30-3:30pm (See page 3 for details)

OUTDOOR PARENT-CHILD PROGRAMS

Let's Get Outdoors! - For families with children from birth to 6 years of age

Join us for some fun in the park! Come and explore the outdoors with our educators and other families. The program will include active movement, circle time, creative activities, and lots of fun outside. This program will be offered at three different parks (see list below).

> **Parkway Forest Park** - 80 Parkway Forest Dr, North York, ON M2J 1P2

Meeting Place: In the field park across from 7 Cetus Starway

Schedule: Thursdays, Apr 02-30, 9:30-11:30am

> **Old Sheppard Park** - 101 Old Sheppard Ave, North York, ON M2J 3L5 (Brian Avenue/Old Sheppard Avenue)

Meeting Place: North west corner of the park in the treed area

Schedule: Wednesdays, Apr 01-29, 9:30-11:30am

> **Flemingdon Park** - 150 Grenoble Dr, North York, ON M3C 1B9

Meeting Place: In the playground, beside the Flemingdon Park Community Centre

Schedule: Tuesdays, Apr 07-28, 9:30-11:30am

OUTDOOR Program —TIPS FOR FAMILIES

Natural Vitamin D

20 minutes of sunlight beats supplements for vital Vitamin D, your secret weapon against viruses!

Program Time

Please know you are not obligated to stay for the entire duration of the program, stay as long as you like!

Fresh Air

Fresh air is your ally in the fight against indoor bacteria buildup. Step outside and breathe in the crisp, clean air for a refreshing boost!

Mental Health

Every season brings its own challenges, but embracing the outdoors is the key to boosting children's mental well-being—rain, snow, or shine!

Sleep

The secret to healthy sleeping patterns all year round? Spending time outdoors! Embrace the great outdoors for better sleep!

Stress

Find Relief in Nature: Spending time outdoors has shown to reduce anxiety in both children and adults.

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