Don Valley East Parkway Forest EarlyON Child and Family Centres
~ November 2026 Program Calendar ~

FREE inclusive programs for families, caregivers, and their children (birth to age 6)

Contact Support Services: Staff are available to answer your questions about how to access our programs and services, parenting and child development, and other local services from **Monday to Friday** between **8:30am and 4:30pm at (416) 496-2601.** Outside of these times, please leave a message and we will return your call as soon as possible. You may also contact us by sending an email to DonValleyEastEarlyON@familydaycare.com

In-Person Programs: We are offering a mix of in-person drop-in and pre-registered parent-child interactive programs **(indoors & outdoors)** for families with children from birth to 6 years of age from Monday to Saturday. **Please bring indoor shoes/socks when attending indoor programs.**

One-on-One Parent/Caregiver Support Sessions: Our Family Support Worker can assist you with any questions or concerns regarding your child's development or parenting/family challenges, and can provide you with information and referrals to local programs/services.
To speak with our Family Support Worker, please contact Nancy at (416) 618—2970 or nalvarez@familydaycare.com

Registration for our pre-registered programs is on Eventbrite from
Tuesday, October 13 at 12pm until Tuesday, October 20 at 12pm.
Please see page 5 for the registration links

Come join us in celebrating Diwali on Nov 06 and Parkway Forest EarlyON's 20th Year Anniversary on Nov 27 (see page 5 for details).

There are no programs for all centres on Monday, Nov 09, for staff professional development.

"Remembrance Day (Wednesday, November 11th) is when the country stops for two minutes of silence, to pay respects to those who gave their lives and our veterans who fought for our freedom."—Douglas Phillips, Canadian writer

Friendly reminder to please bring indoor shoes and/or socks when attending our indoor programs, thank you!

FREE PROGRAMS for 0-6 years of age

Registration for our pre-registered programs is on Eventbrite from Tuesday, October 13 at 12pm until Tuesday, October 20 at 12pm.
Please see page 5 for the registration links

Don Valley Parkway Forest - 121 Parkway Forest Drive, Toronto, M2J 5H4
November 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	**3**	**4**	**5**	**6**	**7**
Family Time 9:00-11:30am **Family Time** 1:30-4:00pm	**Better Beginnings Infant Program** 9:30-11:30am *(see pg. 5 for details)* **Baby Time** 1:00-3:30pm **Family Time** 5:30-7:30pm	**Early Communication** 9:00-11:30am *(registration closed)* **Family Time** 1:30-4:00pm	**See pg. 6 for details** **Let's Get Outdoors** 9:30-11:30am **Open Door** 1:30-3:30pm *(No EarlyON Parking)* **Newborn Hearing** 9:00-3:00pm *(see pg. 5 for details)*	**Family Time** 9:00-11:00am **Open Door** 11:00-1:00pm **Nutrition Q&A** 10:00-11:00am **Diwali Celebration** **(see pg. 5 for details)**	**Family Time** 9:00-11:30am **Open Door** 11:30-3:00pm
9	**10**	**11**	**12**	**13**	**14**
No programs **Staff Professional Development**	**Better Beginnings Infant Program** 9:30-11:30am *(see pg. 5 for details)* **Baby Time** 1:00-3:30pm **Family Time** 5:30-7:30pm	**Early Communication** 9:00-11:30am *(registration closed)* **Family Time** 1:30-4:00pm	**See pg. 6 for details** **Let's Get Outdoors** 9:30-11:30am **Open Door** 1:30-3:30pm *(No EarlyON Parking)* **Newborn Hearing** 9:00-3:00pm *(see pg. 5 for details)*	**Family Time** 9:00-11:00am **Open Door** 11:00-1:00pm **Toronto Public Health Nurse** 10:00-11:00am	**Family Time** 9:00-11:30am **Open Door** 11:30-3:00pm
16	**17**	**18**	**19**	**20**	**21**
Family Time 9:00-11:30am **Family Time** 1:30-4:00pm **WoodGreen Community Services** 9:30-11:00am	**Better Beginnings Infant Program** 9:30-11:30am *(see pg. 5 for details)* **Baby Time** 1:00-3:30pm **Family Time** 5:30-7:30pm	**Early Communication** 9:00-11:30am *(registration closed)* **Family Time** 1:30-4:00pm	**See pg. 6 for details** **Let's Get Outdoors** 9:30-11:30am **Open Door** 1:30-3:30pm *(No EarlyON Parking)* **Newborn Hearing** 9:00-3:00pm *(see pg. 5 for details)*	**Family Time** 9:00-11:00am **Open Door** 11:00-1:00pm	**Family Time** 9:00-11:30am **Open Door** 11:30-3:00pm
23	**24**	**25**	**26**	**27**	**28**
Family Time 9:00-11:30am **Family Time** 1:30-4:00pm	**Better Beginnings Infant Program** 9:30-11:30am *(see pg. 5 for details)* **Baby Time** 1:00-3:30pm **Family Time** 5:30-7:30pm	**Early Communication** 9:00-11:30am *(registration closed)* **Family Time** 1:30-4:00pm	**See pg. 6 for details** **Let's Get Outdoors** 9:30-11:30am **Open Door** 1:30-3:30pm *(No EarlyON Parking)* **Newborn Hearing** 9:00-3:00pm *(see pg. 5 for details)*	**Family Time** 9:00-11:00am **Open Door** 11:00-1:00pm **Parkway Forest Celebrating 20 Years** **(see pg. 5 for details)**	**Family Time** 9:00-11:30am **Open Door** 11:30-3:00pm
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Family Time 9:00-11:30am **Family Time** 1:30-4:00pm	**NOTE: Schedules are subject to change** **NOTE: Reminder to please bring indoor shoes/socks.**	**Scan the QR Code to see our monthly calendar on your device**			

FREE PROGRAMS for 0-6 years of age

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Please see page 5 for the registration links

Ernest PS - 150 Cherokee Blvd, Toronto, M2J 4A4
November 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	**3**	**4**	**5**	**6**	**7**
Family Time 9:00-11:30pm **Family Time** 1:30-3:30pm	**Family Time** 9:00-11:30pm **Baby Food Bites** 1:30-4:00pm *(registration required; see pg. 5 for details)*	***New Time*** **Open Door** 9:00-11:00am **See pg. 6 for details** **Let's Get Outdoors** 1:30-3:30pm	***New Schedule*** **Fun With Toddlers** 9:00-11:30am *(registration required; see pg. 5 for details)* **Family Time** 1:30-3:30pm	**Family Time** 9:00-12:00pm **Diwali Celebration** **(see pg. 5 for details)**	***Centre closed*** **See Parkway Forest Indoor Schedule pg. 2**
9	**10**	**11**	**12**	**13**	**14**
No programs **Staff Professional Development**	**Family Time** 9:00-11:30pm **Baby Food Bites** 1:30-4:00pm *(registration required; see pg. 5 for details)* **Toronto Public Health Nurse** 10:00-11:00am	***New Time*** **Open Door** 9:00-11:00am **See pg. 6 for details** **Let's Get Outdoors** 1:30-3:30pm	***New Schedule*** **Fun With Toddlers** 9:00-11:30am *(registration required; see pg. 5 for details)* **Family Time** 1:30-3:30pm	**Family Time** 9:00-12:00pm **WoodGreen Community Services** 9:30-11:30am	***Centre closed*** **See Parkway Forest Indoor Schedule pg. 2**
16	**17**	**18**	**19**	**20**	**21**
Family Time 9:00-11:30pm **Family Time** 1:30-3:30pm	**Family Time** 9:00-11:30pm **Baby Food Bites** 1:30-4:00pm *(registration required; see pg. 5 for details)*	***New Time*** **Open Door** 9:00-11:00am **See pg. 6 for details** **Let's Get Outdoors** 1:30-3:30pm **Nutrition Q&A**	***New Schedule*** **Fun With Toddlers** 9:00-11:30am *(registration required; see pg. 5 for details)* **Family Time** 1:30-3:30pm	**Family Time** 9:00-12:00pm	***Centre closed*** **See Parkway Forest Indoor Schedule pg. 2**
23	**24**	**25**	**26**	**27**	**28**
Family Time 9:00-11:30pm **Family Time** 1:30-3:30pm	**Family Time** 9:00-11:30pm **Baby Food Bites** 1:30-4:00pm *(registration required; see pg. 5 for details)*	***New Time*** **Open Door** 9:00-11:00am **See pg. 6 for details** **Let's Get Outdoors** 1:30-3:30pm	***New Schedule*** **Fun With Toddlers** 9:00-11:30am *(registration required; see pg. 5 for details)* **Family Time** 1:30-3:30pm	**Family Time** 9:00-12:00pm	***Centre closed*** **See Parkway Forest Indoor Schedule pg. 2**
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Family Time 9:00-11:30pm **Family Time** 1:30-3:30pm	**NOTE: Schedules are subject to change** **NOTE: Reminder to please bring indoor shoes/socks.**	**Scan the QR Code to see our monthly calendar on your device**			

FREE PROGRAMS for 0-6 years of age

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Please see page 5 for the registration links

Flemingdon Park - 150 Grenoble Drive, Toronto, M3C 1E3
November 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	**3**	**4**	**5**	**6**	**7**
Family Time 9:00-11:30am **Family Time** 1:30-3:30pm **WoodGreen Community Services** 9:30-11:30am	**See pg. 6 for details** **Let's Get Outdoors** 9:30-11:30am **Open Door** 1:30-4:00pm	**Family Time** 9:00-11:30am **Family Time** 1:30-3:30pm	**Zumbini** 9:00-11:30am *(registration required; see pg. 5 for details)* **Family Time** 1:30-4:00pm	**Family Time** 9:00-12:00pm **Diwali Celebration (see pg. 5 for details)**	***Centre closed*** **See Parkway Forest Indoor Schedule pg. 2**
9	**10**	**11**	**12**	**13**	**14**
No programs **Staff Professional Development**	**See pg. 6 for details** **Let's Get Outdoors** 9:30-11:30am **Open Door** 1:30-4:00pm	**Family Time** 9:00-11:30am **Family Time** 1:30-3:30pm **Toronto Public Health Nurse** 10:00-11:00am	**Zumbini** 9:00-11:30am *(registration required; see pg. 5 for details)* **Family Time** 1:30-4:00pm	**Family Time** 9:00-12:00pm	***Centre closed*** **See Parkway Forest Indoor Schedule pg. 2**
16	**17**	**18**	**19**	**20**	**21**
Family Time 9:00-11:30am **Family Time** 1:30-3:30pm	**See pg. 6 for details** **Let's Get Outdoors** 9:30-11:30am **Open Door** 1:30-4:00pm	**Family Time** 9:00-11:30am **Family Time** 1:30-3:30pm	**Zumbini** 9:00-11:30am *(registration required; see pg. 5 for details)* **Family Time** 1:30-4:00pm	**Toilet Training** 9:00-11:30am *(registration required; see pg. 5 for details)*	***Centre closed*** **See Parkway Forest Indoor Schedule pg. 2**
23	**24**	**25**	**26**	**27**	**28**
Family Time 9:00-11:30am **Family Time** 1:30-3:30pm	**See pg. 6 for details** **Let's Get Outdoors** 9:30-11:30am **Open Door** 1:30-4:00pm	**Family Time** 9:00-11:30am **Family Time** 1:30-3:30pm	**Zumbini** 9:00-11:30am *(registration required; see pg. 5 for details)* **Family Time** 1:30-4:00pm	**Family Time** 9:00-12:00pm	***Centre closed*** **See Parkway Forest Indoor Schedule pg. 2**
30					
Family Time 9:00-11:30am **Family Time** 1:30-3:30pm	**NOTE: Schedules are subject to change** **NOTE: Reminder to please bring indoor shoes/socks.**	**Scan the QR Code to see our monthly calendar on your device**			

For questions, contact us **(416) 496-2601 or** email us at DonValleyEastEarlyON@familydaycare.com

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Please see page 5 for the registration links

PARTNERSHIP PROGRAMS

Better Beginnings Now with Lumenus Infants—Strong Start Early Parenting Programs (birth to 12 mos ONLY) Drop-in
Schedule: Parkway Forest—Tuesdays, Nov 03-24, 9:30am-11:30am
For more information, call 647-529-4511 or email asasani@lumenus.ca

Universal Newborn Hearing Screening with Surrey Place (by appt. only through Surrey Place)
Schedule: Thursdays, Nov 05-26, 9:00am-3:00pm
To make an appointment for your newborn, please call **1(833) 575-5437**
Or click the link: **https://www.surreyplace.ca/hearingscreening/**

Diwali Celebration!
Come join us for this parent-child interactive fun-filled program of singing, dancing and celebration for the festival of lights! Children and adults are welcome to dress up in cultural clothing for this family celebration. We will continue to have open play and end off with a festive circle time.
Schedule: Friday, Nov 06 - ***The event will follow the regular programming schedule for *Family Time* and/or *Open Door****

Parkway Forest EarlyON 20th Year Celebration
Join us as we celebrate 20 years of supporting children and families in our community! Families are warmly invited to bring a favourite **nut-free dish** to share as we come together for a community potluck. Let's celebrate this special milestone and look forward to many more years of supporting children and families together!

Schedule: Parkway Forest—Friday, Nov 27 - ***The event will follow the regular programming schedule for *Family Time* and/or *Open Door****

PRE-REGISTRATION INDOOR PROGRAMS

Baby Food Bites (for families with children from birth to 12 months ONLY)
This four-week parent-child interactive program offers fun hands-on opportunities where families come together to prepare healthy baby food. Families learn simple, nutritious recipes while connecting with others in a welcoming space. All food items and materials will be provided.

Schedule: Ernest Public School—Tuesdays, Nov 03-24, 1:30-4:00pm
Register: **https://eps-baby-food-bites-nov-2026.eventbrite.ca**

Fun With Toddlers (for families with children from 18months to 2 1/2 years of age ONLY)
This 4-week parent-child interactive program will focus on sensory, cooking, music, and gross motor play. All designed for your toddler's development!

Schedule: Ernest Public School—Thursdays, November 05-26, 9:00-11:30am
Register: **https://eps-fun-with-toddlers-nov-2026.eventbrite.ca**

Zumbini (for families with children from birth to 6 years of age ONLY)
Zumbini is an active, music and movement class for children and adults. It promotes parent-child bonding while supporting your child's development—motor skills, language, social-emotional growth, and more. As your child experiences the joy of rhythm and movement, you'll also get a fun, energizing workout. It's a great chance to connect with other families in a positive and playful environment!

Schedule: Flemingdon Park—Thursdays, November 05-26, 9:00-11:30am
Register: **https://fp-zumbini-nov-2026.eventbrite.ca**

Toilet Training (for parents/caregivers)
Join us for a one day toilet training workshop with our Family Support Worker. Families will have the opportunity to learn some tips about toilet training and ask questions to help support this transition. Child minding is provided for children who are over two years old.

Schedule: Flemingdon Park—Friday, November 20 ONLY, 9:00-12:00pm
Register: **https://fp-toilet-training-nov-2026.eventbrite.ca**

If you have any questions, please call us from **Monday to Friday** between **8:30am and 4:30pm at**
(416) 496-2601
You can also email us at DonValleyEastEarlyON@familydaycare.com

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DROP-IN INDOOR PARENT-CHILD PROGRAMS

Family Time (for families with children from birth to 6 years of age ONLY)

Join us for an opportunity where families can meet others and play interactively together in an enriched early learning environment. Also provided is circle time that includes songs, rhymes, finger plays, movement, and stories.

Schedule: *Please see calendar pages 2-4 for the scheduled days and times.*

Open Door (for families with children from birth to 6 years of age ONLY)
Families are welcome to join the centre to help strengthen relationships with their children as well as forming new connections with others in an enriched early learning environment. It is also a great opportunity to speak with our staff as they are available to provide you with supports, referrals, and resources.

Schedule: *Please see calendar pages 2-4 for the scheduled days and times.*

Baby Time (for families with children from birth-18 months ONLY)
This program focuses on infant development through play by transforming the centre to meet the developmental needs of infants. The age specific activities provided will include sensory, language and motor development with an interactive circle at the end of program. Throughout the program, parents and caregivers will be provided with information on infant development and care.
Schedule: Parkway Forest—Tuesdays, November 03-24, 1:00-3:30pm (See page 2 for details)

OUTDOOR PARENT-CHILD PROGRAMS

Let's Get Outdoors! - For families with children from birth to 6 years of age

Join us for some fun in the park! Come and explore the outdoors with our educators and other families. The program will include active movement, circle time, creative activities, and lots of fun outside. This program will be offered at three different parks (see list below).

> **Parkway Forest Park** - 80 Parkway Forest Dr, North York, ON M2J 1P2
Meeting Place: In the field park across from 25 Parkay Forest Dr
Schedule: Thursdays, November 05-26, 9:30-11:30am

> **Old Sheppard Park -** 101 Old Sheppard Ave, North York, ON M2J 3L5 (Brian Avenue/Old Sheppard Avenue)
Meeting Place: North west corner of the park in the treed area
Schedule: Wednesdays, November 04-25, 1:30-3:30pm

> **Flemingdon Park** - 150 Grenoble Dr, North York, ON M3C 1B9
Meeting Place: In the playground, beside the Flemingdon Park Community Centre
Schedule: Tuesdays, November 03-24, 9:30-11:30am

OUTDOOR Program —TIPS FOR FAMILIES

Natural Vitamin D 20 minutes of sunlight beats supplements for vital Vitamin D, your secret weapon against viruses!	**Program Time** Please know you are not obligated to stay for the entire duration of the program, stay as long as you like!
Fresh Air Fresh air is your ally in the fight against indoor bacteria buildup. Step outside and breathe in the crisp, clean air for a refreshing boost!	**Mental Health** Every season brings its own challenges, but embracing the outdoors is the key to boosting children's mental well-being—rain, snow, or shine!
Sleep The secret to healthy sleeping patterns all year round? Spending time outdoors! Embrace the great outdoors for better sleep!	**Stress** Find Relief in Nature: Spending time outdoors has shown to reduce anxiety in both children and adults.

If you have any questions, please call us from **Monday to Friday** between **8:30am and 4:30pm at**
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