



Don Valley East Parkway Forest EarlyON Child and Family Centres ~ May 2026 Program Calendar ~

FREE inclusive programs for families, caregivers, and their children (birth to age 6)

Contact Support Services: Staff are available to answer your questions about how to access our programs and services, parenting and child development, and other local services from **Monday to Friday** between **8:30am and 4:30pm** at **(416) 496-2601**. Outside of these times, please leave a message and we will return your call as soon as possible. You may also contact us by sending an email to DonValleyEastEarlyON@familydaycare.com

In-Person Programs: We are offering a mix of in-person drop-in and pre-registered parent-child interactive programs (**indoors & outdoors**) for families with children from birth to 6 years of age from Monday to Saturday. **Please bring indoor shoes/socks when attending indoor programs.**

One-on-One Parent/Caregiver Support Sessions: Our Family Support Worker can assist you with any questions or concerns regarding your child's development or parenting/family challenges, and can provide you with information and referrals to local programs/services.

To speak with our Family Support Worker, please contact Nancy at (416) 618—2970 or nalvarez@familydaycare.com

**Registration for our pre-registered programs is on Eventbrite from
Tuesday, April 14 at 12pm until Tuesday, April 21 at 12pm.**

Please see page 5 for the registration links

Check the centre schedules for our Mother's day treats, ♥ HAPPY MOTHER'S DAY! ♥

All centres will be closed on May 16 and 18 for Victoria Day

Friendly reminder to please bring indoor shoes and/or socks when attending our indoor programs, thank you!

All of our programs are subject to change.

Please check www.familydaycare.com/earlyON for updates.

We serve families across Toronto in the following neighbourhoods:

Don Valley East Parkway Forest EarlyON Child and Family Centre
121 Parkway Forest Drive, Toronto, M2J 5H4


Ernest Public School EarlyON Child and Family Centre
150 Cherokee Blvd, Toronto, M2J 4A4

Flemingdon Park EarlyON Child and Family Centre
150 Grenoble Drive, Toronto, M3C 1E3

FREE PROGRAMS for 0-6 years of age

Registration for our pre-registered programs is on Eventbrite from Tuesday, April 14 at 12pm until Tuesday, April 21 at 12pm.
Please see page 5 for the registration links

Don Valley Parkway Forest - 121 Parkway Forest Drive, Toronto, M2J 5H4 May 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2
<p>NOTE: Schedules are subject to change</p> <p>NOTE: Reminder to please bring <u>indoor shoes/socks</u>.</p>	<p>Scan the QR Code to see our monthly calendar on your device</p>			<p>Family Time 9:00-11:00am</p> <p>Open Door 11:00-1:00pm</p>	<p>Family Time 9:00-11:30am</p> <p>Open Door 11:30-3:00pm</p>
4	5	6	7	8	9
<p>Family Time 9:00-11:30am</p> <p>Family Time 1:30-4:00pm</p>	<p>Better Beginnings Infant Program 9:30-11:30am <i>(see pg. 5 for details)</i></p> <p>Baby Time 1:00-3:30pm</p> <p>Family Time 5:30-7:30pm</p>	<p>Preschool Fun with Learning 9:00-11:30am <i>(registration required; see pg. 5 for details)</i></p> <p>Family Time 1:30-4:00pm</p>	<p>See pg. 6 for details Let's Get Outdoors 9:30-11:30am</p> <p>Indoor Gym 1:30-3:30pm <i>(registration required; see pg. 5 for details)</i></p> <p>Newborn Hearing 9:00-3:00pm <i>(see pg. 5 for details)</i></p>	<p>♥ Mother's Day ♥ Treats</p> <p>Family Time 9:00-11:00am</p> <p>Open Door 11:00-1:00pm</p> <p>Toronto Public Health Nurse 10:00-11:00am</p>	<p>♥ Mother's Day ♥ Treats</p> <p>Family Time 9:00-11:30am</p> <p>Open Door 11:30-3:00pm</p>
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18	19	20	21	22	23
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FREE PROGRAMS for 0-6 years of age

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Tuesday, April 14 at 12pm until Tuesday, April 21 at 12pm.
Please see page 5 for the registration links

Ernest PS - 150 Cherokee Blvd, Toronto, M2J 4A4 May 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2
<p>NOTE: Schedules are subject to change</p> <p>NOTE: Reminder to please bring <u>indoor shoes/socks</u>.</p>	<p>Scan the QR Code to see our monthly calendar on your device</p>			<p>Family Time 9:30-12:30pm</p>	<p>*Centre closed*</p> <p>See Parkway Forest Indoor Schedule pg. 2</p>
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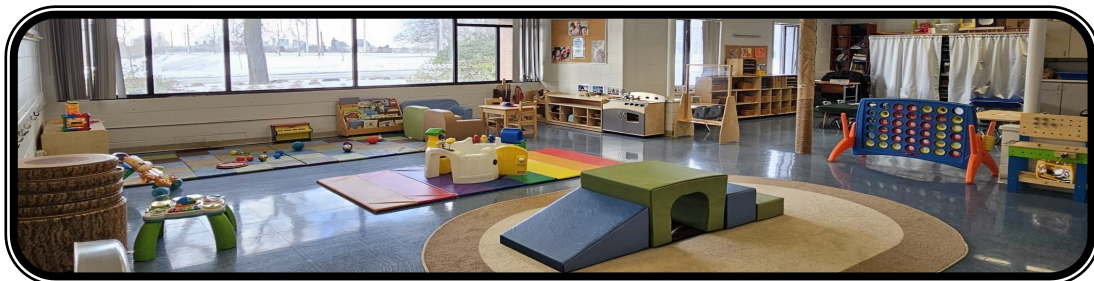
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FREE PROGRAMS for 0-6 years of age

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Please see page 5 for the registration links

Flemington Park - 150 Grenoble Drive, Toronto, M3C 1E3 May 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2
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PARTNERSHIP PROGRAMS

Better Beginnings Now with Lumenus Infants—Strong Start Early Parenting Programs (birth to 12 mos ONLY) Drop-in

Schedule: Tuesdays, May 05-26, 9:30am-11:30am

For more information, call 647-529-4511 or email asasani@lumenus.ca

Universal Newborn Hearing Screening with Surrey Place (by appt. only through Surrey Place)

Schedule: Thursdays, May 07-28, 9:00am-3:00pm

To make an appointment for your newborn, please call 1(833) 575-5437

Or click the link: <https://www.surreyplace.ca/hearingscreening/>

PRE-REGISTRATION INDOOR PROGRAMS

Indoor Gym (for families with children from birth to 6 years of age ONLY)

Physical activity is an integral and beneficial part of any child's growth, helping to build a child's self-esteem, confidence, physical skills, and brain health. Indoor gym is just that...a little gym that encourages imaginative play and movement-based learning.

Schedule: Parkway Forest—Thursdays, May 07-28, 1:30-3:30pm

Register: <https://indoor-gym-may-2026.eventbrite.ca>

Preschool Fun with Learning (for families with children from 2 1/2 to 6 years of age ONLY)

This four-week parent-child interactive preschool program invites little learners to explore early literacy and pre-math skills through playful, hands-on activities. Children can express themselves creatively, build self-help skills, and enjoy simple, cooking recipes—all in a fun and nurturing environment.

Schedule: Parkway Forest—Wednesdays, May 06-27, 9:00-11:30am

Register: <https://pwf-preschool-fun-with-learning-may-2026.eventbrite.ca>

Baby Food Bites (for families with children from birth to 18 months ONLY)

This four-week parent-child interactive program offers fun hands-on opportunities where families come together to prepare healthy baby food. Families learn simple, nutritious recipes while connecting with others in a welcoming space. All food items and materials will be provided.

Schedule: Ernest Public School—Tuesdays, May 05-26, 1:30-4:00pm

Register: <https://eps-baby-food-bites-may-2026.eventbrite.ca>

Early Communication (for families with children from 18 months to 4 years of age ONLY)

This six-week program is for parents/caregivers who have concerns or questions about their child's communication skills and/or language development. Participants will have the opportunity to learn how to support their child's language development and develop skills to build their child's communication skills. This program is run in partnership with the Lumenus Speech and Language Program.

Schedule: Ernest Public School—Thursdays, May 07-June 11, 1:30-4:00pm

Register: <https://eps-early-communication-may-2026.eventbrite.ca>

Eating on a Healthy Budget (for Parents/Caregivers)

Join us for a one day Eating on a Healthy Budget workshop with our local Community Nutrition Educators. Families will have the opportunity to learn about tips for meal planning and maximize the household grocery budget. Child minding is provided for children who are over two years old. This program is offered in partnership with Toronto Public Health.

Schedule: Flemingdon Park—Thursdays, May 07—June 25, 9:00-11:30am

Register: <https://fp-eating-on-a-healthy-budget-may-2026.eventbrite.ca>

Transition to Kindergarten (for families with children starting Kindergarten in September 2026)

This eight-week program is for children who will be starting school in September 2026. Parents/caregivers will learn about what the expectations of Kindergarten are and how to prepare for their child's first year of school. Children will have the opportunity to engage in activities that will encourage social play, self-help skills, pre math and language skills as well as a chance to work on separation anxiety.

Note: This program will be offered in EPS and PWF during the summer months

DISCLAIMER Each family may register at only one centre to ensure fair access for all

Schedule: Flemingdon Park—Thursdays, May 07—June 25, 9:00-11:30am

Register: <https://fp-transition-to-kindergarten-may-2026.eventbrite.ca>

If you have any questions, please call us from **Monday to Friday** between **8:30am and 4:30pm** at

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DROP-IN INDOOR PARENT-CHILD PROGRAMS

Family Time (for families with children from birth to 6 years of age ONLY)

Join us for an opportunity where families can meet others and play interactively together in an enriched early learning environment. Also provided is circle time that includes songs, rhymes, finger plays, movement, and stories.

Schedule: Please see calendar pages 2-4 for the scheduled days and times.

Open Door (for families with children from birth to 6 years of age ONLY)

Families are welcome to join the centre to help strengthen relationships with their children as well as forming new connections with others in an enriched early learning environment. It is also a great opportunity to speak with our staff as they are available to provide you with supports, referrals, and resources.

Schedule: Please see calendar pages 2-4 for the scheduled days and times.

Baby Time (for families with children from birth-18 months ONLY)

This program focuses on infant development through play by transforming the centre to meet the developmental needs of infants. The age specific activities provided will include sensory, language and motor development with an interactive circle at the end of program. Throughout the program, parents and caregivers will be provided with information on infant development and care.

Schedule: Parkway Forest—Tuesdays, May 05-26, 1:00-3:30pm (See page 2 for details)

OUTDOOR PARENT-CHILD PROGRAMS

Let's Get Outdoors! - For families with children from birth to 6 years of age

Join us for some fun in the park! Come and explore the outdoors with our educators and other families. The program will include active movement, circle time, creative activities, and lots of fun outside. This program will be offered at three different parks (see list below).

> **Parkway Forest Park** - 80 Parkway Forest Dr, North York, ON M2J 1P2

Meeting Place: In the field park across from 7 Cetus Starway

Schedule: Thursdays, May 07-28, 9:30-11:30am

> **Old Sheppard Park** - 101 Old Sheppard Ave, North York, ON M2J 3L5 (Brian Avenue/Old Sheppard Avenue)

Meeting Place: North west corner of the park in the treed area

Schedule: Wednesdays, May 06-27, 9:30-11:30am

> **Flemingdon Park** - 150 Grenoble Dr, North York, ON M3C 1B9

Meeting Place: In the playground, beside the Flemingdon Park Community Centre

Schedule: Tuesdays, May 05-26, 9:30-11:30am

OUTDOOR Program —TIPS FOR FAMILIES

Natural Vitamin D

20 minutes of sunlight beats supplements for vital Vitamin D, your secret weapon against viruses!

Program Time

Please know you are not obligated to stay for the entire duration of the program, stay as long as you like!

Fresh Air

Fresh air is your ally in the fight against indoor bacteria buildup. Step outside and breathe in the crisp, clean air for a refreshing boost!

Mental Health

Every season brings its own challenges, but embracing the outdoors is the key to boosting children's mental well-being—rain, snow, or shine!

Sleep

The secret to healthy sleeping patterns all year round? Spending time outdoors! Embrace the great outdoors for better sleep!

Stress

Find Relief in Nature: Spending time outdoors has shown to reduce anxiety in both children and adults.

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