



Don Valley East Parkway Forest EarlyON Child and Family Centres ~ December 2025 Program Calendar ~

FREE inclusive programs for families, caregivers, and their children (birth to age 6)

Contact Support Services: Staff are available to answer your questions about how to access our programs and services, parenting and child development, and other local services from **Monday to Friday** between **8:30am and 4:30pm** at **(416) 496-2601**. Outside of these times, please leave a message and we will return your call as soon as possible. You may also contact us by sending an email to DonValleyEastEarlyON@familydaycare.com

In-Person Programs: We are offering a mix of in-person drop-in and pre-registered parent-child interactive programs (**indoors & outdoors**) for families with children from birth to 6 years of age from Monday to Saturday. **Please bring indoor shoes/socks when attending indoor programs.**

One-on-One Parent/Caregiver Support Sessions: Our Family Support Worker can assist you with any questions or concerns regarding your child's development or parenting/family challenges, and can provide you with information and referrals to local programs/services.

To speak with our Family Support Worker, please contact Nancy at (416) 618—2970 or nalvarez@familydaycare.com

Registration for our pre-registered programs is on Eventbrite from Tuesday, November 11 at 12pm until Tuesday, November 18 at 12pm.

Please see page 5 for the registration links

Please note our Centres' Closure Dates for the Holidays:

Parkway Forest: December 25, 26, 27 and January 01

Ernest PS: December 25, 26, & 31 and January 01

Flemingdon Park: December 25 & 26 and January 01

All centres will remain open during the two-week holiday period, except on public holidays. Please refer to the centre calendar for holiday hours.

Wishing all of our families a very happy Holiday Season!!!

Friendly reminder to please bring indoor shoes and/or socks when attending our indoor programs, thank you!

All of our programs are subject to change.

Please check www.familydaycare.com/earlyON for updates.

We serve families across Toronto in the following neighbourhoods:

Don Valley East Parkway Forest EarlyON Child and Family Centre
121 Parkway Forest Drive, Toronto, M2J 5H4


Ernest Public School EarlyON Child and Family Centre
150 Cherokee Blvd, Toronto, M2J 4A4

Flemingdon Park EarlyON Child and Family Centre
150 Grenoble Drive, Toronto, M3C 1E3

FREE PROGRAMS for 0-6 years of age

Registration for our pre-registered programs is on Eventbrite from **Tuesday, November 11 at 12pm until Tuesday, November 18 at 12pm.**
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Don Valley Parkway Forest - 121 Parkway Forest Drive, Toronto, M2J 5H4 December 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
Family Time 9:00-11:30am Family Time 1:30-4:00pm	Better Beginnings Infant Program 9:30-11:30am (see pg. 6 for details) Baby Time 1:00-3:30pm Family Time 5:30-7:30pm	Festive Fun for Everyone 9:00-11:30am (registration required; see pg. 5 for details) Family Time 1:30-4:00pm	See pg. 6 for details Let's Get Outdoors 9:30-11:30am Indoor Gym 1:30-3:30pm (registration required; see pg. 5 for details) Newborn Hearing 9:00-3:00pm (see pg. 6 for details)	Family Time 9:00-11:00am Open Door 11:00-1:00pm	Family Time 9:00-11:30am Open Door 12:30-3:00pm
8	9	10	11	12	13
Family Time 9:00-11:30am Family Time 1:30-4:00pm	Better Beginnings Infant Program 9:30-11:30am (see pg. 6 for details) Baby Time 1:00-3:30pm Family Time 5:30-7:30pm	Festive Fun for Everyone 9:00-11:30am (registration required; see pg. 5 for details) Family Time 1:30-4:00pm	See pg. 6 for details Let's Get Outdoors 9:30-11:30am Indoor Gym 1:30-3:30pm (registration required; see pg. 5 for details) Newborn Hearing 9:00-3:00pm (see pg. 6 for details)	Family Time 9:00-11:00am Open Door 11:00-1:00pm Toronto Public Health Nurse 10:00-11:00am	Family Time 9:00-11:30am Open Door 12:30-3:00pm
15	16	17	18	19	20
Family Time 9:00-11:30am Family Time 1:30-4:00pm WoodGreen Community Services 9:00-11:00am	Better Beginnings Infant Program 9:30-11:30am (see pg. 6 for details) Baby Time 1:00-3:30pm Family Time 5:30-7:30pm	Festive Fun for Everyone 9:00-11:30am (registration required; see pg. 5 for details) Family Time 1:30-4:00pm	See pg. 6 for details Let's Get Outdoors 9:30-11:30am Indoor Gym 1:30-3:30pm (registration required; see pg. 5 for details) Newborn Hearing 9:00-3:00pm (see pg. 6 for details)	Family Seasonal Celebration 9:00-11:00am & 11:00-1:00pm (see pg. 6 for details)	Family Time 9:00-11:30am Open Door 12:30-3:00pm
22	23	24	25	26	27
Holiday Hours Family Time 8:30-11:00am Open Door 11:00-1:30pm	*Holiday Hours* Family Time 8:30-11:00am Open Door 11:00-1:00pm	*Holiday Hours* Family Time 8:30-11:00am Open Door 11:00-1:30pm	No programs Christmas Day	No programs Boxing Day	No programs Holiday
29	30	31			
Holiday Hours Family Time 8:30-11:00am Open Door 11:00-1:30pm	*Holiday Hours* Family Time 8:30-11:00am Open Door 11:00-1:00pm	*Holiday Hours* Family Time 8:30-11:00am Open Door 11:00-1:30pm	Scan the QR Code to see our monthly calendar on your device		NOTE: Schedules are subject to change NOTE: Reminder to please bring <u>indoor shoes/socks</u>.

If you have any questions, please call us from **Monday to Friday** between 8:30am and 4:30pm at (416) 496-2601

You can also email us at DonValleyEastEarlyON@familydaycare.com

FREE PROGRAMS for 0-6 years of age

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Please see page 5 for the registration links

Ernest PS - 150 Cherokee Blvd, Toronto, M2J 4A4 December 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
Family Time 9:30-12:00pm Family Time 1:30-3:30pm	Family Time 9:30-12:00pm Baby Time 1:30-3:30pm	See pg. 6 for details Let's Get Outdoors 9:30-11:30am Baby Songs and Rhymes 1:30-3:30pm <i>(registration required; see pg. 5 for details)</i>	Family Time 9:30-11:30am Festive Fun for Everyone 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i>	Family Time 9:30-12:00pm	*Centre closed* See Parkway Forest Indoor Schedule pg. 2
8	9	10	11	12	13
Family Time 9:30-12:00pm Family Time 1:30-3:30pm	Family Time 9:30-12:00pm Baby Time 1:30-3:30pm Toronto Public Health Nurse 10:00-11:00am	See pg. 6 for details Let's Get Outdoors 9:30-11:30am Baby Songs and Rhymes 1:30-3:30pm <i>(registration required; see pg. 5 for details)</i>	Family Time 9:30-11:30am Festive Fun for Everyone 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i>	Family Seasonal Celebration 9:30-12:00pm <i>(see pg. 6 for details)</i>	*Centre closed* See Parkway Forest Indoor Schedule pg. 2
15	16	17	18	19	20
Family Time 9:30-12:00pm Family Time 1:30-3:30pm	Family Time 9:30-12:00pm Baby Time 1:30-3:30pm	See pg. 6 for details Let's Get Outdoors 9:30-11:30am Baby Songs and Rhymes 1:30-3:30pm <i>(registration required; see pg. 5 for details)</i>	Family Time 9:30-11:30am Festive Fun for Everyone 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i>	Family Time 9:30-12:00pm	*Centre closed* See Parkway Forest Indoor Schedule pg. 2
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29	30	31			
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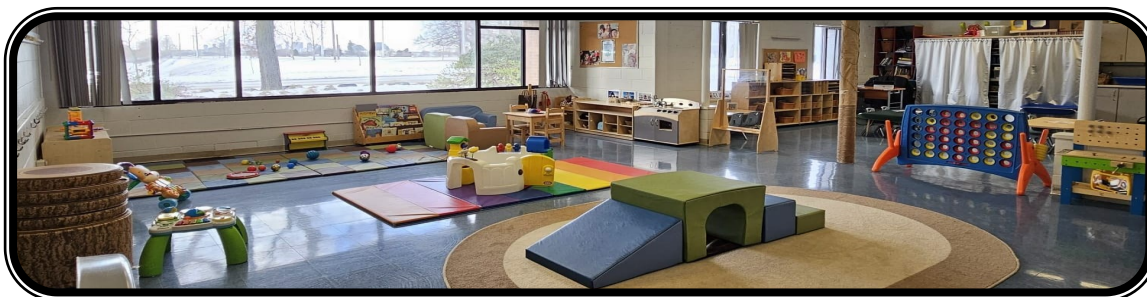
You can also email us at DonValleyEastEarlyON@familydaycare.com

FREE PROGRAMS for 0-6 years of age

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Please see page 5 for the registration links

Flemington Park - 150 Grenoble Drive, Toronto, M3C 1E3 December 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
Family Time 9:00-11:30am Open Door 11:30-1:30pm WoodGreen Community Services 9:00-11:00am	See pg. 6 for details Let's Get Outdoors 9:30-11:30am Open Door Active Play 1:00-3:00pm	Family Time 9:00-11:30am Open Door 11:30-1:30pm	Festive Fun for Everyone 9:00-11:30am (registration required; see pg. 5 for details) Family Time 1:00-3:00pm	Family Seasonal Celebration 9:00-12:00pm (see pg. 6 for details)	*Centre closed* See Parkway Forest Indoor Schedule pg. 2
8	9	10	11	12	13
Family Time 9:00-11:30am Open Door 11:30-1:30pm Toronto Public Library 11:00-11:30am	See pg. 6 for details Let's Get Outdoors 9:30-11:30am Open Door Active Play 1:00-3:00pm	Family Time 9:00-11:30am Open Door 11:30-1:30pm Toronto Public Health 10:00-11:00am	Festive Fun for Everyone 9:00-11:30am (registration required; see pg. 5 for details) Family Time 1:00-3:00pm	Family Time 9:00-12:00pm	*Centre closed* See Parkway Forest Indoor Schedule pg. 2
15	16	17	18	19	20
Family Time 9:00-11:30am Open Door 11:30-1:30pm	See pg. 6 for details Let's Get Outdoors 9:30-11:30am Open Door Active Play 1:00-3:00pm	Family Time 9:00-11:30am Open Door 11:30-1:30pm	Festive Fun for Everyone 9:00-11:30am (registration required; see pg. 5 for details) Family Time 1:00-3:00pm	Family Time 9:00-12:00pm	*Centre closed* See Parkway Forest Indoor Schedule pg. 2
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Holiday Hours Family Time 8:30-11:00am Open Door 11:00-1:00pm	*Holiday Hours* Family Time 8:30-11:00am Open Door 11:00-12:30pm	*Holiday Hours* Family Time 8:30-11:00am Open Door 11:00-1:00pm	No programs Christmas Day	No programs Boxing Day	No programs Holiday
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DROP-IN INDOOR PARENT-CHILD PROGRAMS

Family Time (for families with children from birth to 6 years of age)

Join us for an opportunity where families can meet others and play interactively together in an enriched early learning environment. Also provided is circle time that includes songs, rhymes, finger plays, movement, and stories.

Schedule: Please see calendar pages 2-4 for the scheduled days and times.

Open Door (for families with children from birth to 6 years of age)

Families are welcome to join the centre to help strengthen relationships with their children as well as forming new connections with others in an enriched early learning environment. It is also a great opportunity to speak with our staff as they are available to provide you with supports, referrals, and resources.

Open Door Active Play (for families with children from birth to 6 years of age)

Similar to Open Door with a focus on active play, providing an indoor gym space for imaginative play and movement-based learning.

Schedule: Please see calendar pages 2-4 for the scheduled days and times.

Baby Time (for families with children from birth-18 months ONLY)

This program focuses on infant development through play by transforming the centre to meet the developmental needs of infants. The age specific activities provided will include sensory, language and motor development with an interactive circle at the end of program. Throughout the program, parents and caregivers will be provided with information on infant development and care.

Schedule: Parkway Forest—Tuesdays, Dec 02-16, 1:00-3:30pm (See page 2 for details)

Schedule: Ernest PS—Tuesdays, Dec 02-16, 1:30-3:30pm (See page 3 for details)

PRE-REGISTRATION INDOOR PROGRAMS

Indoor Gym (for families with children from birth to 6 years of age ONLY)

Physical activity is an integral and beneficial part of any child's growth, helping to build a child's self-esteem, confidence, physical skills, and brain health. Indoor gym is just that...a little gym that encourages imaginative play and movement-based learning.

Schedule: Parkway Forest—Thursdays, Dec 04-18, 1:30-3:30pm

Register: <https://indoor-gym-dec-2025.eventbrite.ca>

Parkway Forest Festive Fun for Everyone (for families with children from birth to 6 years of age ONLY)

Join Us for Three Weeks of Festive Family Fun! This 3-week parent-child interactive program invites families to come together and enjoy festive, hands-on experiences designed for all ages. The program will feature a variety of activities including cooking, sensory play, and art exploration, offering something special for everyone to enjoy!

Disclaimer: Families may only sign-up for one centre

Schedule: Parkway Forest—Wednesdays, Dec 03-17, 9:00-11:30am

Register: <https://pwf-festive-fun-for-everyone-dec-2025.eventbrite.ca>

Ernest PS Festive Fun for Everyone (for families with children from birth to 6 years of age ONLY)

Join Us for Three Weeks of Festive Family Fun! This 3-week parent-child interactive program invites families to come together and enjoy festive, hands-on experiences designed for all ages. The program will feature a variety of activities including cooking, sensory play, and art exploration, offering something special for everyone to enjoy!

Disclaimer: Families may only sign-up for one centre

Schedule: Ernest Public School—Thursdays, Dec 04-18, 1:30-4:00pm

Register: <https://eps-festive-fun-for-everyone-dec-2025.eventbrite.ca>

Baby Songs and Rhymes (for families with children from birth to 18 months ONLY)

This three-session parent-child interactive program offers a group experience that is all about celebrating the joy of language while spending quality time with your baby. Participants will get to meet other families and pick up some playful new songs and rhymes to enjoy at home. Light snacks will be provided.

Schedule: Ernest Public School—Wednesdays, Dec 03-17, 1:30-3:30pm

Register: <https://eps-baby-songs-and-rhymes-dec-2025.eventbrite.ca>

Flemingdon Park Festive Fun for Everyone (for families with children from birth to 6 years of age ONLY)

Join Us for Three Weeks of Festive Family Fun! This 3-week parent-child interactive program invites families to come together and enjoy festive, hands-on experiences designed for all ages. The program will feature a variety of activities including cooking, sensory play, and art exploration, offering something special for everyone to enjoy!

Disclaimer: Families may only sign-up for one centre

Schedule: Flemingdon Park—Thursdays, Dec 04-18, 9:00-11:30am

Register: <https://fp-festive-fun-for-everyone-dec-2025.eventbrite.ca>

If you have any questions, please call us from **Monday to Friday between 8:30am and 4:30pm at**

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PARTNERSHIP PROGRAMS

Better Beginnings Now with Lumenus Infants—Strong Start Early Parenting Programs (birth to 12 mos ONLY) Drop-in

Schedule: Tuesdays, Dec 02-16, 9:30am-11:30am

For more information, call [647-529-4511](tel:647-529-4511) or email asasani@lumenus.ca

Universal Newborn Hearing Screening with Surrey Place (by appt. only through Surrey Place)

Schedule: Thursdays, Dec 04-18, 9:00am-3:00pm

To make an appointment for your newborn, please call **1(833) 575-5437**

Or click the link: <https://www.surreyplace.ca/hearingsscreening/>

DROP-IN INDOOR EVENTS

Family Seasonal Celebration ((or families with children from birth to 6 years of age ONLY) Drop-in

Come join us for this parent-child interactive fun-filled program of festive activities, singing & dancing! We welcome families to share their cultural holiday and winter traditions for this family celebration and to dress in any festive clothing you would like. We will continue to have open play and end off with a festive circle time! ***We'll be hosting a community potluck, and families are welcome to bring a nut-free dish to share.***

Schedule: Parkway Forest—Friday, Dec 19, 9:00am-11:00am & 11:00am-1:00pm

Schedule: Ernest PS—Friday, Dec 12, 9:30am-12:00pm

Schedule: Flemingdon Park—Friday, Dec 05, 9:00am-12:00pm

The events will follow the regular programming schedule for Family Time and/or Open Door

OUTDOOR PARENT-CHILD PROGRAMS

Let's Get Outdoors! - For families with children from birth to 6 years of age

Join us for some fun in the park! Come and explore the outdoors with our educators and other families. The program will include active movement, circle time, creative activities, and lots of fun outside. This program will be offered at three different parks (see list below).

> **Parkway Forest Park** - 80 Parkway Forest Dr, North York, ON M2J 1P2

Meeting Place: In the field park across from 7 Cetus Starway

Schedule: Thursdays, Dec 04-18, 09:30-11:30am

> **Old Sheppard Park** - 101 Old Sheppard Ave, North York, ON M2J 3L5 (Brian Avenue/Old Sheppard Avenue)

Meeting Place: North west corner of the park in the treed area

Schedule: Wednesdays, Dec 03-17, 9:30-11:30am

> **Flemingdon Park** - 150 Grenoble Dr, North York, ON M3C 1B9

Meeting Place: In the playground, beside the Flemingdon Park Community Centre

Schedule: Tuesdays, Dec 02-16, 9:30-11:30am

OUTDOOR Program —TIPS FOR FAMILIES

Natural Vitamin D

20 minutes of sunlight beats
supplements for vital Vitamin D,
your secret weapon against viruses!

Program Time

Please know you are not obligated to stay
for the entire duration of the program,
stay as long as you like!

Fresh Air

Fresh air is your ally in the fight against
indoor bacteria buildup. Step outside and breathe
in the crisp, clean air for a refreshing boost!

Mental Health

Every season brings its own challenges, but
embracing the outdoors is the key to boosting
children's mental well-being—rain, snow, or shine!

Sleep

The secret to healthy sleeping patterns all year
round? Spending time outdoors!
Embrace the great outdoors for better sleep!

Stress

Find Relief in Nature:
Spending time outdoors has shown
to reduce anxiety in both children and adults.

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