

## Homemade Sensory Materials

### Goop

In a plastic tub or basin, mix one part water to two parts cornstarch. It turns into a solid. When touched, it turns into a liquid. Add food coloring or powdered tempera paint to add color.

### Oatmeal Dough

One part flour

Two parts oatmeal

One part water

Mix ingredients together. Form into shapes and let dry. Pieces can be painted when dry.

### Kool-Aid Play Dough

½ cup salt

2 ½ cups flour

2 pkgs. Kool-Aid

3 tbs. oil

2 cups boiling water

Mix dry ingredients. Add oil. Add water and knead. This play dough is colorful and has a wonderfully fragrant smell. Store in plastic bags in the refrigerator.

### Bubbles

4 litres water

125 mls (or ½ cup) cup Sunlight or Dawn dishwashing liquid (not anti-bacterial!)

60 mls or ¼ cup glycerin (can get at pharmacy)

Mix all ingredients together. This solution gets better with age.

**Presented by the York Region Early Literacy Specialists**

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