

Family Day Mississauga EarlyON Child and Family Centre November 2025 Calendar

Indoor Program Locations:
Elm Drive Public School
St. Bernadette Elementary School
Nahani Way Public School

Outdoor Program Locations:

Dr. Martin L. Dobkin Community Park

Programs and Services:

• Children's Services Portal:

This Region of Peel database is used for signing into EarlyON programs. Features allow families to view programs directly from the portal, pre-register and sign themselves into programs. To set up an account, please visit the Children's Services Portal.

• Indoor and Outdoor Programs:

- * Indoor programs are first-come, first-serve at the door. The outdoor program, **Exploring the Outdoors** (at Dr. Dobkin Park) is a pre-registered program.
- * On Saturdays at Elm Drive, we offer a Family Time program in the morning and a Playtime with Dad program in the afternoon. Playtime with Dad is for male parents/caregivers to bring the children to play so mom, grandmas, aunts or other female caregivers: please take advantage of this program to enjoy some time for yourself!
- * We have three age specific programs: Preschool Time is for children aged 3 to 6 years. Exploring the Outdoors is for children aged 2 to 6 years and requires pre-registration. Baby Playtime is for children birth to 12 months. If you have children whose ages do not fit within these age-specific programs, please attend the birth to 6 years programs offered throughout the rest of the week. See pages 5 and 6 for program descriptions, ages and capacities.

• Storypark:

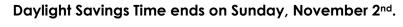
Storypark is a secure, private online community space for our EarlyON families. For more information on Storypark please go to www.storypark.com. EarlyON Educators post announcements, videos and resources every week including songs, stories, home-based learning activities and parenting resources. Families have access to these resources anytime of the day. Families also have an opportunity to share their own ideas and comment. If you are interested in joining other FD Mississauga EarlyON families on this community platform, please click this link: FD Miss EarlyON - Request to Join Storypark.

• EarlyON Resource Consultant:

EarlyON Resource Consultants (ERCs) visit EarlyON centres at various times each month, and offer Parent Chats once a month at some locations. You can also book a time to speak privately with one of the ERCs. Please speak with staff for more information.

• Phone Support Services:

EarlyON Educators are available to answer your questions about how to access our programs and services, parenting and child development, and local services from Monday to Friday between 8:30 am to 4:30 pm at 905 566-4785. Outside of these times, please leave a message and we will return your call as soon as possible.





Remember to set your clocks 1 hour back before you go to bed on Saturday night.

It is also a good time to test and replace the batteries in your smoke alarms and carbon monoxide detectors.







Family Day Mississauga EarlyON Program Locations:

Elm Drive Public School – 3492 Kariya Drive – Entrance #3 (door faces Central Parkway)

Dr. Dobkin Park – 395 Fairview Road West (next to St. Philip Elementary School)

– meet at the park by the EarlyON flag

November 2025

			NOVEITIBEI Z	<u> </u>		
Sunda	ay Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(1): Pare (P): Pare	ent-child programs for a ent-child programs for ir ent-child programs for p ograms for parents and	nfants (birth to 12 mths reschoolers (3 to 6 yrs)	Exploring the	Indoor programs are t Outdoors and Food For I see Program Description	hought are pre-registe	
	ease see <u>Program De</u> ages 5 and 6 for prog ages and capa	gram details,				Family Time 9:15 to 11:15 pm (A) Playtime with Dad (for male parents/caregivers) 1 to 3 pm (A)
2	Music & Movement (Indoor) 9:15 to 11:15 am (A) Baby Playtime 1 to 3 pm (1) Open Door (small group) 1 to 2:30 pm (A)	Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A) Family Time 5:30 to 7:30 pm (A)	Family Time 9:15 to 11:45 am (A) Pre-Registered - Exploring the Outdoors (Dr. Dobkin Park) 1 to 2:30 pm (P) Open Door 1 to 3 pm (A)	Family Time 9:15 to 11:45 am (A) Preschool Time 1 to 3 pm (P) Open Door (small group) 1 to 2:30 pm (A)	7 Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A)	Family Time 9:15 to 11:15 pm (A) Playtime with Dad (for male parents/caregivers) 1 to 3 pm (A)
9	Music & Movement (Indoor) 9:15 to 11:15 am (A) Baby Playtime 1 to 3 pm (1) Open Door (small group) 1 to 2:30 pm (A)	Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A) Family Time 5:30 to 7:30 pm (A) Remembrance Day	Family Time 12 9:15 to 11:45 am (A) NCP Visit 9:30 am Pre-Registered - Exploring the Outdoors (Dr. Dobkin Park) 1 to 2:30 pm (P) Open Door 1 to 3 pm (A)	Family Time 9:15 to 11:45 am (A) Preschool Time 1 to 3 pm (P) Open Door (small group) 1 to 2:30 pm (A)	Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A)	Family Time 9:15 to 11:15 pm (A) Playtime with Dad (for male parents/caregivers) 1 to 3 pm (A)
16	Music & Movement (Indoor) 9:15 to 11:15 am (A) Baby Playtime 1 to 3 pm (1) Open Door (small group) 1 to 2:30 pm (A)	Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A) Storytime with Miss. Library 2:30 pm Family Time 5:30 to 7:30 pm (A)	Family Time 9:15 to 11:45 am (A) Pre-Registered - Exploring the Outdoors (Dr. Dobkin Park) 1 to 2:30 pm (P) Pre-Registered - FFT: Plant Based Foods 1:30 to 2:30 pm (P/C) Open Door 1 to 3 pm (A)	Family Time 9:15 to 11:45 am (A) Preschool Time 1 to 3 pm (P) Open Door (small group) 1 to 2:30 pm (A)	21 Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A)	Family Time 9:15 to 11:15 pm (A) Playtime with Dad (for male parents/caregivers) 1 to 3 pm (A)
23 /30	Music & Movement (Indoor) 9:15 to 11:15 am (A) Baby Playtime 1 to 3 pm (1) Open Door (small group) 1 to 2:30 pm (A)	Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A) Family Time 5:30 to 7:30 pm (A)	Family Time 9:15 to 11:45 am (A) Pre-Registered - Exploring the Outdoors (Dr. Dobkin Park) 1 to 2:30 pm (P) Open Door 1 to 3 pm (A)	Family Time 9:15 to 11:45 am (A) Preschool Time 1 to 3 pm (P) Open Door (small group) 1 to 2:30 pm (A)	Family Time 9:15 to 11:45 am (A) Family Time 1 to 3 pm (A)	Family Time 9:15 to 11:15 pm (A) Playtime with Dad (for male parents/caregivers) 1 to 3 pm (A)





Family Day Mississauga EarlyON Program Locations:

St. Bernadette Elementary School – 1060 White Clover Way (at the front of the school)

November 2025

		<u> </u>	NOVEITIBEI 2023				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Satur	rday
(I): Parent-chil (P): Parent-chil	d programs for all age ld programs for infants d programs for presch s for parents and care	(birth to 12 mths) polers (3 to 6 years)		orograms are first-come, am Descriptions pages fo			
on po	e see <u>Program Descr</u> ages 5 and 6 for pro iils, ages and capac	gram					ı
2 Paul Mark	3	Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A) InfoPeel Visit 1 pm	Music & Movement (Indoor) 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	7	8
9	10	Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A) Remembrance Day	Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	Music & Movement (Indoor) 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	14	1.5
16	17	Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	Music & Movement (Indoor) 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	21	22
23 /30	24	Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	Family Time 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	Family Time 9 to 11:15 am (A) Parent Chat: Parenting Styles 9 to 11:15 am (P/C) Family Time 1 to 3 pm (A)	Music & Movement (Indoor) 9 to 11:15 am (A) Family Time 1 to 3 pm (A)	28	29







Nahani Way Public School – 235 Nahani Way, Door #2 (on the left side of the school, next to the parking lot)

November 2025

			November 202	<i>3</i>		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(I): Parent- (P): Parent-	-child programs for i	all ages (birth to 6 years) infants (birth to 12 mths) ireschoolers (3 to 6 years) d caregivers	Family Y	rograms are first-come, first oga is a pre-registered pro m Descriptions pages for m	gram.	
	Please see <u>Progra</u> on pages 5 and o details, ages and	6 for program				1
2 FALLWARE	3	Family Time 9:30 to 11:30 am (A)	5 Family Time 9:30 to 11:30 am (A)	6 Family Time 9:30 to 11:30 am (A)	7	8
9	10	Family Time 9:30 to 11:30 am (A) Parent Chat: Understanding Children's Sleep 9:30 to 11:30 am (P/C) Remembrance Day	12 Family Time 9:30 to 11:30 am (A)	13 Family Time 9:30 to 11:30 am (A)	14	15
16	17	18 Family Time 9:30 to 11:30 am (A)	19 Family Time 9:30 to 11:30 am (A)	20 Family Time 9:30 to 11:30 am (A)	21	22
23 /30	24	Pamily Time 9:30 to 11:30 am (A) InfoPeel Visit 9:30 am	26 Family Time 9:30 to 11:30 am (A)	27 Family Time 9:30 to 11:30 am (A)	28	29



Family Day Mississauga EarlyON Program Locations:



Elm Drive Public School – 3492 Kariya Drive - Entrance #3, (door faces Central Parkway)

St. Bernadette Elementary – 1060 White Clover Way (at the front of the school)

Nahani Way Public School - 235 Nahani Way, Door #2 (on the left side of the school)

Dr. Dobkin Park - 395 Fairview Road West (next to St. Philip Elementary School) - meet at the park by the EarlyON flag

Program Descriptions – November 2025 (page 1 of 3)

(programs and times are subject to change)

Indoor Programs - Programs are first-come, first serve at the door Ages Birth to 6 Years

Family Time - This program offers an opportunity for parents, caregivers and their children to meet others and play interactively in an early learning environment. The program will include creative, stories, rhymes, music, language and math. Programs are between 2 hours to 2 1/4 hours long.

Each program is limited to: Elm Drive - Tuesday to Friday daytime: 60 participants

Tuesday evenings: 50 participants Saturday mornings: 50 participants

St. Bernadette – 25 participants Nahani Way – 30 participants

Music & Movement (Indoor) - Music and movement are important elements of a child's development. These activities build young minds and bodies. Join us for movement activities, songs and stories. (This program is best suited for children who are mobile.) Programs are 2 hours long.

Each program is limited to: Elm Drive – 60 participants (includes adults and children)

St. Bernadette – 25 participants

Open Door - This is an opportunity to explore the early learning play areas within the centre. The staff are available to answer questions, provide resources and make referrals for families.

Programs are between 1 to 2 hours long.

Each program is limited to: Elm Drive

Wednesday afternoons: 60 participants
 Thursday mornings: 60 participants

Monday and Thursday afternoons: 10 participants

Participants: includes adults and children

Participants: includes

adults and children

Nahani Way – 30 participants

Playtime with Dad - This program is an opportunity for dads, grandpas, uncles and other male caregivers to interact with their children and meet others in an early learning environment. The program will include: creative, sensory, stories, rhymes, music, language, math and physical activities. (Moms, grandmas, aunts and other female caregivers – this is a great opportunity for you to enjoy some time for yourself!)

Programs are 2 hours long.

Each program is limited to: Elm Drive – 50 participants (includes adults and children)

Age Specific

Baby Playtime (Age birth to 12 months) - This program will focus on babies and their early development. It will provide families and caregivers with learning opportunities for infant development through social and interactive play. Bonding and attachment is fostered through interaction with play based activities and interactive musical circle times. Programs are 2 hours long.

This program is limited to: Elm Drive – 40 participants (includes adults and children)

Preschool Time (Age 3 to 6 years) - This program will build your child's learning through social and interactive play. Your child will have the opportunity to explore a variety of learning materials. This program will include language, math, discovery, physical and social experiences. Each program will include a parent discussion.

Programs are 2 hours long.

This program is limited to: Elm Drive – 40 participants (includes adults and children)

Outdoor and Parenting Programs on next page \rightarrow





Family Day Mississauga EarlyON Outdoor and Other Programs

(program location addresses listed on page 5)

Program Descriptions – November 2025 (page 2 of 3)

(programs and times are subject to change)

Outdoor Programs

Age Specific

Exploring the Outdoors (Ages 2 to 6 Years) Pre-Registered Program – This program is offered at **Dr. Dobkin Park**. In this program, you will have a chance to connect your child with nature and embrace outdoor play, any time of the year. It is a great opportunity to help them build nature connections through the activities we provide. Programs are 1.5 hours long.

This program is limited to 16 participants (includes adults and children) – select one ticket per person attending. * Registration for this program is done through Eventbrite – you do <u>not</u> need to create an account with Eventbrite to register. Registration opens at 11 am on the day before each program you would like to attend, and closes at 12 am (midnight).

Please dress appropriately for the day's weather – rain, snow or shine. The program will be cancelled if there is a thunderstorm or an extreme heat or cold warning.

Staff will wait no longer than 10 minutes after the program starts to begin their journey into nature. Please be on time.

	<u>utdoors - Nov 5-</u> <u>entbrite</u>	<u>Exploring the Outdoors - Nov 12-</u> <u>25 - Eventbrite</u>			
•	Registration opens Nov. 4, 2025 at 11 am		Registration opens Nov. 11, 2025 at 11 am		
	<u>Outdoors - Nov</u> Eventbrite	Exploring the Outdoors - Nov 26- 25 - Eventbrite			
	Registration opens Nov. 18, 2025		Registration opens Nov. 25, 2025 at		

Parenting Programs

In-person - Food for Thought Workshop - Pre-Registered Program - Join Monica, a Registered Dietitian, for some great nutrition workshops about our relationship with food. Some workshops will include a live food demonstration. Programs are for parents/caregivers with children birth to 6 years, unless otherwise stated. One topic will be offered in person at Elm Drive. This session is limited to 10 parents/caregivers. Registration for this program is done through the Children's Services Portal. Please register no later than 3 pm the day before the program. Please only register the number of adults attending the workshop - you can still bring your children.

Wednesday, November 19 – 1:30 to 2:30 pm – **Plant Based Foods** - Fruits, vegetables, legumes, and grains play an important role in a balanced diet. In this workshop, we will discuss the benefits of incorporating more plant-based foods into our diets, as recommended by Canada's Food Guide. Key topics include plant-based proteins, risk of deficiencies (vitamin B12 and iron), plant-based meat substitutes and meal planning.

Community Partners on next page →





Family Day Mississauga EarlyON Parenting Programs and Community Partners

(program location addresses listed on page 5)

Program Descriptions – November 2025 (page 3 of 3)

(programs and times are subject to change)

Community Partners

<u>EarlyON Resource Consultant</u> – Do you have questions about your child's development? You can connect with Lacey Archer, or Aimee Canizares, our EarlyON Resource Consultants when they visit our locations at various times during the month. No registration required.

Elm Drive

St. Bernadette

Nahani Way

November 5 – 1 to 2:45 pm (Lacey) November 10 – 1 to 3 pm (Aimee) November 5 – 1 to 3 pm (Aimee) November 27 – 9 to 11:15 am (Aimee) November 11 – 9:30 to 11:30 am (Aimee) November 26 – 9:30 to 11:30 am (Aimee)

November 11 – 5:30 to 7:30 pm (Lacey)

November 15 – 9:15 to 11:15 am (Aimee) November 15 – 1 to 3 pm (Aimee)

November 21 – 9:15 to 11:45 am (Aimee)

November 25 – 9:30 to 11:30 am (Lacey)

If you would like to speak to Lacey or Aimee privately for a consultation, please speak with staff.

You can also join one of the EarlyON Resource Consultants, and one of our FD Mississauga EarlyON Educators to discuss various topics related to child development. Programs are for parents/caregivers with children birth to 6 years, unless otherwise stated. No registration required.

In-Person at Nahani Way: Wed. Nov. 11 – 9:30 to 11:30 am – **Understanding Children's Sleep** - Healthy sleeping habits are important for many reasons including supporting children's ability to self-regulate. We will discuss and share ideas on establishing a healthy sleep routine and how to handle some of the challenges related to sleep.

In-Person at St. Bernadette: Thu. Nov. 27 – 9 to 11:15 am – **Parenting Styles** – Join our discussion about different parenting styles and how your style impacts on your child in different circumstances. We will also talk about different parenting styles within the same family.

<u>The Indigenous Network (TIN)</u> – an Indigenous Child & Family Outreach worker visits our locations at various times during the month to join us for circle time. During the circle, culturally specific experiences are delivered to families to build awareness of Indigenous culture, which may include drumming, story telling and smudging. No registration required.

Elm Drive

St. Bernadette

Nahani Way

Visits to be advised.

Visits to be advised.

Visits to be advised.

Storytime with Mississauga Library – Once a month, a librarian will join us at Elm Drive, read a story and sing songs and rhymes with the group. Families will have an opportunity to ask questions about the library and its programs. No registration required.

Newcomer Centre of Peel (NCP) – Family Support Workers visit Elm Drive to share resources and information for services and programs offered at NCP. Families will have an opportunity to ask questions. No registration required.

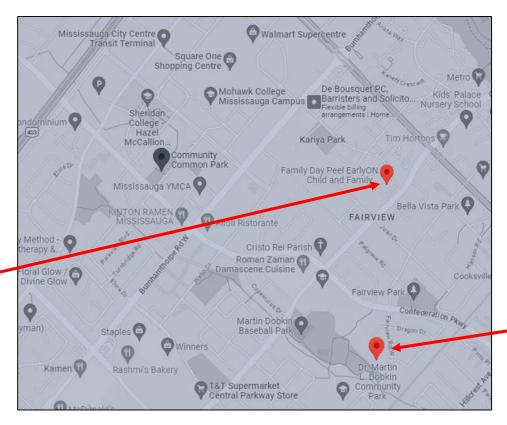
InfoPeel – Staff visit our centres occasionally to share information about a variety of services offered through InfoPeel and Child Development Resource Connection Peel (CDRCP). No registration required.





Family Day Mississauga EarlyON Locations

<u>MiWay (Mississauga Transit) information:</u> (for route schedule, please call 905 615-4636 or visit https://www.mississauga.ca/miway-transit/)



Elm Drive Public School 3492 Kariya Drive, Entrance #3

(facing Central Parkway)

395 Fairview Road West

(Next to St. Philip Elementary School)

Dr. Dobkin Park

- Bus stops on Kariya Drive or Elm Drive, walk 2 minutes to the school:
- **#3** Bloor (Travel east from Square One or west from Islington Subways Station)
- Bus stops on Hurontario Street, walk 8 minutes west on Elm Drive West to school:
- **#2** Hurontario (Travel south from Square One or travel north from Port Credit Go Station)
- Bus stops on Burnhamthorpe, in front of Sussex Centre, walk 8 minutes south on Kariya:
- **#26** Burnhamthorpe (Travel west from Islington Subway Station or travel east from South Common Mall / Square One)

 Bus stops on Fairview, near park or across street from park, walk 1 min to park: #28 Confederation

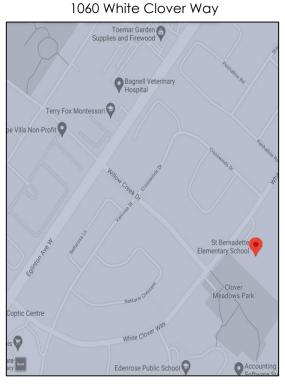
> (Travel south from Square One or travel north from Trillium Hospital/ Cooksville GO)



Family Day Mississauga EarlyON Locations

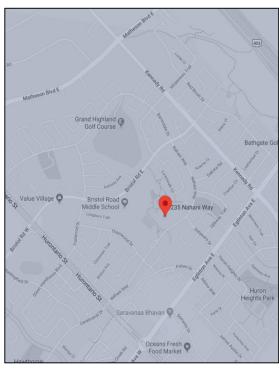
<u>MiWay (Mississauga Transit) information:</u> (for route schedule, please call 905 615-4636 or visit https://www.mississauga.ca/miway-transit/)

St. Bernadette Elementary School



- Bus stops on Eglinton, walk 10 minutes south on Willowcreek/east on White Clover Way to park: #34 Credit Valley/ #35 Eglinton-Ninth Line/ #35A Eglinton-Tenth Line (Travel west from Islington Subway / Square One or travel east from Erin Mills Town Centre)
- Bus stops on Mavis, walk 13 minutes west on White Clover Way to the park: #61 Mavis / 61A Mavis-Sheridan (Travel north from Square One or travel south from Financial Drive / Sheridan College)

Nahani Way Public School 235 Nahani Way, Door #2



 Bus stops on Eglinton Avenue at Huron Heights Drive, walk 9 mins to school: #7 Airport

(Travel north from Square One or travel south from Westwood Square)

 Bus stops on Kennedy Road at Indian Summer Trail (near Dakota Street), walk 12 mins to school:

#53 Kennedy

(Travel north from Hurontario at Central Parkway or travel south from Hwy 407/Hurontario GO Park & Ride)

- Bus stops on Hurontario Street, walk 13 mins East on Nahani Way to school:
- #17 Hurontario

(Travel south from Brampton or travel north from Square One)

