

Family Day Mississauga EarlyON Child and Family Centre

June 2025 Calendar

Indoor Program Locations:

**Elm Drive Public School
St. Bernadette Elementary School
Nahani Way Public School**

Outdoor Program Locations:

Dr. Martin L. Dobkin Community Park

Programs and Services:

- **Children's Services Portal:**

This Region of Peel database is used for signing into EarlyON programs. Features allow families to view programs directly from the portal, pre-register and sign themselves into programs. To set up an account, please visit the [Children's Services Portal](#).

- **Indoor and Outdoor Programs:**

- * Indoor programs are first-come, first-serve at the door. The outdoor program, **Exploring the Outdoors** (at Dr. Dobkin Park), is a pre-registered program.
- * We will offer pre-registered Family Yoga classes at **Elm Drive** and **St. Bernadette** this month. Please see page 6 for times, dates and [program descriptions](#).
- * On Saturdays at **Elm Drive**, we will offer a Family Time program in the morning and a **Playtime with Dad** program in the afternoon. **Playtime with Dad** is for male parents/caregivers to bring the children – so mom, grandmas, aunts or other female caregivers: please take advantage of this program to enjoy some time for yourself!
- * We have three age specific programs: **Preschool Time** is for children aged 3 to 6 years. **Exploring the Outdoors** is for children aged 2 to 6 years and requires pre-registration. **Baby Playtime** is for children birth to 12 months. **If you have children whose ages do not fit within these age-specific programs, please attend the birth to 6 years programs offered throughout the rest of the week.** See pages 5 and 6 for [program descriptions](#), ages and capacities.
- * The pre-registered program, **Getting Ready for 'K'** – for children starting Kindergarten September 2025 – is full.

- **Storypark:**

Storypark is a secure, private online community space for our EarlyON families. For more information on Storypark please go to www.storypark.com. EarlyON Educators post announcements, videos and resources every week including songs, stories, home-based learning activities and parenting resources. Families have access to these resources anytime of the day. Families also have an opportunity to share their own ideas and comment. If you are interested in joining other FD Mississauga EarlyON families on this community platform, please click this link: [FD Miss EarlyON - Request to Join Storypark](#).

- **EarlyON Resource Consultant:**

EarlyON Resource Consultants (ERCs) visit EarlyON centres at various times each month, and offer Parent Chats once a month at some locations. You can also book a time to speak privately with one of the ERCs. Please speak with staff for more information.

- **Phone Support Services:**

EarlyON Educators are available to answer your questions about how to access our programs and services, parenting and child development, and local services from Monday to Friday between 8:30 am to 4:30 pm at 905 566-4785. Outside of these times, please leave a message and we will return your call as soon as possible.

Family Day Mississauga EarlyON Program Locations:

Elm Drive Public School – 3492 Kariya Drive – Entrance #3, Room 117 (facing Central Parkway)

Dr. Dobkin Park –

395 Fairview Road West (next to St. Philip Elementary School)
– meet at the park by the EarlyON flag

June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(A): Parent-child programs for all ages (birth to 6 yrs) (I): Parent-child programs for infants (birth to 12 mths) (P): Parent-child programs for preschoolers (3 to 6 yrs) (P/C): Programs for parents and caregivers			Indoor programs are first-come, first serve. Exploring the Outdoors, Food For Thought, Getting Ready For 'K', Family Yoga and the Dad's Workshop are pre-registered programs. Please see Program Descriptions pages for more information.			
1	2	3	4	5	6	7
Music & Movement (Indoor) 9:15 to 11:15 am (A) Baby Playtime 1 to 3 pm (I) Open Door (small group) 1 to 2:30 pm (A) Pre-Registered - Getting Ready For 'K' (May-Jun) (wk 4 of 4) 4 to 5:30 pm (P)		Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A) Family Time 5:30 to 7:30 pm (A)	Family Time 9:15 to 11:45 am (A) Pre-Registered - Exploring the Outdoors (Dr. Dobkin Park) 1 to 2:30 pm (P) Open Door 1 to 3 pm (A)	Family Time 9:15 to 11:45 am (A) Preschool Time 1 to 3 pm (P) Open Door (small group) 1 to 2:30 pm (A)	Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A)	Family Time 9:15 to 11:15 pm (A) Playtime with Dad (for male parents/caregivers) 1 to 3 pm (A)
8	9	10	11	12	13	14
Pre-Registered - Family Yoga 9:15 to 10:15 am (A) Open Door (small group) 9:15 to 11:15 am (A) Baby Playtime 1 to 3 pm (I) Open Door (small group) 1 to 2:30 pm (A)		Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A) Family Time 5:30 to 7:30 pm (A)	Family Time 9:15 to 11:45 am (A) Pre-Registered - Exploring the Outdoors (Dr. Dobkin Park) 1 to 2:30 pm (P) Open Door 1 to 3 pm (A)	Family Time 9:15 to 11:45 am (A) Preschool Time 1 to 3 pm (P) Open Door (small group) 1 to 2:30 pm (A)	Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A)	Family Time 9:15 to 11:15 pm (A) Playtime with Dad (for male parents/caregivers) 1 to 3 pm (A)
15	16	17	18	19	20	21
Pre-Registered - Family Yoga 9:15 to 10:15 am (A) Open Door (small group) 9:15 to 11:15 am (A) Baby Playtime 1 to 3 pm (I) Open Door (small group) 1 to 2:30 pm (A)		Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A) Storytime with Miss. Library 2:30 pm Family Time 5:30 to 7:30 pm (A)	Family Time 9:15 to 11:45 am (A) Pre-Registered - Exploring the Outdoors (Dr. Dobkin Park) 1 to 2:30 pm (P) Pre-Registered - FFT: Food Safety 101 1:30 to 2:30 pm (P/C) Open Door 1 to 3 pm (A)	Family Time 9:15 to 11:45 am (A) Preschool Time 1 to 3 pm (P) Open Door (small group) 1 to 2:30 pm (A)	Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A)	Family Time 9:15 to 11:15 pm (A) Playtime with Dad (for male parents/caregivers) 1 to 3 pm (A) Pre-Registered - Dad's Workshop - Physical Activity & Eating Healthy 1:30 to 2:30 pm (A)
22	23	24	25	26	27	28
Pre-Registered - Family Yoga 9:15 to 10:15 am (A) Open Door (small group) 9:15 to 11:15 am (A) Baby Playtime 1 to 3 pm (I) Open Door (small group) 1 to 2:30 pm (A)		Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A) Family Time 5:30 to 7:30 pm (A)	Family Time 9:15 to 11:45 am (A) Pre-Registered - Exploring the Outdoors (Dr. Dobkin Park) 1 to 2:30 pm (P) Open Door 1 to 3 pm (A)	Family Time 9:15 to 11:45 am (A) Preschool Time 1 to 3 pm (P) Open Door (small group) 1 to 2:30 pm (A)	Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A)	Family Time 9:15 to 11:15 pm (A) Playtime with Dad (for male parents/caregivers) 1 to 3 pm (A)
29	30	<div> Please see Program Descriptions on pages 5 and 6 for program details, ages and capacities. </div>				

Family Day Mississauga EarlyON Program Locations:

St. Bernadette Elementary School – 1060 White Clover Way (at the front of the school)

June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>(A): Parent-child programs for all ages (birth to 6 years) (I): Parent-child programs for infants (birth to 12 mths) (P): Parent-child programs for preschoolers (3 to 6 years) (P/C): Programs for parents and caregivers</p> <p style="text-align: right;">Indoor programs are first-come, first serve. Family Yoga are pre-registered programs. Please see Program Descriptions pages for more information.</p>						
1	2	3 Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	4 Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	5 Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	6 Pre-Registered Family Yoga 9 to 10 am (A) Open Door 10 to 11:15 am (A) Family Time 1 to 3 pm (A)	7
8	9	10 Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	11 Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A) Parent Chat: Emotional Regulation 1:30 to 3 pm (P/C)	12 Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	13 Pre-Registered Family Yoga 9 to 10 am (A) Open Door 10 to 11:15 am (A) Family Time 1 to 3 pm (A)	14
15	16	17 Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	18 Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	19 Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	20 Pre-Registered Family Yoga 9 to 10 am (A) Open Door 10 to 11:15 am (A) Family Time 1 to 3 pm (A)	21
22	23	24 Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	25 Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	26 Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	27 Pre-Registered Family Yoga 9 to 10 am (A) Open Door 10 to 11:15 am (A) Family Time 1 to 3 pm (A)	28
29	30	<div> Please see Program Descriptions on pages 5 and 6 for program details, ages and capacities. </div>				

Family Day Mississauga EarlyON Program Locations:

Nahani Way Public School – 235 Nahani Way, Door G (entrance #17) – on the right side of the school, towards the back, parking on the left

June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>(A): Parent-child programs for all ages (birth to 6 years) (I): Parent-child programs for infants (birth to 12 mths) (P): Parent-child programs for preschoolers (3 to 6 years) (P/C): Programs for parents and caregivers</p> <p style="text-align: center;">Indoor programs are first-come, first serve.</p>						
1	2	3 Family Time 9:30 to 11:30 am (A)	4 Family Time 9:30 to 11:30 am (A)	5 Family Time 9:30 to 11:30 am (A)	6 Family Time 9:30 to 11:30 am (A)	7
8	9	10 Family Time 9:30 to 11:30 am (A)	11 Family Time 9:30 to 11:30 am (A)	12 Family Time 9:30 to 11:30 am (A)	13 Family Time 9:30 to 11:30 am (A)	14
15	16	17 Family Time 9:30 to 11:30 am (A)	18 Family Time 9:30 to 11:30 am (A)	19 Family Time 9:30 to 11:30 am (A) Parent Chat: Screen Time 9:30 to 11:30 am (P/C)	20 Family Time 9:30 to 11:30 am (A)	21
22	23	24 Family Time 9:30 to 11:30 am (A)	25 Family Time 9:30 to 11:30 am (A)	26 Family Time 9:30 to 11:30 am (A)	27 Family Time 9:30 to 11:30 am (A)	28
29	30	<div> Please see Program Descriptions on pages 5 and 6 for program details, ages and capacities. </div>				



Family Day Mississauga EarlyON Program Locations:

Elm Drive Public School – 3492 Kariya Drive - Entrance #3, Room 117 (facing Central Parkway)

St. Bernadette Elementary – 1060 White Clover Way (at the front of the school)

Nahani Way Public School – 235 Nahani Way, Door G (entrance #17) – on the right side of the school, towards the back, parking on the left

Dr. Dobkin Park – 395 Fairview Road West (next to St. Philip Elementary School) – meet at the park by the EarlyON flag

Program Descriptions – June 2025 (page 1 of 3)

(programs and times are subject to change)

Indoor Programs - Programs are first-come, first serve at the door

Ages Birth to 6 Years

Family Time - This program offers an opportunity for parents, caregivers and their children to meet others and play interactively in an early learning environment. The program will include creative, stories, rhymes, music, language and math. Programs are between 2 hours to 2.5 hours long.

Each program is limited to: **Elm Drive** – Tuesday to Friday daytime: 60 participants (includes adults and children)

St. Bernadette – 25 participants / **Nahani Way** – 18 participants (includes adults and children)

Tuesday evenings: 50 participants (includes adults and children)

Saturday mornings: 50 participants (includes adults and children)

Music & Movement (Indoor) Music and movement are important elements of a child's development. These activities build young minds and bodies. Join us for movement activities, songs and stories. (This program is best suited for children who are mobile.) Programs are 2 hours long.

Each program is limited to: **Elm Drive** – 60 participants / **St. Bernadette** – 25 participants (includes adults and children)

Open Door - This is an opportunity to explore the early learning play areas within the centre. The staff are available to answer questions, provide resources and make referrals for families.

Programs are between 1.5 to 2.5 hours long.

Each program is limited to:

Elm Drive – Wednesday afternoons: 60 participants (includes adults and children)

Monday mornings & afternoons and Thursday afternoons: 15 participants (includes adults and children)

St. Bernadette – 25 participants (includes adults and children)

Playtime with Dad - This program is an opportunity for **dads, grandpas, uncles and other male caregivers** to interact with their children and meet others in an early learning environment. The program will include: creative, sensory, stories, rhymes, music, language, math and physical activities. **(Moms, grandmas, aunts and other female caregivers – this is a great opportunity for you to enjoy some time for yourself!)**

Programs are 2 hours long.

Each program is limited to: **Elm Drive** – 50 participants (includes adults and children)

Age Specific

Baby Playtime (Age birth to 12 months) - This program will focus on babies and their early development. It will provide families and caregivers with learning opportunities for infant development through social and interactive play. Bonding and attachment is fostered through interaction with play based activities and interactive musical circle times. Programs are 2 hours long.

This program is limited to: **Elm Drive** – 45 participants (includes adults and children)

Preschool Time (Age 3 to 6 years) - This program will build your child's learning through social and interactive play. Your child will have the opportunity to explore a variety of learning materials. This program will include language, math, discovery, physical and social experiences. Each program will include a parent discussion.

Programs are 2 hours long.

This program is limited to: **Elm Drive** – 40 participants (includes adults and children)

Getting Ready for 'K' (May-Jun) (for children starting Kindergarten September 2025) **Pre-Registered Program** - This 4-week program is **full**.

Outdoor, Other & Parenting Programs on next page →

Program Descriptions – June 2025 (page 2 of 3)

(programs and times are subject to change)

Outdoor Programs

Age Specific

Exploring the Outdoors (Ages 2 to 6 Years) Pre-Registered Program – This program is offered at **Dr. Dobkin Park**. In this program, you will have a chance to connect your child with nature and embrace outdoor play, any time of the year. It is a great opportunity to help them build nature connections through the activities we provide. Programs are 1.5 hours long. **This program is limited to 16 participants (includes adults and children). Families can register for one or more dates. Registration for this program is done through the [Children's Services Portal](#). Please register no later than 3 pm the day before each program you would like to attend.**
Please dress appropriately for the day's weather – rain, snow or shine. The program will be cancelled if there is a thunderstorm or an extreme heat or cold warning.
 Staff will wait up to 10 minutes after the start of the program and then begin their journey into nature. Please be on time.

Other Programs

Family Yoga with LaLa Wellness (Age birth to 6 years) Pre-Registered Program – These programs are facilitated by Lisa Alexandra, founder of LaLa Wellness. Yoga is a wonderful way for you and your child to explore, discover and develop as a compassionate, confident lifelong learner and problem solver. Body, breath and self-awareness are all key elements of wellness that your child will develop within this program, and have with them for life! During these classes, you'll: Learn ways to regulate through breath; Express energy as they move through stories; Enjoy calm through mindful relaxation time; Gain confidence, coordination & strength; and develop a love for creativity and movement!
 Each workshop is 1 hour long. **Dates/Times:**
Elm Drive: Mondays – June 9, 16, 23 and 30, 2025 – 9:15 to 10:15 am
St. Bernadette: Fridays – June 6, 13, 20 and 27, 2025 – 9 to 10 am
This program is limited to 30 participants at Elm Drive and 20 participants at St. Bernadette (includes adults and children). Families can register for one or more dates. Registration for this program is done through the [Children's Services Portal](#).
Storytime with Mississauga Library – Once a month, a librarian will join us at Elm Drive, read a story and sing songs and rhymes with the group. Families will have an opportunity to ask questions about the library and its programs. No pre-registration required.

Parenting

In-person - Food for Thought Workshop Pre-Registered Program – Join Monica, a Registered Dietitian, for some great nutrition workshops about our relationship with food. Some workshops will include a live food demonstration. Programs are for parents/caregivers with children birth to 6 years, unless otherwise stated. One topic will be offered in person at **Elm Drive**. **This session is limited to 10 parents/caregivers. Registration for this program is done through the [Children's Services Portal](#). Please register no later than 3 pm the day before the program.**
 Wed. June 18 – 1:30 to 2:30 pm – **Food Safety 101** - Food safety is a big concern in the kitchen. In this workshop you will learn the proper ways to store, handle, and cook food. Knowing time and temperature controls, personal hygiene, and how to avoid cross contamination can reduce the risk of food borne illnesses in your household.
In-person - Dad's Workshop – Physical Activity and Eating Healthy – Pre-Registered Program – Ryan, a professor of Early Childhood Education at Conestoga College, facilitates this workshop. Learn how to play in a physically appropriate way with your children and encourage healthy eating habits. This workshop is for dads with children birth to 6 years. This workshop will be offered in person at **Elm Drive** and is 1 hour long.
Date/Time: Sat. Jun. 14 – 1:30 to 2:30 pm
The workshop is limited to 10 dads/male caregivers. Registration for this program is done through the [Children's Services Portal](#). Please register no later than 3 pm the day before the program.

Community Partners on next page →

Program Descriptions – June 2025 (page 3 of 3)

(programs and times are subject to change)

Community Partners

EarlyON Resource Consultant – Do you have questions about your child's development? You can connect with Lacey Archer, or Aimee Canizares, our EarlyON Resource Consultants when they visit our locations at various times during the month. No pre-registration required.

Elm Drive

June 6 – 9:45 to 11:45 am (Aimee)
 June 5 – 9:30 to 11:45 am (Lacey)
 June 14 – 9:15 to 10:45 am (Aimee)
 June 17 – 5:30 to 7:30 pm (Lacey)
 June 20 – 1:30 to 3 pm (Aimee)
 June 26 – 1 to 3 pm (Lacey)

St. Bernadette

June 11 – 1:30 to 3 pm (Aimee)
 June 25 – 9:15 to 11 am (Aimee)

Nahani Way

June 19 – 9:30 to 11:30 am (Aimee)

If you would like to speak to Lacey or Aimee privately for a consultation, please speak with staff.

You can also join one of the EarlyON Resource Consultants, and one of our FD Mississauga EarlyON Educators to discuss various topics related to child development. Programs are for parents/caregivers with children birth to 6 years, unless otherwise stated. No pre-registration required.

In-Person at St. Bernadette: Wed. Jun. 11 – 1:30 to 3 pm – **Emotional Regulation/Self-Regulation** - Emotional regulation is the ability to understand and manage your behaviour and your reactions to feelings and things happening around you. Emotional regulation is an important skill for children to develop to be able to cope with many aspects of their life.

In-Person at Nahani Way: Thu. Jun. 19 – 9:30 to 11:30 am – **Screen Time** - Join us for a discussion about recommended screen time by age and stage of development, how to manage screen time and set limits, how to choose appropriate content and to ways to support successful screen time.

The Indigenous Network (TIN) – an Indigenous Child & Family Outreach worker visits our locations at various times during the month to join us for circle time. During the circle, culturally specific experiences are delivered to families to build awareness of Indigenous culture, which may include drumming, story telling and smudging. No pre-registration required.

Elm Drive

Visits to be advised.

St. Bernadette

Visits to be advised.

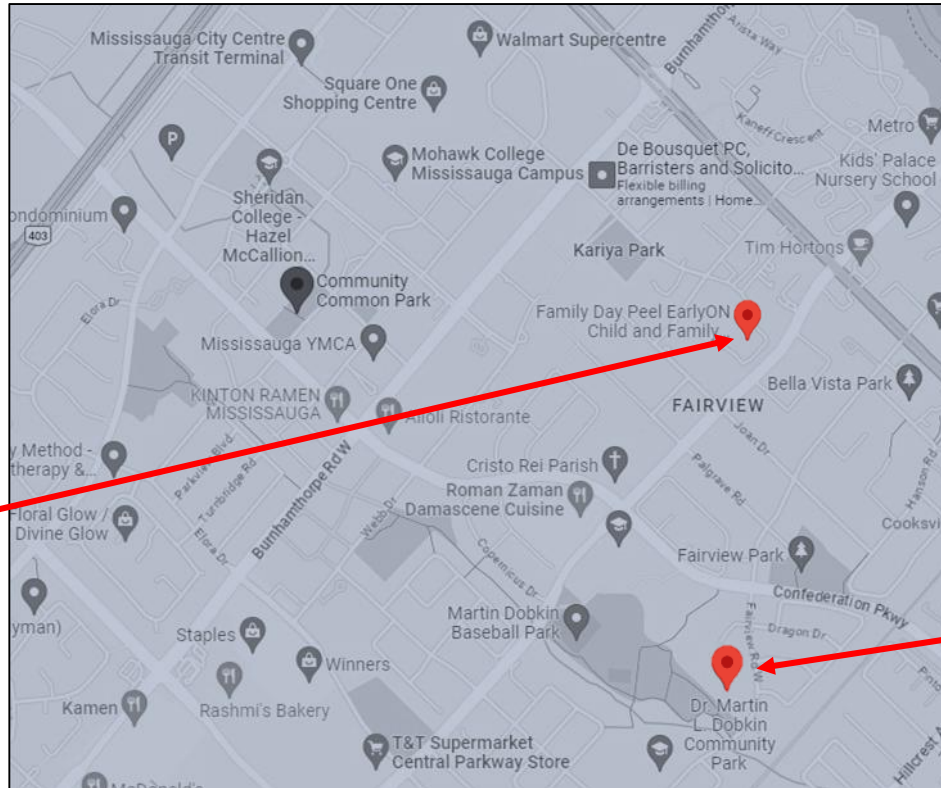
Nahani Way

Visits to be advised.

You can find more virtual, indoor and outdoor programs in Peel at <http://infopeel.ca/>.
 Click on EarlyON Programs for more information on current programs.

Family Day Mississauga EarlyON Locations

MiWay (Mississauga Transit) information: (for route schedule, please call 905 615-4636 or visit <https://www.mississauga.ca/miway-transit/>)



Elm Drive Public School
3492 Kariya Drive,
Entrance #3
(facing Central Parkway)

Dr. Dobkin Park
395 Fairview Road West
(Next to St. Philip Elementary School)

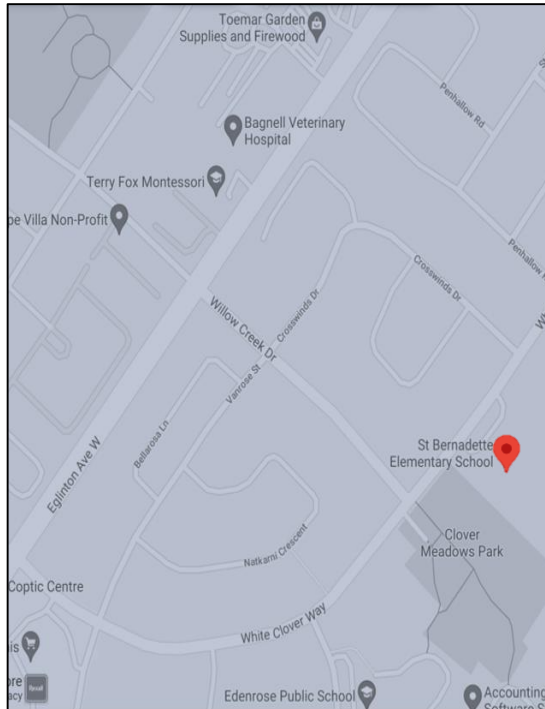
- **Bus stops on Kariya Drive or Elm Drive, walk 2 minutes to the school:**
#3 Bloor (Travel east from Square One or west from Islington Subways Station)
- **Bus stops on Hurontario Street, walk 8 minutes west on Elm Drive West to school:**
#2 – Hurontario (Travel south from Square One or travel north from Port Credit Go Station)
- **Bus stops on Burnhamthorpe, in front of Sussex Centre, walk 8 minutes south on Kariya:**
#26 Burnhamthorpe
(Travel west from Islington Subway Station or travel east from South Common Mall / Square One)

- **Bus stops on Fairview, near park or across street from park, walk 1 min to park: #28**
Confederation
(Travel south from Square One or travel north from Trillium Hospital/ Cooksville GO)

Family Day Mississauga EarlyON Locations

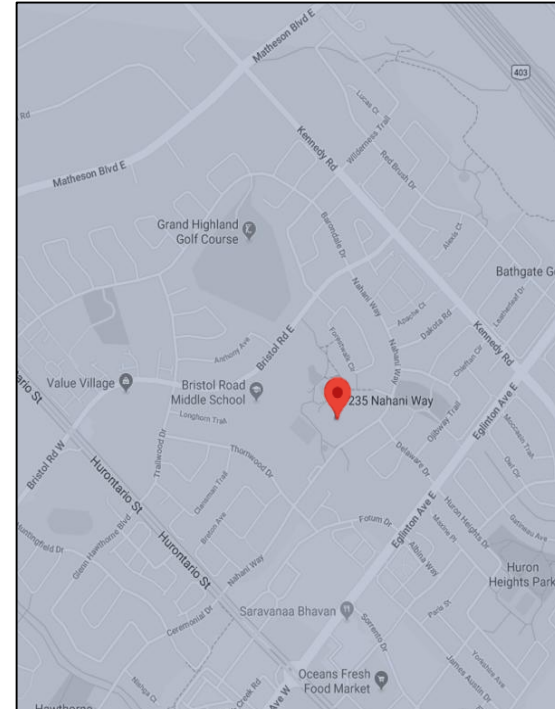
MiWay (Mississauga Transit) information: (for route schedule, please call 905 615-4636 or visit <https://www.mississauga.ca/miway-transit/>)

St. Bernadette Elementary School 1060 White Clover Way



- **Bus stops on Eglinton, walk 10 minutes - south on Willowcreek/east on White Clover Way to park: #34 Credit Valley/ #35 Eglinton-Ninth Line/ #35A Eglinton-Tenth Line**
(Travel west from Islington Subway / Square One or travel east from Erin Mills Town Centre)
- **Bus stops on Mavis, walk 13 minutes west on White Clover Way to the park: #61 Mavis / 61A Mavis-Sheridan**
(Travel north from Square One or travel south from Financial Drive / Sheridan College)

Nahani Way Public School 235 Nahani Way, Door G (Entrance #17)



- **Bus stops on Eglinton Avenue at Huron Heights Drive, walk 9 mins to school: #7 Airport**
(Travel north from Square One or travel south from Westwood Square)
- **Bus stops on Kennedy Road at Indian Summer Trail (near Dakota Street), walk 12 mins to school: #53 Kennedy**
(Travel north from Hurontario at Central Parkway or travel south from Hwy 407/Hurontario GO Park & Ride)
- **Bus stops on Hurontario Street, walk 13 mins East on Nahani Way to school: #17 – Hurontario**
(Travel south from Brampton or travel north from Square One)