

**Important Dates**

Join us for Mother's Day Celebration on Monday, May 6 during our Family Time Program 1:00—2:45

Centre Closed Saturday May 18, 2019 and Monday May 20, 2019

**PROGRAM DESCRIPTIONS:**

**Programs for all ages (0 - 6 years):**

**Family Time:** An opportunity for parents, caregivers and their children to meet others and play interactively in an early learning environment. The activities provided in this program include arts and crafts, music, sensory, pre-reading and mathematics.

**Early Parenting :** An opportunity to meet parents and learn about child development, infant nutrition, children overall health and keeping children safe. Child minding available.

**Jungle Gym:** Enjoy the indoor playground. Children are able to play, climb, move and meet new friends. **Adults and children must wear socks**

**Music and Movement:** Gross motor activities alongside music to promote physical literacy for all ages.

**Storytime/ Fit n Fun:** This program focuses on a story each week, enhanced through dramatic and creative activities. Fit and fun focuses on basic physical activity skills. The program will include warm-ups, cool-downs, exercises from the Rainbow Fun program, musical movements and games.

**Age Specific Programs:**

**Infant/Toddler Time: (Birth to 30 months)** This program focuses on early development through social and interactive play. The activities provided will include sensory, creative, songs and rhymes and motor development. Parents will be provided with with information on early child development.

**\*Pre-registered Programs:**

**\*Developmental Screening Clinic - For parents, caregivers and children birth to 6 years of age:** Meet with professionals from Toronto Public Health and find out how your child is doing. The screening areas will include: growth and development, speech and language, food and nutrition as well as dental.

**\*Nobody's Perfect - For parents, caregivers and children 0 to 6 years of age:** This FREE program offered by Toronto Public Health is an opportunity for parents to meet and discuss parenting and caring for a child. Topics include growth and development, safety, understanding your child's feelings, behavioural changes and common parenting stresses. Child Minding is provided

**\*Sweet Signs - For parents, caregivers and children 6 to 18 months:** A three-week program to introduce sign language for parents. Sign language can reduce frustration, heighten verbal development and strengthen communication skills.

**\*Toronto Public Health Nurse (TPHN) - Toronto Public Health Nurse will visit to answer any questions or concerns.**



Child and Family Centre

Flemingdon Park EarlyON (FP)- 150 Grenoble Drive, Toronto, Ontario M3C 1E3

# Calendar of events

# May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <b>Rm 3</b> Infant/Toddler Time 9:30 - 11:30 am <b>Rm3</b> Music & Movement 1:00 - 2:45 pm	2 <b>Rm 3</b> <b>*Nobody's Perfect</b> (Session 1 of 8) 9:30 - 11:30 am Jungle Gym 1:00 - 2:45 pm	3 <b>Rm 3</b> Early Parenting 9:30 - 11:30 am <b>FP</b> Story Time/Fit & Fun 9:30 - 11:30 am	4 <b>FP</b> Family Time 10:00 - 12:00 pm 12:30 - 2:00 pm
6 <b>Rm 3</b> <b>*Sweet Signs*</b> 9:30-11:30 (Session 2 of 3) <b>FP</b> Family Time 1:00 - 2:45 pm	7 <b>FP</b> <b>*Pres Fun with Literacy</b> 9:30 am - 11:30 (Session 2 of 4) Family Time 1:00- 2:45 pm	8 <b>Rm 3</b> Infant/Toddler Time 9:30 - 11:30 am Music & Movement 1:00 - 2:45 pm	9 <b>Rm 3</b> <b>*Nobody's Perfect</b> (Session 2 of 8) 9:30 - 11:30 am Jungle Gym 1:00 - 2:45 pm m	10 <b>Rm 3</b> Early Parenting 9:30 - 11:30 am <b>FP</b> Story Time/Fit & Fun 9:30 - 11:30 am	11 <b>FP</b> Family Time 10:00 - 12:00 pm 12:30 - 2:00 pm
13 <b>Rm 3</b> <b>*Sweet Signs*</b> 9:30-11:30 (Session 3 of 3) <b>FP</b> Family Time 1:00 - 2:45 pm	14 <b>FP</b> <b>*Pres Fun with Literacy</b> 9:30 am - 11:30 (Session 3 of 4) Family Time 1:00- 2:45 pm	15 <b>Rm 3</b> Infant/Toddler Time 9:30 - 11:30 am <b>Rm 3</b> <i>Music &amp; Movement</i> 1:00 - 2:45 pm	16 <b>Rm 3</b> <b>*Nobody's Perfect</b> (Session 3 of 8) 9:30 - 11:30 am <b>Jungle Gym</b> 1:00 - 2:45 pm	17 <b>Rm 3</b> Early Parenting 9:30 - 11:30 am <b>FP</b> Story Time/Fit & Fun 9:30 - 11:30 am	18 <b>Closed for Victoria Day Long Weekend</b>
20 <b>Closed for Victoria Day</b>	21 <b>FP</b> <b>*Pres Fun with Literacy</b> 9:30 am - 11:30 (Session 4 of 4) Family Time 1:00- 2:45 pm	22 <b>Rm 3</b> Infant/Toddler Time 9:30 - 11:30 am <b>Rm 3</b> Music & Movement 1:00 - 2:45 pm	23 <b>Rm 3</b> <b>*Nobody's Perfect</b> (Session 4 of 8) 9:30 - 11:30 am Jungle Gym 1:00 - 2:45 pm	24 <b>Rm 3</b> Early Parenting 9:30 - 11:30 am <b>FP</b> Story Time/Fit & Fun 9:30 - 11:30 am	25 <b>FP</b> Family Time 10:00 - 12:00 pm 12:30 - 2:00 pm
27 <b>FP</b> Family Time 9:30-11:30 am 1:00- 2:45 pm	28 <b>FP</b> <b>*Developmental Screening Clinic</b> 9:30 am - 11:30 Family Time 1:00- 2:45 pm	29 <b>Rm 3</b> Infant/Toddler Time 9:30 - 11:30 am <b>Rm3</b> Music & Movement 1:00 - 2:45 pm	30 <b>Rm 3</b> <b>*Nobody's Perfect</b> (Session 5 of 8) 9:30 - 11:30 am Jungle Gym 1:00 - 2:45 pm	31 <b>Rm 3</b> Early Parenting 9:30 - 11:30 am <b>FP</b> Story Time/Fit & Fun 9:30 - 11:30 am	

