

Important Dates

Saturday June 1st 2019 - Open House 10:00am - 12:00PM

**Join us for Father's Day Celebration on Saturday June 15th during our
Family Time Program 10:00AM - 11:30AM**

Wednesday June 6th 2019 - Centre Closed for Professional Development

Saturday June 29th 2019 - Centre Closed for Canada Day Long Weekend

PROGRAM DESCRIPTIONS:

Programs for all ages (0 - 6 years):

Family Time: An opportunity for parents, caregivers and their children to meet others and play interactively in an early learning environment. The activities provided in this program include arts and crafts, music, sensory, pre-reading and mathematics.

Early Parenting : An opportunity to meet parents and learn about child development, infant nutrition, children overall health and keeping children safe. Child minding available.

Jungle Gym: Enjoy the indoor playground. Children are able to play, climb, move and meet new friends. **Adults and children must wear socks**

Music and Movement: Gross motor activities alongside music to promote physical literacy for all ages.

Storytime/ Fit and Fun: This program focuses on a story each week, enhanced through dramatic and creative activities. Fit and fun focuses on basic physical activity skills. The program will include warm-ups, cool-downs, exercises from the Rainbow Fun program, musical movements and games.

Age Specific Programs:

Infant/Toddler Time: (Birth to 30 months) This program focuses on early development through social and interactive play. The activities provided will include sensory, creative, songs and rhymes and motor development. Parents will be provided with information on early child development.

***Pre-registered Programs:**

***Nobody's Perfect - For parents, caregivers and children 0 to 6 years of age:** This FREE program offered by Toronto Public Health is an opportunity for parents to meet and discuss parenting and caring for a child. Topics include growth and development, safety, understanding your child's feelings, behavioural changes and common parenting stresses. Child Minding is provided

***Transition to School - For parents, caregivers and children 3 Years - 6 years of age:** A 4 week program that helps children as well as their parents get ready for the transition to school. Children and parents will be doing activities as well as information sessions that will give them the tools to be successful.

***Parent-Child Mother Goose Program - For parents, caregivers and children 0 to 12 months:** This 8 week offers a group experience for parents, caregivers and infants focusing on the pleasure and power of using rhymes, songs and stories together. The program provides a time for parents and caregivers to socialize and network with each other while spending quality time with their babies.

***Toronto Public Health Nurse (TPHN) - Toronto Public Health Nurse will visit to answer any questions or concerns.**



Child and Family Centre

Flemingdon Park EarlyON (FP)- 150 Grenoble Drive, Toronto, Ontario M3C 1E3

Calendar of events

June 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Open House 10:00AM - 12:00PM
3 Rm 3 *Parent- Child Mothergoose 9:30-11:30 (Session 1 of 8) Rm 3 Family Time 1:00 - 2:45 pm	4 Rm 3 *Transition to School* 9:30 am - 11:30 (Session 1 of 4) Rm 3 Family Time 1:00- 2:45 pm	5 Rm 3 Infant/Toddler Time 9:30 - 11:30 am Rm 3 Music & Movement 1:00 - 2:45 pm	6 <i>Program Closed for Professional Development</i>	7 Rm 3 Early Parenting 9:30 - 11:30 am Rm.4 Story Time/Fit & Fun 9:30 - 11:30 am	8 Rm.4 Family Time 10:00 - 12:00 pm 12:30 - 2:00 pm
10 Rm 3 *Parent- Child Mothergoose 9:30-11:30 (Session 2 of 8) Rm 3 Family Time 1:00 - 2:45 pm	11 Rm 3 *Transition to school 9:30 am - 11:30 (Session 2 of 4) Rm 3 Family Time 1:00- 2:45 pm	12 Rm 3 Infant/Toddler Time 9:30 - 11:30 am Rm 3 Music & Movement 1:00 - 2:45 pm	13 Rm 3 *Nobody's Perfect (Session 6 of 8) 9:30 - 11:30 am Jungle Gym 1:00 - 2:45 pm	14 Rm 3 Early Parenting 9:30 - 11:30 am Rm.4 Story Time/Fit & Fun 9:30 - 11:30 am	15 Rm.4 Family Time 10:00 - 12:00 pm 12:30 - 2:00 pm
17 Rm 3 *Parent- Child Mothergoose 9:30-11:30 (Session 3 of 8) Rm 3 Family Time 1:00 - 2:45 pm	18 Rm 3 *Transition to School 9:30 am - 11:30 (Session 3 of 4) Rm 3 Family Time 1:00- 2:45 pm	19 Rm 3 Infant/Toddler Time 9:30 - 11:30 am Rm 3 Music & Movement 1:00 - 2:45 pm	20 Rm 3 *Nobody's Perfect (Session 7 of 8) 9:30 - 11:30 am Jungle Gym 1:00 - 2:45 pm	21 Rm 3 Early Parenting 9:30 - 11:30 am Rm.4 Story Time/Fit & Fun 9:30 - 11:30 am	22 Rm.4 Family Time 10:00 - 12:00 pm 12:30 - 2:00 pm
24 Rm 3 **Parent- Child Mothergoose 9:30-11:30 (Session 4 of 8) Rm 3 Family Time 1:00 - 2:45 pm	25 Rm 3 *Transition to school 9:30 am - 11:30 (Session 4 of 4) Rm 3 Family Time 1:00- 2:45 pm	26 Rm 3 Infant/Toddler Time 9:30 - 11:30 am Rm 3 Music & Movement 1:00 - 2:45 pm	27 Rm 3 *Nobody's Perfect (Session 8 of 8) 9:30 - 11:30 am Jungle Gym 1:00 - 2:45 pm	28 Rm 3 Early Parenting 9:30 - 11:30 am Rm.4 Story Time/Fit & Fun 9:30 - 11:30 am	29 <i>Program Closed for Canada Day Long Weekend</i>

