



# Don Valley East Parkway Forest EarlyON Child and Family Centres ~ July 2025 Program Calendar ~

**FREE inclusive programs for families, caregivers, and their children (birth to age 6)**

**Contact Support Services:** Staff are available to answer your questions about how to access our programs and services, parenting and child development, and other local services from **Monday to Friday** between **8:30am and 4:30pm** at **(416) 496-2601**. Outside of these times, please leave a message and we will return your call as soon as possible. You may also contact us by sending an email to [DonValleyEastEarlyON@familydaycare.com](mailto:DonValleyEastEarlyON@familydaycare.com)

**In-Person Programs:** We are offering a mix of in-person drop-in and pre-registered parent-child interactive programs (**indoors & outdoors**) for families with children from birth to 6 years of age from Monday to Saturday. **Please bring indoor shoes/socks when attending indoor programs.**

**One-on-One Parent/Caregiver Support Sessions:** Our Family Support Worker can assist you with any questions or concerns regarding your child's development or parenting/family challenges, and can provide you with information and referrals to local programs/services.

To speak with our Family Support Worker, please contact Nancy at (416) 618—2970 or [nalvarez@familydaycare.com](mailto:nalvarez@familydaycare.com)

**Registration for our pre-registered programs is on Eventbrite from  
Tuesday, June 17 at 12pm until Tuesday, June 24 at 12pm.**

**Please see page 5 for the registration links**

**♥ HAPPY CANADA DAY! ♥**

**All centres will be closed on July 01 for Canada Day!**

**Please note NEW Summer program schedule for Flemingdon Park EarlyON.**

**Join us for our “Check It Out” event on Friday, June 11 (See pg. 6 for details).**

**Friendly reminder to please bring indoor shoes and/or socks when attending our indoor programs, thank you!**

**All of our programs are subject to change.**

**Please check [www.familydaycare.com/earlyON](http://www.familydaycare.com/earlyON) for updates.**

**We serve families across Toronto in the following neighbourhoods:**

**Don Valley East Parkway Forest EarlyON Child and Family Centre**  
121 Parkway Forest Drive, Toronto, M2J 5H4

**Ernest Public School EarlyON Child and Family Centre**  
150 Cherokee Blvd, Toronto, M2J 4A4

**Flemingdon Park EarlyON Child and Family Centre**  
150 Grenoble Drive, Toronto, M3C 1E3

# FREE PROGRAMS for 0-6 years of age

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Tuesday, June 17 at 12pm until Tuesday, June 24 at 12pm.  
Please see page 5 for the registration links

## Don Valley Parkway Forest - 121 Parkway Forest Drive, Toronto, M2J 5H4 July 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
<p><b>NOTE: Schedules are subject to change</b></p> <p><b>NOTE: Reminder to please bring <u>indoor shoes/socks</u>.</b></p>	<p><b>No Programs CANADA DAY!</b></p>	<p><b>Transition to Kindergarten</b> 9:00-11:30am (registration required; see pg. 5 for details)</p> <p><b>Family Time</b> 1:30-4:00pm</p>	<p>See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am</p> <p><b>Indoor Gym</b> 1:30-3:30pm (registration required; see pg. 5 for details)</p> <p><b>Newborn Hearing</b> 9:00-3:00pm (see pg. 6 for details)</p>	<p><b>Family Time</b> 9:00-11:00am</p> <p><b>Open Door</b> 11:00-1:00pm</p>	<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Open Door</b> 12:30-3:00pm</p>
7	8	9	10	11	12
<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Family Time</b> 1:30-4:00pm</p>	<p><b>Better Beginnings Infant Program</b> 9:30-11:30am (see pg. 5 for details)</p> <p><b>Baby Time</b> 1:00-3:30pm</p> <p><b>Family Time</b> 5:30-7:30pm</p>	<p><b>Transition to Kindergarten</b> 9:00-11:30am (registration required; see pg. 5 for details)</p> <p><b>Family Time</b> 1:30-4:00pm</p>	<p>See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am</p> <p><b>Indoor Gym</b> 1:30-3:30pm (registration required; see pg. 5 for details)</p> <p><b>Newborn Hearing</b> 9:00-3:00pm (see pg. 6 for details)</p>	<p><b>Check It Out 10:00-3:00pm Drop-in</b> (see pg. 6 for details)</p>	<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Open Door</b> 12:30-3:00pm</p>
14	15	16	17	18	19
<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Family Time</b> 1:30-4:00pm</p>	<p><b>Better Beginnings Infant Program</b> 9:30-11:30am (see pg. 5 for details)</p> <p><b>Baby Time</b> 1:00-3:30pm</p> <p><b>Family Time</b> 5:30-7:30pm</p>	<p><b>Transition to Kindergarten</b> 9:00-11:30am (registration required; see pg. 5 for details)</p> <p><b>Family Time</b> 1:30-4:00pm</p>	<p>See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am</p> <p><b>Indoor Gym</b> 1:30-3:30pm (registration required; see pg. 5 for details)</p> <p><b>Newborn Hearing</b> 9:00-3:00pm (see pg. 6 for details)</p>	<p><b>Family Time</b> 9:00-11:00am</p> <p><b>Open Door</b> 11:00-1:00pm</p>	<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Open Door</b> 12:30-3:00pm</p>
21	22	23	24	25	26
<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Family Time</b> 1:30-4:00pm</p> <p><b>WoodGreen Community Services</b> 9:00-11:00am</p>	<p><b>Better Beginnings Infant Program</b> 9:30-11:30am (see pg. 5 for details)</p> <p><b>Baby Time</b> 1:00-3:30pm</p> <p><b>Family Time</b> 5:30-7:30pm</p>	<p><b>Transition to Kindergarten</b> 9:00-11:30am (registration required; see pg. 5 for details)</p> <p><b>Family Time</b> 1:30-4:00pm</p>	<p>See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am</p> <p><b>Indoor Gym</b> 1:30-3:30pm (registration required; see pg. 5 for details)</p> <p><b>Newborn Hearing</b> 9:00-3:00pm (see pg. 6 for details)</p>	<p><b>Family Time</b> 9:00-11:00am</p> <p><b>Open Door</b> 11:00-1:00pm</p>	<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Open Door</b> 12:30-3:00pm</p>
28	29	30	31		
<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Family Time</b> 1:30-4:00pm</p>	<p><b>Better Beginnings Infant Program</b> 9:30-11:30am (see pg. 5 for details)</p> <p><b>Baby Time</b> 1:00-3:30pm</p> <p><b>Family Time</b> 5:30-7:30pm</p>	<p><b>Transition to Kindergarten</b> 9:00-11:30am (registration required; see pg. 5 for details)</p> <p><b>Family Time</b> 1:30-4:00pm</p>	<p>See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am</p> <p><b>Indoor Gym</b> 1:30-3:30pm (registration required; see pg. 5 for details)</p> <p><b>Newborn Hearing</b> 9:00-3:00pm (see pg. 6 for details)</p>	<p><b>Scan the QR Code to see our monthly calendar on your device</b></p>	


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# FREE PROGRAMS for 0-6 years of age

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Tuesday, June 17 at 12pm until Tuesday, June 24 at 12pm.  
Please see page 5 for the registration links

## Ernest PS - 150 Cherokee Blvd, Toronto, M2J 4A4 July 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
<b>NOTE: Schedules are subject to change</b>  <b>NOTE: Reminder to please bring indoor shoes/socks.</b>	<b>No Programs CANADA DAY!</b>	See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am  <b>Open Door Active Play</b> 1:30-3:30pm	<b>Family Time</b> 9:30-11:30am  <b>Transition to Kindergarten</b> 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i>	<b>Family Time</b> 9:30-12:00pm	<b>*Centre closed*</b>  <b>See Parkway Forest Indoor Schedule pg. 2</b>
7	8	9	10	11	12
<b>Family Time</b> 9:30-12:00pm  <b>Family Time</b> 1:30-3:30pm	<b>Family Time</b> 9:30-12:00pm  <b>Baby Time</b> 1:30-3:30pm  <b>Toronto Public Health Nurse</b> 10:00-11:00am	See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am  <b>Open Door Active Play</b> 1:30-3:30pm	<b>Family Time</b> 9:30-11:30am  <b>Transition to Kindergarten</b> 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i>	<b>Family Time</b> 9:30-12:00pm	<b>*Centre closed*</b>  <b>See Parkway Forest Indoor Schedule pg. 2</b>
14	15	16	17	18	19
<b>Family Time</b> 9:30-12:00pm  <b>Family Time</b> 1:30-3:30pm	<b>Family Time</b> 9:30-12:00pm  <b>Baby Time</b> 1:30-3:30pm	See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am  <b>Open Door Active Play</b> 1:30-3:30pm	<b>Family Time</b> 9:30-11:30am  <b>Transition to Kindergarten</b> 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i>	<b>Family Time</b> 9:30-12:00pm	<b>*Centre closed*</b>  <b>See Parkway Forest Indoor Schedule pg. 2</b>
21	22	23	24	25	26
<b>Family Time</b> 9:30-12:00pm  <b>Family Time</b> 1:30-3:30pm	<b>Family Time</b> 9:30-12:00pm  <b>Baby Time</b> 1:30-3:30pm	See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am  <b>Open Door Active Play</b> 1:30-3:30pm	<b>Family Time</b> 9:30-11:30am  <b>Transition to Kindergarten</b> 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i>	<b>Family Time</b> 9:30-12:00pm	<b>*Centre closed*</b>  <b>See Parkway Forest Indoor Schedule pg. 2</b>
28	29	30	31		
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# FREE PROGRAMS for 0-6 years of age

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Please see page 5 for the registration links

**Flemington Park - 150 Grenoble Drive, Toronto, M3C 1E3**

**July 2025**

## NEW Summer Program Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
<b>NOTE: Schedules are subject to change</b> <b>NOTE: Reminder to please bring <u>indoor shoes/socks</u>.</b>	No Programs <b>CANADA DAY!</b>	<b>Family Time</b> <b>*NEW*</b> 8:30-11:30am <b>*NEW*</b> Open Door 11:30-1:00pm	See pg. 6 for details <b>Let's Get Outdoors</b> <b>*NEW Summer Hours*</b> 9:00-12:30am	<b>Family Time</b> <b>*NEW*</b> 8:30-11:30am <b>*NEW*</b> Open Door 11:30-1:00pm	<b>*Centre closed*</b> See Parkway Forest Indoor Schedule pg. 2
7	8	9	10	11	12
<b>Baby's First Year</b> 8:30-11:30am <i>(registration required; see pg. 5 for details)</i> <b>Open Door</b> <b>*NEW*</b> 11:30-1:00pm <b>WoodGreen Community Services</b> 9:00-11:00am	See pg. 6 for details <b>Let's Get Outdoors</b> <b>*NEW Summer Hours*</b> 9:00-12:30am	<b>Family Time</b> <b>*NEW*</b> 8:30-11:30am <b>*NEW*</b> Open Door 11:30-1:00pm <b>Toronto Public Health Nurse</b> 10:00-11:00am	See pg. 6 for details <b>Let's Get Outdoors</b> <b>*NEW Summer Hours*</b> 9:00-12:30am	<b>Family Time</b> <b>*NEW*</b> 8:30-11:30am <b>*NEW*</b> Open Door 11:30-1:00pm	<b>*Centre closed*</b> See Parkway Forest Indoor Schedule pg. 2
14	15	16	17	18	19
<b>Baby's First Year</b> 8:30-11:30am <i>(registration required; see pg. 5 for details)</i> <b>Open Door</b> <b>*NEW*</b> 11:30-1:00pm	See pg. 6 for details <b>Let's Get Outdoors</b> <b>*NEW Summer Hours*</b> 9:00-12:30am	<b>Family Time</b> <b>*NEW*</b> 8:30-11:30am <b>*NEW*</b> Open Door 11:30-1:00pm	See pg. 6 for details <b>Let's Get Outdoors</b> <b>*NEW Summer Hours*</b> 9:00-12:30am	<b>Family Time</b> <b>*NEW*</b> 8:30-11:30am <b>*NEW*</b> Open Door 11:30-1:00pm	<b>*Centre closed*</b> See Parkway Forest Indoor Schedule pg. 2
21	22	23	24	25	26
<b>Baby's First Year</b> 8:30-11:30am <i>(registration required; see pg. 5 for details)</i> <b>Open Door</b> <b>*NEW*</b> 11:30-1:00pm <b>Toronto Public Library</b> 11:00-11:30am	See pg. 6 for details <b>Let's Get Outdoors</b> <b>*NEW Summer Hours*</b> 9:00-12:30am	<b>Family Time</b> <b>*NEW*</b> 8:30-11:30am <b>*NEW*</b> Open Door 11:30-1:00pm	See pg. 6 for details <b>Let's Get Outdoors</b> <b>*NEW Summer Hours*</b> 9:00-12:30am	<b>Family Time</b> <b>*NEW*</b> 8:30-11:30am <b>*NEW*</b> Open Door 11:30-1:00pm	<b>*Centre closed*</b> See Parkway Forest Indoor Schedule pg. 2
28	29	30	31		
<b>Baby's First Year</b> 8:30-11:30am <i>(registration required; see pg. 5 for details)</i> <b>Open Door</b> <b>*NEW*</b> 11:30-1:00pm	See pg. 6 for details <b>Let's Get Outdoors</b> <b>*NEW Summer Hours*</b> 9:00-12:30am	<b>Family Time</b> <b>*NEW*</b> 8:30-11:30am <b>*NEW*</b> Open Door 11:30-1:00pm	See pg. 6 for details <b>Let's Get Outdoors</b> <b>*NEW Summer Hours*</b> 9:00-12:30am	<b>Scan the QR Code to see our monthly calendar on your device</b>	



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 Please see page 5 for the registration links

### DROP-IN INDOOR PARENT-CHILD PROGRAMS

#### Family Time (for families with children from birth to 6 years of age)

Join us for an opportunity where families can meet others and play interactively together in an enriched early learning environment. Also provided is circle time that includes songs, rhymes, finger plays, movement, and stories.

**Schedule:** Please see calendar pages 2-4 for the scheduled days and times.

#### Open Door (for families with children from birth to 6 years of age)

Families are welcome to join the centre to help strengthen relationships with their children as well as forming new connections with others in an enriched early learning environment. It is also a great opportunity to speak with our staff as they are available to provide you with supports, referrals, and resources.

#### Open Door Active Play (for families with children from birth to 6 years of age)

Similar to Open Door with a focus on active play, providing an indoor gym space for imaginative play and movement-based learning.

**Schedule:** Please see calendar pages 2-4 for the scheduled days and times.

#### Baby Time (for families with children from birth-18 months ONLY)

This program focuses on infant development through play by transforming the centre to meet the developmental needs of infants. The age specific activities provided will include sensory, language and motor development with an interactive circle at the end of program. Throughout the program, parents and caregivers will be provided with information on infant development and care.

**Schedule:** Parkway Forest—Tuesdays, July 01-29, 1:00-3:30pm (See page 2 for details)

**Schedule:** Ernest PS—Tuesdays, July 01-29, 1:30-3:30pm (See page 3 for details)

### PRE-REGISTRATION INDOOR PROGRAMS

#### Indoor Gym (for families with children from birth—6 years of age ONLY)

Physical activity is an integral and beneficial part of any child's growth, helping to build a child's self-esteem, confidence, physical skills, and brain health. Indoor gym is just that...a little gym that encourages imaginative play and movement-based learning.

**Schedule:** Parkway Forest—Thursdays, July 03-31, 1:30-3:30pm

**Register:** <https://indoor-gym-july-2025.eventbrite.ca>

#### Transition to Kindergarten (for families with children starting Kindergarten in September 2025)

This nine-week program is for children who will be starting school in September 2025. Parents/caregivers will learn about what the expectations of Kindergarten are and how to prepare for their child's first year of school. Children will have the opportunity to engage in activities that will encourage social play, self-help skills, pre math and language skills as well as a chance to work on separation anxiety.

**\* DISCLAIMER \*** Families who registered for Flemingdon Park and Ernest PS are not eligible to sign-up.

**Schedule:** Parkway Forest—Wednesdays, July 02 - Aug 27, 9:00-11:30am

**Register:** <https://pwf-transition-to-kindergarten-july-2025.eventbrite.ca>

#### Transition to Kindergarten (for families with children starting Kindergarten in September 2025)

This nine-week program is for children who will be starting school in September 2025. Parents/caregivers will learn about what the expectations of Kindergarten are and how to prepare for their child's first year of school. Children will have the opportunity to engage in activities that will encourage social play, self-help skills, pre math and language skills as well as a chance to work on separation anxiety.

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**Schedule:** Ernest Public School—Thursdays, July 03 - Aug 28, 1:30-4:00pm

**Register:** <https://eps-transition-to-kindergarten-july-2025.eventbrite.ca>

#### Baby's First Year (for families with children from birth to 18 months ONLY)

Join us with your baby for this 4-week parenting program that will focus on baby's first year of development. Families are welcome to ask questions and share concerns with the staff. Each week we will focus on a different topic/activity and a light snack will be offered.

**Schedule:** Flemingdon Park—Mondays, July 07-28, 8:30-11:30am

**Register:** <https://fp-babys-first-year-june-2025.eventbrite.ca>

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Page 5

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## PARTNERSHIP PROGRAMS

**Better Beginnings Now with Lumenus Infants—Strong Start Early Parenting Programs (birth to 12 mos ONLY) Drop-in**

**Schedule:** Tuesdays, July 08-29, 9:30am-11:30am

For more information, call [647-529-4511](tel:647-529-4511) or email [asasani@lumenus.ca](mailto:asasani@lumenus.ca)

**Universal Newborn Hearing Screening with Surrey Place (by appt. only through Surrey Place)**

**Schedule:** Thursdays, July 03-31, 9:00am-3:00pm

To make an appointment for your newborn, please call [1\(833\) 575-5437](tel:18335755437)

Or click the link: <https://www.surreyplace.ca/hearingscreening/>

**Check It Out (birth to 6 years of age) Drop-in**

Check It Out is a child development, health and well-being screening that includes local community partners sharing information and resources on topics such as: dental & oral health, nutrition, government services, vision & eye health, growth & development and many more!

**Schedule:** Friday, July 11, 10:00am-3:00pm

## OUTDOOR PARENT-CHILD PROGRAMS

**Let's Get Outdoors! - For families with children from birth to 6 years of age**

Join us for some fun in the park! Come and explore the outdoors with our educators and other families. The program will include active movement, circle time, creative activities, and lots of fun outside. This program will be offered at three different parks (see list below).

> **Parkway Forest Park** - 80 Parkway Forest Dr, North York, ON M2J 1P2

**Meeting Place:** In the field park across from 7 Cetus Starway

**Schedule:** Thursdays, July 03-31, 09:30-11:30am

> **Old Sheppard Park** - 101 Old Sheppard Ave, North York, ON M2J 3L5 (Brian Avenue/Old Sheppard Avenue)

**Meeting Place:** North west corner of the park in the treed area

**Schedule:** Wednesdays, July 02-30, 9:30-11:30am

> **Flemingdon Park** - 150 Grenoble Dr, North York, ON M3C 1B9

**Meeting Place:** In the playground, beside the Flemingdon Park Community Centre

**Schedule:** Tuesdays, July 01-29, 9:00-12:30pm

Thursdays, July 03-31, 9:00-12:30pm

## OUTDOOR Program —TIPS FOR FAMILIES

### Natural Vitamin D

20 minutes of sunlight beats  
supplements for vital Vitamin D,  
your secret weapon against viruses!

### Program Time

Please know you are not obligated to stay  
for the entire duration of the program,  
stay as long as you like!

### Fresh Air

Fresh air is your ally in the fight against  
indoor bacteria buildup. Step outside and breathe  
in the crisp, clean air for a refreshing boost!

### Mental Health

Every season brings its own challenges, but  
embracing the outdoors is the key to boosting  
children's mental well-being—rain, snow, or shine!

### Sleep

The secret to healthy sleeping patterns all year  
round? Spending time outdoors!  
Embrace the great outdoors for better sleep!

### Stress

Find Relief in Nature:  
Spending time outdoors has shown  
to reduce anxiety in both children and adults.

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