Scarborough Centre EarlyON Child and Family Services
ScarboroughCentreEarlyON@familydaycare.com
3478 Lawrence Ave East, Scarborough, ON
Family Day Care Services

# Scarborough Centre EarlyON Child and Family Centre
# NOVEMBER 2026 CALENDAR

## In-Person Programs

**We are offering indoor programs on a first-come, first-serve basis based on our building capacity limits.**

**To fully enjoy a full outdoor experience, we encourage you to dress for the weather when attending our outdoor programs.**

EarlyON Child and Family Centres offer **FREE programs** to parents/caregivers and their children from **0-6 years of age.** These centres provide open play environments and welcome all families to participate in quality programs that help **strengthen adult-child relationships**, **support parent education**, and **foster healthy child development.** Qualified staff can help families and caregivers find support, get advice, make personal connections and access a network of resources.

## Storypark

Storypark is a secure, private online community space for our EarlyON families. For more information on Storypark please go to www.storypark.com. EarlyON Educators post announcements, videos and resources including songs, stories, home-based learning activities and parenting resources. Families have access to these resources anytime of the day and also an opportunity to share their own ideas and comment.
If you are interested in joining in with other families on this community platform, please send an email to **ScarboroughcentreEarlyON@familydaycare.com**

## Phone Support Services

EarlyON Educators are available to answer your questions about how to access our programs and services, parenting and child development, and other local services from **Monday to Friday between 9:00-5:00pm at (416) 438-1800.** Outside of these times, please leave a message and we will return your call as soon as possible.

Visit **www.familydaycare.com/earlyON** for the most up-to-date information.

**Please note that programs and program times are subject to change.**

**Please scan the QR Code to access our calendar on your device.**

# November 2026 Programs — 3478 Lawrence Ave. East

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|
| **2**<br>Family Time (0-6Y)<br>9:00 - 11:30am<br><br>Family Time (0-6Y)<br>1:00 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm | **3**<br>Prenatal Program<br>**(FOR EXPECTING PARENTS)**<br>10:00 - 11:30am<br><br>Baby Time (0-18M)<br>12:30 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm<br><br>Family Time (0-6Y)<br>4:30 - 7:00pm | **4**<br>Toddler Time (18-36M)<br>9:00 - 11:30am<br><br>**(CEDAR BROOK PARK)**<br>Let's Get Active & Explore Outdoor (0-6Y)<br>1:00 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm | **5**<br>Preschool Time (3-6Y)<br>9:00 - 11:30am<br><br>Family Time (0-6Y)<br>1:00 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm | **6**<br>**Literacy Specialist**<br>**(available for questions)**<br>**— French and English Circle Time —**<br>Family Time (0-6Y)<br>9:00 - 12:30pm<br><br>Open Door (0-6Y)<br>12:30 - 3:00pm | **7**<br>Family Time (0-6Y)<br>9:00 - 12:30pm<br><br>Open Door (0-6Y)<br>12:30 - 3:30pm |
| **9**<br>**CENTRE CLOSED FOR EARLYON CONFERENCE**<br>Rooted in Relationships<br>A Conference for EarlyON Practitioners across Toronto<br>Cultivating the Conditions where Children and Families Thrive | **10**<br>Prenatal Program<br>**(FOR EXPECTING PARENTS)**<br>10:00 - 11:30am<br><br>Baby Time (0-18M)<br>12:30 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm<br><br>Family Time (0-6Y)<br>4:30 - 7:00pm | **REMEMBRANCE DAY** **11**<br>Toddler Time (18-36M)<br>9:00 - 11:30am<br><br>**(CEDAR BROOK PARK)**<br>Let's Get Active & Explore Outdoor (0-6Y)<br>1:00 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm | **12**<br>Preschool Time (3-6Y)<br>9:00 - 11:30am<br><br>Family Time (0-6Y)<br>1:00 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm | **13**<br>**Early Childhood Education Therapist**<br>**(available for questions)**<br>Family Time (0-6Y)<br>9:00 - 12:30pm<br><br>Open Door (0-6Y)<br>12:30 - 3:00pm | **14**<br>Family Time (0-6Y)<br>9:00 - 12:30pm<br><br>Open Door (0-6Y)<br>12:30 - 3:30pm |
| **16**<br>Family Time (0-6Y)<br>9:00 - 11:30am<br><br>Family Time (0-6Y)<br>1:00 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm | **17**<br>Prenatal Program<br>**(FOR EXPECTING PARENTS)**<br>10:00 - 11:30am<br><br>Baby Time (0-18M)<br>12:30 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm<br><br>Family Time (0-6Y)<br>4:30 - 7:00pm | **18**<br>Toddler Time (18-36M)<br>9:00 - 11:30am<br><br>**(CEDAR BROOK PARK)**<br>Let's Get Active & Explore Outdoor (0-6Y)<br>1:00 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm | **19**<br>Preschool Time (3-6Y)<br>9:00 - 11:30am<br><br>Family Time (0-6Y)<br>1:00 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm | **20**<br>**Public Health Nurse**<br>**(available for questions)**<br>**— French and English Circle Time —**<br>Family Time (0-6Y)<br>9:00 - 12:30pm<br><br>Open Door (0-6Y)<br>12:30 - 3:00pm | **21**<br>Family Time (0-6Y)<br>9:00 - 12:30pm<br><br>Open Door (0-6Y)<br>12:30 - 3:30pm |
| **23**<br>**Settlement Counsellor**<br>**(available for questions)**<br>Family Time (0-6Y)<br>9:00 - 11:30am<br><br>Family Time (0-6Y)<br>1:00 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm | **24**<br>Prenatal Program<br>**(FOR EXPECTING PARENTS)**<br>10:00 - 11:30am<br><br>Baby Time (0-18M)<br>12:30 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm<br><br>Family Time (0-6Y)<br>4:30 - 7:00pm | **25**<br>Toddler Time (18-36M)<br>9:00 - 11:30am<br><br>**(CEDAR BROOK PARK)**<br>Let's Get Active & Explore Outdoor (0-6Y)<br>1:00 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm | **26**<br>Preschool Time (3-6Y)<br>9:00 - 11:30am<br><br>**Managing Stress for Parents/Caregivers**<br>**(REGISTRATION REQUIRED)**<br>1:00 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm | **27**<br>Family Time (0-6Y)<br>9:00 - 12:30pm<br><br>Open Door (0-6Y)<br>12:30 - 3:00pm | **28**<br>Family Time (0-6Y)<br>9:00 - 12:30pm<br><br>Open Door (0-6Y)<br>12:30 - 3:30pm |
| **30**<br>Family Time (0-6Y)<br>9:00 - 11:30am<br><br>Family Time (0-6Y)<br>1:00 - 3:00pm<br><br>Open Door (0-6Y)<br>3:00 - 4:30pm | | | | | **REMINDER**<br>Please remember to bring indoor shoes or socks to programs. |

# Program Descriptions

## DROP-IN INDOOR PROGRAMS at 3478 LAWRENCE AVE. EAST

| Program Descriptions | Sessions (Days and Times) |
|---|---|
| **Family Time (AGES: 0-6 YEARS)**<br>This program is for parents/caregivers and their children to meet others and explore with different materials in an early learning environment. Play invitation set-up will include art experiences, sensory exploration, loose parts play, movement and circle time.<br>***1st and 3rd Fridays are in Partnership with ON y va Mobile Educators, who are offering Circle Time in French and English.*** | **Mondays:** 9:00-11:30 am & 1:00-3:00 pm<br>**Tuesdays:** 4:30-7:00 pm<br>**Thursdays:** 1:00-3:00 pm<br>**Fridays:** 9:00-12:30 pm<br>**Saturdays:** 9:00-12:30 pm |
| **Open Door (AGES: 0-6 YEARS)**<br>Parents/caregivers and families come and explore our early learning environment. You will have the opportunity to speak with the staff to answer questions and get information about programs, resources, referrals and services available in the community. | **Mondays to Thursdays:** 3:00-4:30 pm<br>**Fridays:** 12:30-3:00 pm<br>**Saturdays:** 12:30-3:30 pm |
| **Baby Time (AGES: 0-18 MONTHS)**<br>This interactive program will engage your baby in early development experiences through social and interactive play. You and your baby will engage in sensory exploration, songs, rhymes, and stories. | **Tuesdays:** 12:30-3:00 pm |
| **Toddler Time (AGES: 18-36 MONTHS)**<br>This parent-child program will focus on toddlers' healthy development through play including art experiences, sensory exploration, motor skills, and songs and stories! | **Wednesdays:** 9:00-11:30 am |
| **DROP-IN Preschool Time (AGES: 3-6 YEARS)**<br>Join us for an engaging parent-child program where children and caregivers can explore, play, and learn together. Through a combination of child-lead exploration and educator facilitated experiences, families will support their children's social, emotional, cognitive, language, and physical development. | **Thursdays:** 9:00-11:30 am |

## (NEW LOCATION) DROP-IN OUTDOOR PROGRAM at CEDAR BROOK PARK
**91 Eastpark Blvd, Scarborough, ON (Markham Road & Eastpark Blvd.)**

| Program Descriptions | Sessions (Days and Times) |
|---|---|
| **Let's Get Active & Explore (AGES: 0-6 YEARS)**<br>Join us for some fun at Cedar Brook Park! Come and explore the great outdoors with our educators and other families through nature exploration and active movement! **To fully enjoy the outdoor experience, we highly encourage to dress for the weather.** | **Wednesdays:** 1:00-3:00 pm |

# Program Descriptions

## PRE-REGISTERED IN-PERSON PROGRAMS for PARENTS/CAREGIVERS

**Registration OPENS on Eventbrite — Tuesday, October 13 at 9:00 am**

**To register please click on the registration link OR scan the QR code.**

| Program Descriptions | Sessions and Link to Register |
|---|---|
| **Managing Stress (FOR PARENTS AND CAREGIVERS)**<br>• Importance of self-care<br>• The use of positive coping tools to help manage stress<br>• Support systems and resources<br><br>**This is in partnership with Toronto Public Health.** | **Thursday, November 26:** 1:00-3:00 pm<br><br>CLICK HERE TO REGISTER |

## IN-PERSON PRENATAL PROGRAM for EXPECTING PARENTS

| Program Descriptions | Sessions (Days and Times) |
|---|---|
| **Growing Healthy Together - Prenatal Nutrition Program**<br>Growing Healthy Together-Prenatal Nutrition Program offers free ongoing prenatal classes. Please call **416-438-3697 ext.14349** to inquire if you are eligible. You can also send an email to ghtprenatal@stridestoronto.ca | **Tuesdays:** 10:00-11:30 am |

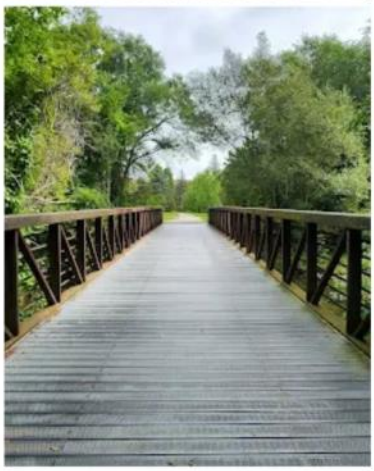
## COMMUNITY PARTNERS AVAILABLE for QUESTION AND ANSWER

| Community Partners | Sessions Visits (Days and Times) |
|---|---|
| **Rosalie Hall — Early Literacy Specialist & Infant Mental Health Clinician: Caitlyn**<br>Caitlyn will be filling out developmental screen with families during her visits. Caitlyn visits every **1st Friday of each month.** | **Friday, November 6:** 9:30-11:30 am |
| **WoodGreen Newcomer Services — Settlement Counsellor: Jane**<br>Jane provides expert settlement help to Permanent Residents, Convention/Protected Person Status/ Live-in Care Givers with Work Permit, Refugee claimant, CUAET & Naturalized Canadian Citizens. Jane visits every **2nd and 4th Monday of each month.** | **Monday, November 23:** 9:30-11:30 am |
| **Toronto Public Health — Toronto Public Health Nurse: Lana**<br>Lana will spend time circulating among individual families and answering questions about any topic. | **Friday, November 20:** 10:00-11:30 am |
| **Strides Toronto — Early Childhood Education Therapist: Edyta**<br>Edyta will provide consultation and support on building positive parent-child relationships, toilet training, managing everyday parenting challenges, coping with parenting-related stress, and more! She will also support and guide parents of children with a diagnosis by helping identify and access appropriate services, resources, funding opportunities, and community supports. | **NEW!**<br>**Friday, November 13:** 10:00-12:30 pm |

# CEDAR BROOK PARK

**– 91 Eastpark Blvd. –**

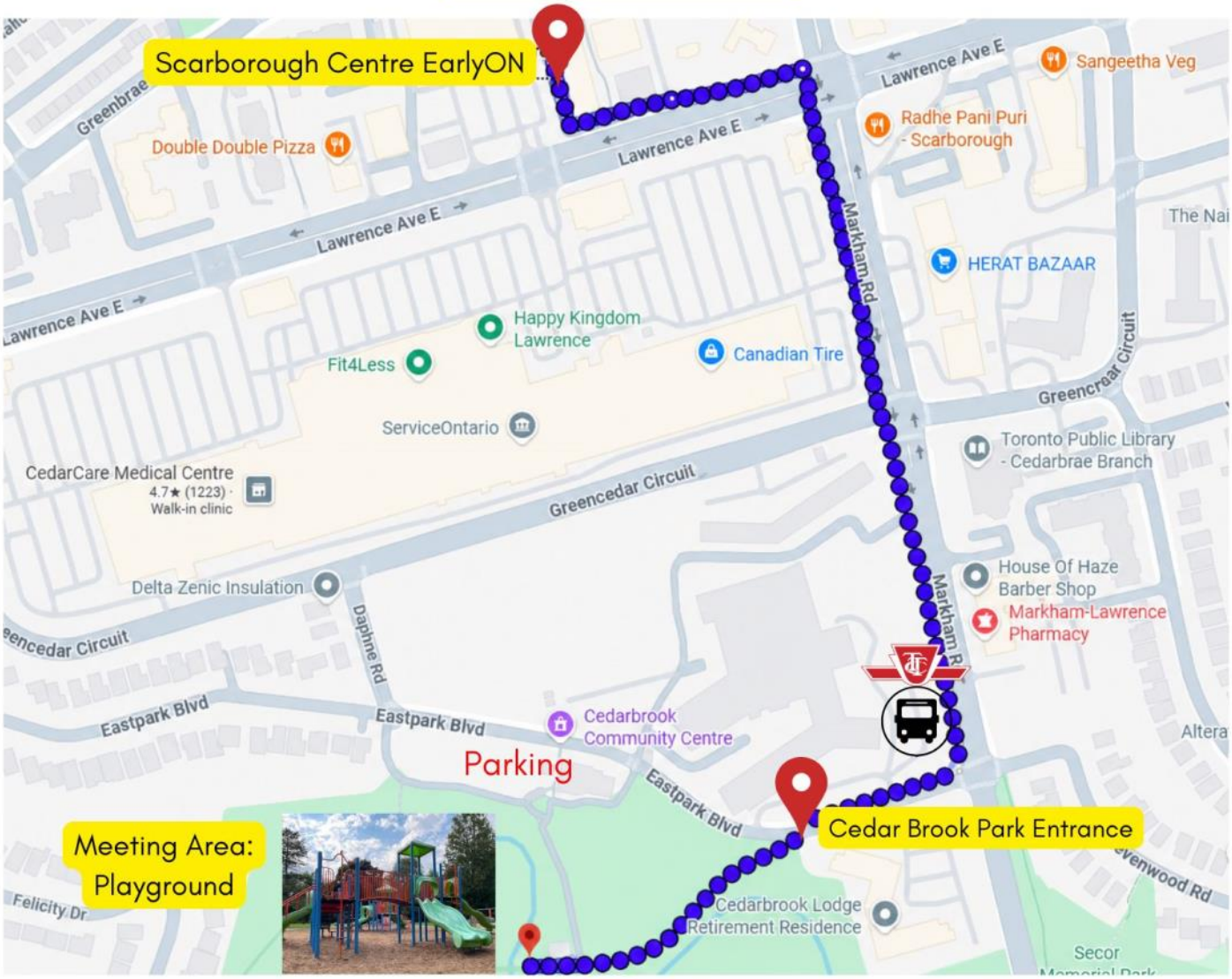
## JOIN US ON WEDNESDAYS AT 1:00-3:00 PM TO ENJOY ALL THAT NATURE HAS TO OFFER!



"CHILDREN WHO PLAY IN NATURE ARE HAPPIER, HEALTHIER AND SMARTER"
- RICHARD LOUV

# CEDAR BROOK PARK DIRECTIONS

**– 91 Eastpark Blvd. –**




**Cedar Brook Park Entrance**