



# Don Valley East Parkway Forest EarlyON Child and Family Centres ~ May 2025 Program Calendar ~

**FREE inclusive programs for families, caregivers, and their children (birth to age 6)**

**Contact Support Services:** Staff are available to answer your questions about how to access our programs and services, parenting and child development, and other local services from **Monday to Friday** between **8:30am and 4:30pm** at **(416) 496-2601**. Outside of these times, please leave a message and we will return your call as soon as possible. You may also contact us by sending an email to [DonValleyEastEarlyON@familydaycare.com](mailto:DonValleyEastEarlyON@familydaycare.com)

**In-Person Programs:** We are offering a mix of in-person drop-in and pre-registered parent-child interactive programs (**indoors & outdoors**) for families with children from birth to 6 years of age from Monday to Saturday. **Please bring indoor shoes/socks when attending indoor programs.**

**One-on-One Parent/Caregiver Support Sessions:** Our Family Support Worker can assist you with any questions or concerns regarding your child's development or parenting/family challenges, and can provide you with information and referrals to local programs/services.

To speak with our Family Support Worker, please contact Nancy at (416) 618—2970 or [nalvarez@familydaycare.com](mailto:nalvarez@familydaycare.com)

**Registration for our pre-registered programs is on Eventbrite from  
Tuesday, April 15 at 12pm until Tuesday, April 22 at 12pm.**

**Please see page 5 for the registration links**

**♥ HAPPY MOTHER'S DAY! ♥**

**All centres will provide Mother's Day treats on May 09 and DVPWF on May 10.**

**All centres will be closed on May 17 and 19 for Victoria Day  
and May 23 for Professional Development!**

**Friendly reminder to please bring indoor shoes and/or socks when attending our indoor programs, thank you!**

**All of our programs are subject to change.**

**Please check [www.familydaycare.com/earlyON](http://www.familydaycare.com/earlyON) for updates.**

**We serve families across Toronto in the following neighbourhoods:**

**Don Valley East Parkway Forest EarlyON Child and Family Centre**  
121 Parkway Forest Drive, Toronto, M2J 5H4


**Ernest Public School EarlyON Child and Family Centre**  
150 Cherokee Blvd, Toronto, M2J 4A4

**Flemingdon Park EarlyON Child and Family Centre**  
150 Grenoble Drive, Toronto, M3C 1E3

# FREE PROGRAMS for 0-6 years of age

Registration for our pre-registered programs is on Eventbrite from Tuesday, April 15 at 12pm until Tuesday, April 22 at 12pm.  
Please see page 5 for the registration links

## Don Valley Parkway Forest - 121 Parkway Forest Drive, Toronto, M2J H4 May 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3
<p><b>NOTE: Schedules are subject to change</b></p> <p><b>NOTE: Reminder to please bring <u>indoor shoes/socks</u>.</b></p>	<p>Scan the QR Code to see our monthly calendar on your device</p>		<p>See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am</p> <p><b>Indoor Gym</b> 1:30-3:30pm <i>(registration required; see pg. 5 for details)</i></p> <p><b>Newborn Hearing</b> 9:00-3:00pm <i>(see pg. 6 for details)</i></p>	<p><b>Family Time</b> 9:00-11:00am</p> <p><b>Open Door</b> 11:00-1:00pm</p>	<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Open Door</b> 12:30-3:00pm</p>
5	6	7	8	9	10
<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Family Time</b> 1:30-4:00pm</p>	<p><b>Better Beginnings Infant Program</b> 9:30-11:30am <i>(see pg. 5 for details)</i></p> <p><b>Baby Time</b> 1:00-3:30pm</p> <p><b>Family Time</b> 5:30-7:30pm</p>	<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Open Door</b> 1:30-4:00pm</p>	<p>See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am</p> <p><b>Indoor Gym</b> 1:30-3:30pm <i>(registration required; see pg. 5 for details)</i></p> <p><b>Newborn Hearing</b> 9:00-3:00pm <i>(see pg. 6 for details)</i></p>	<p><b>Family Time</b> 9:00-11:30am</p> <p><b>No Afternoon Program Staff Professional Development</b></p> <p><b>Toronto Public Health Nurse</b> 9:30-10:30am</p>	<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Open Door</b> 12:30-3:00pm</p>
12	13	14	15	16	17
<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Family Time</b> 1:30-4:00pm</p> <p><b>WoodGreen Community Services</b> 9:00-11:00am</p>	<p><b>Better Beginnings Infant Program</b> 9:30-11:30am <i>(see pg. 5 for details)</i></p> <p><b>Baby Food Basics (drop-in)</b> 1:30-3:30pm <i>(see pg. 6 for details)</i></p> <p><b>Family Time</b> 5:30-7:30pm</p>	<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Open Door</b> 1:30-4:00pm</p>	<p>See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am</p> <p><b>Indoor Gym</b> 1:30-3:30pm <i>(registration required; see pg. 5 for details)</i></p> <p><b>Newborn Hearing</b> 9:00-3:00pm <i>(see pg. 6 for details)</i></p>	<p><b>Family Time</b> 9:00-11:00am</p> <p><b>Open Door</b> 11:00-1:00pm</p>	<p><b>No Programs Victoria Day Weekend</b></p>
19	20	21	22	23	24
<p><b>No Programs Victoria Day</b></p>	<p><b>Better Beginnings Infant Program</b> 9:30-11:30am <i>(see pg. 5 for details)</i></p> <p><b>Baby Time</b> 1:00-3:30pm</p> <p><b>Family Time</b> 5:30-7:30pm</p>	<p><b>Early Communication</b> 9:00-11:30am <i>(registration required; see pg. 5 for details)</i></p> <p><b>Family Time</b> 1:30-4:00pm</p>	<p>See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am</p> <p><b>Indoor Gym</b> 1:30-3:30pm <i>(registration required; see pg. 5 for details)</i></p> <p><b>Newborn Hearing</b> 9:00-3:00pm <i>(see pg. 6 for details)</i></p>	<p><b>No Programs Staff Professional Development</b></p>	<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Open Door</b> 12:30-3:00pm</p>
26	27	28	29	30	31
<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Family Time</b> 1:30-4:00pm</p>	<p><b>Better Beginnings Infant Program</b> 9:30-11:30am <i>(see pg. 5 for details)</i></p> <p><b>Baby Time</b> 1:00-3:30pm</p> <p><b>Family Time</b> 5:30-7:30pm</p>	<p><b>Early Communication</b> 9:00-11:30am <i>(registration required; see pg. 5 for details)</i></p> <p><b>Family Time</b> 1:30-4:00pm</p>	<p>See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am</p> <p><b>Indoor Gym</b> 1:30-3:30pm <i>(registration required; see pg. 5 for details)</i></p> <p><b>Newborn Hearing</b> 9:00-3:00pm <i>(see pg. 6 for details)</i></p>	<p><b>Family Time</b> 9:00-11:00am</p> <p><b>Open Door</b> 11:00-1:00pm</p>	<p><b>Family Time</b> 9:00-11:30am</p> <p><b>Open Door</b> 12:30-3:00pm</p>


If you have any questions, please call us from **Monday to Friday** between **8:30am and 4:30pm** at **(416) 496-2601**

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# FREE PROGRAMS for 0-6 years of age

Registration for our pre-registered programs is on Eventbrite from  
Tuesday, April 15 at 12pm until Tuesday, April 22 at 12pm.  
Please see page 5 for the registration links

## Ernest PS - 150 Cherokee Blvd, Toronto, M2J 4A4 May 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3
<p><b>NOTE: Schedules are subject to change</b></p> <p><b>NOTE: Reminder to please bring <u>indoor shoes/socks</u>.</b></p>	<p>Scan the QR Code to see our monthly calendar on your device</p>		<p>Family Time 9:30-11:30am</p> <p>Baby's First Year 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i></p>	<p>Family Time 9:30-12:00pm</p>	<p>*Centre closed*</p> <p>See Parkway Forest Indoor Schedule pg. 2</p>
5	6	7	8	9	10
<p>Family Time 9:30-12:00pm</p> <p>Family Time 1:30-3:30pm</p>	<p>Family Time 9:30-12:00pm</p> <p>Baby Time 1:30-3:30pm</p> <p>Toronto Public Health Nurse 10:00-11:00am</p>	<p>See pg. 6 for details Let's Get Outdoors 9:30-11:30am</p> <p>Open Door Active Play 1:30-3:30pm</p>	<p>Family Time 9:30-11:30am</p> <p>Baby's First Year 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i></p>	<p>Family Time 9:30-11:30am</p> <p>Early Closure Staff Professional Development</p>	<p>*Centre closed*</p> <p>See Parkway Forest Indoor Schedule pg. 2</p>
12	13	14	15	16	17
<p>Family Time 9:30-12:00pm</p> <p>Family Time 1:30-3:30pm</p>	<p>Family Time 9:30-12:00pm</p> <p>Baby Time 1:30-3:30pm</p>	<p>See pg. 6 for details Let's Get Outdoors 9:30-11:30am</p> <p>Open Door Active Play 1:30-3:30pm</p>	<p>Family Time 9:30-11:30am</p> <p>Baby's First Year 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i></p>	<p>Family Time 9:30-12:00pm</p>	<p>*Centre closed*</p> <p>See Parkway Forest Indoor Schedule pg. 2</p>
19	20	21	22	23	24
<p>No Programs Victoria Day</p>	<p>Family Time 9:30-12:00pm</p> <p>Baby Time 1:30-3:30pm</p>	<p>See pg. 6 for details Let's Get Outdoors 9:30-11:30am</p> <p>Open Door Active Play 1:30-3:30pm</p>	<p>Family Time 9:30-11:30am</p> <p>Baby's First Year 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i></p>	<p>No Programs Staff Professional Development</p>	<p>*Centre closed*</p> <p>See Parkway Forest Indoor Schedule pg. 2</p>
26	27	28	29	30	31
<p>Family Time 9:30-12:00pm</p> <p>Family Time 1:30-3:30pm</p>	<p>Family Time 9:30-12:00pm</p> <p>Baby Time 1:30-3:30pm</p>	<p>See pg. 6 for details Let's Get Outdoors 9:30-11:30am</p> <p>Open Door Active Play 1:30-3:30pm</p>	<p>Family Time 9:30-11:30am</p> <p>Baby's First Year 1:30-4:00pm <i>(registration required; see pg. 5 for details)</i></p>	<p>Family Time 9:30-12:00pm</p>	<p>*Centre closed*</p> <p>See Parkway Forest Indoor Schedule pg. 2</p>




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# FREE PROGRAMS for 0-6 years of age

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Please see page 5 for the registration links

## Flemingdon Park - 150 Grenoble Drive, Toronto, M3C 1E3 May 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3
<p><b>NOTE: Schedules are subject to change</b></p> <p><b>NOTE: Reminder to please bring <u>indoor shoes/socks.</u></b></p>	<p>Scan the QR Code to see our monthly calendar on your device</p>		<p>Family Time 9:00-11:30am</p> <p>Transition to Kindergarten 1:00-3:00pm <i>(registration required; see pg. 5 for details)</i></p>	<p>Family Time 9:00-12:00pm</p>	<p>*Centre closed*</p> <p>See Parkway Forest Indoor Schedule pg. 2</p>
5	6	7	8	9	10
<p>Family Time 9:00-11:30am</p> <p>Open Door 11:30-1:30pm</p> <p>WoodGreen Community Services 9:00-11:00am</p>	<p>See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am</p> <p>Open Door Active Play 1:00-3:00pm</p>	<p>Family Time 9:00-11:30am</p> <p>Open Door 11:30-1:30pm</p> <p>Toronto Public Health Nurse 10:00-11:00am</p>	<p>Family Time 9:00-11:30am</p> <p>Transition to Kindergarten 1:00-3:00pm <i>(registration required; see pg. 5 for details)</i></p>	<p>Family Time 9:00-11:15am</p> <p>Early Closure Staff Professional Development</p>	<p>*Centre closed*</p> <p>See Parkway Forest Indoor Schedule pg. 2</p>
12	13	14	15	16	17
<p>Family Time 9:00-11:30am</p> <p>Open Door 11:30-1:30pm</p> <p>Toronto Public Library 11:00-11:30am</p>	<p>See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am</p> <p>Open Door Active Play 1:00-3:00pm</p>	<p>Family Time 9:00-11:30am</p> <p>Open Door 11:30-1:30pm</p>	<p>Family Time 9:00-11:30am</p> <p>Transition to Kindergarten 1:00-3:00pm <i>(registration required; see pg. 5 for details)</i></p>	<p>Positive Parenting 9:00-12:00pm <i>(registration required; see pg. 5 for details)</i></p>	<p>*Centre closed*</p> <p>See Parkway Forest Indoor Schedule pg. 2</p>
19	20	21	22	23	24
<p>No Programs Victoria Day</p>	<p>See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am</p> <p>Open Door Active Play 1:00-3:00pm</p>	<p>Family Time 9:00-11:30am</p> <p>Open Door 11:30-1:30pm</p>	<p>Family Time 9:00-11:30am</p> <p>Transition to Kindergarten 1:00-3:00pm <i>(registration required; see pg. 5 for details)</i></p>	<p>No Programs Staff Professional Development</p>	<p>*Centre closed*</p> <p>See Parkway Forest Indoor Schedule pg. 2</p>
26	27	28	29	30	31
<p>Family Time 9:00-11:30am</p> <p>Open Door 11:30-1:30pm</p>	<p>See pg. 6 for details <b>Let's Get Outdoors</b> 9:30-11:30am</p> <p>Open Door Active Play 1:00-3:00pm</p>	<p>Family Time 9:00-11:30am</p> <p>Open Door 11:30-1:30pm</p>	<p>Family Time 9:00-11:30am</p> <p>Transition to Kindergarten 1:00-3:00pm <i>(registration required; see pg. 5 for details)</i></p>	<p>Family Time 9:00-12:00pm</p>	<p>*Centre closed*</p> <p>See Parkway Forest Indoor Schedule pg. 2</p>



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Please see page 5 for the registration links

### DROP-IN INDOOR PARENT-CHILD PROGRAMS

#### Family Time (for families with children from birth to 6 years of age)

Join us for an opportunity where families can meet others and play interactively together in an enriched early learning environment. Also provided is circle time that includes songs, rhymes, finger plays, movement, and stories.

**Schedule:** Please see calendar pages 2-4 for the scheduled days and times.

#### Open Door (for families with children from birth to 6 years of age)

Families are welcome to join the centre to help strengthen relationships with their children as well as forming new connections with others in an enriched early learning environment. It is also a great opportunity to speak with our staff as they are available to provide you with supports, referrals, and resources.

#### Open Door Active Play (for families with children from birth to 6 years of age)

Similar to Open Door with a focus on active play, providing an indoor gym space for imaginative play and movement-based learning.

**Schedule:** Please see calendar pages 2-4 for the scheduled days and times.

#### Baby Time (for families with children from birth-18 months ONLY)

This program focuses on infant development through play by transforming the centre to meet the developmental needs of infants. The age specific activities provided will include sensory, language and motor development with an interactive circle at the end of program. Throughout the program, parents and caregivers will be provided with information on infant development and care.

**Schedule:** Parkway Forest—Tuesdays, May 06, 20, 27, 1:00-3:30pm (See page 2 for details)

**Schedule:** Ernest PS—Tuesdays, May 06-27, 1:30-3:30pm (See page 3 for details)

### PRE-REGISTRATION INDOOR PROGRAMS

#### Early Communication (for families with children 18 months to 4 years of age ONLY)

This six-week program is for parents/caregivers who have concerns or questions about their child's communication skills and/or language development. Participants will have the opportunity to learn how to support their child's language development and develop skills to build their child's communication skills. This program is run in partnership with the Lumenus Speech and Language Program.

**Schedule:** Parkway Forest—Wednesdays, May 21-June 25, 9:00-11:30am

**Register:** <https://early-communication-may-2025.eventbrite.ca>

#### Indoor Gym (for families with children from birth—6 years of age ONLY)

Physical activity is an integral and beneficial part of any child's growth, helping to build a child's self-esteem, confidence, physical skills, and brain health. Indoor gym is just that...a little gym that encourages imaginative play and movement-based learning.

**Schedule:** Parkway Forest—Thursdays, May 01-29, 1:30-3:30pm

**Register:** <https://indoor-gym-may-2025.eventbrite.ca>

#### Positive Parenting Workshop (for families with children from birth to 6 years of age ONLY)

Join us for a one-day Positive Parenting workshop offered in partnership with Toronto Public Health. The workshop will include effective parenting strategies, skills, resources, and confidence in raising healthy and happy children. A light snack will be offered. Child minding is provided for children who are over two years old.

**Schedule:** Flemingdon Park—Friday, May 16, 9:00-12:00pm (See page 2 for details)

**Register:** <https://positive-parenting-may-2025.eventbrite.ca>

#### Transition to Kindergarten (for families with children starting Kindergarten in September 2025)

This nine-week program is for children who will be starting school in September 2025. Parents/caregivers will learn about what the expectations of Kindergarten are and how to prepare for their child's first year of school. Children will have the opportunity to engage in activities that will encourage social play, self-help skills, pre math and language skills as well as a chance to work on separation anxiety.

\*DISCLAIMER\* Each family may register at only one centre to ensure fair access for all

**Schedule:** Flemingdon Park—Thursdays, May 01-June 26, 1:00-3:00pm

**Register:** <https://fp-transition-to-kindergarten-may-2025.eventbrite.ca>

#### Baby's First Year (for families with children from birth to 18 months ONLY)

Join us with your baby for this 5-week parenting program that will focus on baby's first year of development. Families are welcome to ask questions and share concerns with the staff and community partners. Each week we will focus on a different topic and a light snack will be offered.

**Schedule:** Ernest Public School—Thursdays, May 01-29, 1:30-4:00pm

**Register:** <https://babys-first-year-may-2025.eventbrite.ca>

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Page 5

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### PARTNERSHIP PROGRAMS

#### **Baby Food Basics (for families with children from birth-18 months ONLY)**

Parents and caregivers are invited to join us for this one-day workshop to learn when and how to introduce solids to your baby, how to prepare and store home-made baby food safely, and more! This program is offered in partnership with Food Share.

**Schedule:** Don Valley Parkway Forest—Tuesday, May 13 ONLY, 1:00-3:30pm (*Drop-in program*)

#### **Better Beginnings Now with Lumenus Infants—Strong Start Early Parenting Programs (birth to 12 mos ONLY) Drop-in**

**Schedule:** Tuesdays, May 06-27, 9:30am-11:30pm

For more information, call [647-529-4511](tel:647-529-4511) or email [asasani@lumenus.ca](mailto:asasani@lumenus.ca)

#### **Universal Newborn Hearing Screening with Surrey Place (by appt. only through Surrey Place)**

**Schedule:** Thursdays, May 01-29, 9:00am-3:00pm

To make an appointment for your newborn, please call [1\(833\) 575-5437](tel:18335755437)

Or click the link: <https://www.surreyplace.ca/hearingscreening/>

### OUTDOOR PARENT-CHILD PROGRAMS

#### **Let's Get Outdoors! - For families with children from birth to 6 years of age**

Join us for some fun in the park! Come and explore the outdoors with our educators and other families. The program will include active movement, circle time, creative activities, and lots of fun outside. This program will be offered at three different parks (see list below).

> **Parkway Forest Park** - 80 Parkway Forest Dr, North York, ON M2J 1P2

**Meeting Place:** South East corner of park near the playground structure

**Schedule:** Thursdays, May 01-29, 09:30-11:30am

> **Old Sheppard Park** - 101 Old Sheppard Ave, North York, ON M2J 3L5 (Brian Avenue/Old Sheppard Avenue)

**Meeting Place:** North west corner of the park in the treed area

**Schedule:** Wednesdays, May 07-28, 9:30-11:30am

> **Flemingdon Park** - 150 Grenoble Dr, North York, ON M3C 1B9

**Meeting Place:** In the playground, beside the Flemingdon Park Community Centre

**Schedule:** Tuesdays, May 06-27, 09:30-11:30am

### OUTDOOR Program —TIPS FOR FAMILIES

#### **Natural Vitamin D**

20 minutes of sunlight beats supplements for vital Vitamin D, your secret weapon against viruses!

#### **Program Time**

Please know you are not obligated to stay for the entire duration of the program, stay as long as you like!

#### **Fresh Air**

Fresh air is your ally in the fight against indoor bacteria buildup. Step outside and breathe in the crisp, clean air for a refreshing boost!

#### **Mental Health**

Every season brings its own challenges, but embracing the outdoors is the key to boosting children's mental well-being—rain, snow, or shine!

#### **Sleep**

The secret to healthy sleeping patterns all year round? Spending time outdoors! Embrace the great outdoors for better sleep!

#### **Stress**

Find Relief in Nature: Spending time outdoors has shown to reduce anxiety in both children and adults.

If you have any questions, please call us from **Monday to Friday** between **8:30am and 4:30pm** at

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