

# Scarborough Centre EarlyON Child and Family Centre

## OCTOBER 2025 CALENDAR

### In-Person Programs

We are offering **indoor programs** on a first-come, first-serve basis based on our building capacity limits.

To fully enjoy a full outdoor experience, we encourage you to dress for the weather when attending our **outdoor programs**.

EarlyON Child and Family Centres offer **FREE programs** to parents/caregivers and their children from birth to six years of age. These centres provide open play environments and welcome all families to participate in quality programs that help **strengthen adult-child relationships, support parent education, and foster healthy child development**. Qualified staff can help families and caregivers find support, get advice, make personal connections and access a network of resources.

### Storypark

Storypark is a secure, private online community space for our EarlyON families. For more information on Storypark please go to [www.storypark.com](http://www.storypark.com). EarlyON Educators post announcements, videos and resources including songs, stories, home-based learning activities and parenting resources. Families have access to these resources anytime of the day and also an opportunity to share their own ideas and comment.

If you are interested in joining in with other families on this community platform, please send an email to [ScarboroughcentreEarlyON@familydaycare.com](mailto:ScarboroughcentreEarlyON@familydaycare.com)

### Phone Support Services

EarlyON Educators are available to answer your questions about how to access our programs and services, parenting and child development, and other local services from **Monday to Friday between 9:00-5:00pm at (416) 438-1800**. Outside of these times, please leave a message and we will return your call as soon as possible.


Visit [www.familydaycare.com/earlyON](http://www.familydaycare.com/earlyON) for the most up-to-date information.

**Please note that programs and program times are subject to change.**



**Please scan the QR Code to access our calendar on your device.**

# October 2025 Programs - 3478 Lawrence Ave. East


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>REMINDER</b> Please remember to bring indoor shoes or socks to programs.		1 Toddler Time 9:30 - 12:00pm Let's Get Active & Explore (Outdoor—Lusted Park) 1:00 - 3:00pm Open Door 3:00 - 4:30pm	2 Cooking to Learn (Pre-registered) 9:30 - 12:00pm Toronto Public Health: Screen Time (Pre-registered) 1:00 - 3:00pm Open Door 3:00 - 4:30pm	3 Rosalie Hall: Early Literacy Specialist Drop-in Family Time (Circle Time in French & English) 9:30 - 12:30pm Open Door 1:00 - 3:00pm	4 Centre Closed for Open Doors Event at Kortright Centre for Conservation OPEN DOORS PROUDLY PRESENTS Get out and MOVE for Family Day! at the Kortright Centre
6 Family Time 9:30 - 12:00pm Family Time 1:00 - 3:00pm Open Door 3:00 - 4:30pm	7 Prenatal Nutrition Program (for expecting parents) 10:00 - 11:30am Baby Time 12:30 - 3:00pm Open Door 3:00 - 4:30pm Family Time 5:00 - 7:00pm	8 Toddler Time 9:30 - 12:00pm Let's Get Active & Explore (Outdoor—Lusted Park) 1:00 - 3:00pm Open Door 3:00 - 4:30pm	9 Cooking to Learn (Pre-registered) 9:30 - 12:00pm Toronto Public Health: Growth and Development (Pre-registered) 1:00 - 3:00pm Open Door 3:00 - 4:30pm	10 Wood Green Community Services—Settlement Counsellor Visit Family Time 9:30 - 12:30pm Open Door 1:00 - 3:00pm	11 Centre Closed for Thanksgiving Weekend 
13 Centre Closed for Thanksgiving Weekend 	14 Prenatal Nutrition Program (for expecting parents) 10:00 - 11:30am Baby Time 12:30 - 3:00pm Open Door 3:00 - 4:30pm Family Time 5:00 - 7:00pm	15 Toddler Time 9:30 - 12:00pm Let's Get Active & Explore (Outdoor—Lusted Park) 1:00 - 3:00pm Open Door 3:00 - 4:30pm	16 Cooking to Learn (Pre-registered) 9:30 - 12:00pm Strides Toronto: Positive Parenting Program Session 1 of 3 (Pre-registered) 1:00 - 3:00pm Open Door 3:00 - 4:30pm	17 Family Time (Circle Time in French & English) 9:30 - 12:30pm Open Door 1:00 - 3:00pm	18 Family Time 9:30 - 12:30pm Open Door 1:00 - 3:30pm
20 Family Time 9:30 - 12:00pm Family Time 1:00 - 3:00pm Open Door 3:00 - 4:30pm	21 Prenatal Nutrition Program (for expecting parents) 10:00 - 11:30am Baby Time 12:30 - 3:00pm Open Door 3:00 - 4:30pm Family Time 5:00 - 7:00pm	22 Toddler Time 9:30 - 12:00pm Let's Get Active & Explore (Outdoor—Lusted Park) 1:00 - 3:00pm Open Door 3:00 - 4:30pm	23 Cooking to Learn (Pre-registered) 9:30 - 12:00pm Strides Toronto: Positive Parenting Program Session 2 of 3 (Pre-registered) 1:00 - 3:00pm Open Door 3:00 - 4:30pm	24 Family Time 9:30 - 12:30pm Open Door 1:00 - 3:00pm	25 Family Time 9:30 - 12:30pm Open Door 1:00 - 3:30pm
27 Wood Green Community Services—Settlement Counsellor Visit Family Time 9:30 - 12:00pm Family Time 1:00 - 3:00pm Open Door 3:00 - 4:30pm	28 Prenatal Nutrition Program (for expecting parents) 10:00 - 11:30am Baby Time 12:30 - 3:00pm Open Door 3:00 - 4:30pm Toronto Public Health: Nurse Drop-In Family Time 5:00 - 7:00pm	29 Toddler Time 9:30 - 12:00pm Let's Get Active & Explore (Outdoor—Lusted Park) 1:00 - 3:00pm Open Door 3:00 - 4:30pm	30 Cooking to Learn (Pre-registered) 9:30 - 12:00pm Strides Toronto: Positive Parenting Program Session 3 of 3 (Pre-registered) 1:00 - 3:00pm Open Door 3:00 - 4:30pm	31 Family Time (Dress Up Fun Event) 9:30 - 12:30pm Open Door 1:00 - 3:00pm	

# Program Descriptions




INDOOR PROGRAMS	
Program Descriptions	Sessions (Days and Times)
<p><b>Family Time (Ages: 0-6 years)</b></p> <p>This program is for parents/caregivers and their children to meet others and explore with different materials in an early learning environment. The activities will include arts and crafts, sensory, literacy, movement and circle time.</p> <p><b>1st and 3rd Fridays are in Partnership with ON y va Mobile.</b></p>	<p><b>Mondays:</b> 9:30-12:00pm &amp; 1:00-3:00pm</p> <p><b>Tuesdays:</b> 5:00-7:00pm</p> <p><b>Fridays:</b> 9:30-12:30pm</p> <p><b>Saturdays, October 18 &amp; 25:</b> 9:30-12:30pm</p>
<p><b>Open Door (Ages: 0-6 years)</b></p> <p>Parents/caregivers and families come and explore our early learning environment. You will have the opportunity to speak with the staff to answer questions and get information about programs, resources, referrals and services available in the community.</p>	<p><b>Mondays-Thursdays:</b> 3:00-4:30pm</p> <p><b>Fridays:</b> 1:00-3:00pm</p> <p><b>Saturdays, October 18 &amp; 25:</b> 1:00-3:30pm</p>
<p><b>Baby Time (Ages: 0-18 months)</b></p> <p>This interactive program will engage your baby in early development activities through social and interactive play. Activities will include creative, sensory, songs, rhymes, finger plays and stories.</p>	<p><b>Tuesdays:</b> 12:30-3:00pm</p>
<p><b>Toddler Time (Ages: 18-36 months)</b></p> <p>This parent-child program will focus on toddlers' healthy development through play including arts and crafts, sensory activities, motor skills, songs and stories.</p>	<p><b>Wednesdays:</b> 9:30-12:00pm</p>
OUTDOOR PROGRAM at LUSTED PARK	
75 Painted Post Drive, Scarborough, ON (Markham Road & Painted Post Drive)	
Program Descriptions	Sessions (Days and Times)
<p><b>Let's Get Active &amp; Explore (Ages: 0-6 years)</b></p> <p>Join us for some fun in the park! Come and explore the outdoors with our educators and other families. The program will include active movement, circle time, creative activities, and lots of fun outside!</p>	<p><b>Wednesdays:</b> 1:00-3:00pm</p>

## PRE-REGISTERED IN-PERSON PARENT-CHILD PROGRAMS

Pre-registration is required for the following programs.  
Registration begins on Eventbrite - Tuesday, September 9 at 9:00am.  
To register please click on the registration links OR scan the QR code.

Program Descriptions	Sessions and Link to Register
<b>Cooking to Learn (3-6 years)</b> Join us in this 5-week session program that provides opportunities for children and their parents to learn about healthy meals and snacks, and taste a variety of nutritious foods. Children will have the opportunity to make simple recipes, which promotes early numeracy skills, social skills, language development, and small muscle coordination!	<b>Thursdays: 9:30-12:00pm</b> <a href="#">CLICK HERE TO REGISTER</a> 

## PRE-REGISTERED IN-PERSON PROGRAMS for PARENTS and CAREGIVERS

Program Descriptions	Sessions and Links to Register
<b>Screen Time (for parents/caregivers with children 0-6 years)</b> In this session, the <b>benefits and impacts of screen time</b> will be explored. Discussion will include looking at recommendations for screen time per age of the child and how to model and manage appropriate screen time behaviour. Physical activity recommendations as an alternative to screen time will be reviewed. This program is offered in <b>partnership with Toronto Public Health</b> .	<b>Thursday, October 2: 1:00-3:00pm</b> <a href="#">CLICK HERE TO REGISTER</a> 
<b>Growth and Development (for parents/caregivers with children 0-6 years)</b> This workshop will provide information related to <b>children's development and milestones</b> . Participants will learn about tools to help determine if a child's development is on track, the connection between child development and behaviour, and ideas and tips to encourage a child's overall healthy development. This program is offered in <b>partnership with Toronto Public Health</b> .	<b>Thursday, October 9: 1:00-3:00pm</b> <a href="#">CLICK HERE TO REGISTER</a> 
<b>Triple P: Positive Parenting Program (for parents/caregivers with children 0-6 years)</b> Join this <u>3-week program</u> to increase your parental confidence in raising children through the principles of positive parenting and managing common behaviours such as eating and crying. This program aims to create supportive family environments, and to <b>prevent and treat behavioural and emotional problems in children</b> . Discussions will be provided for reducing stress associated with raising children, raising resilient children and much more! This program is offered in <b>partnership with Strides Toronto</b> .	<b>Thursdays, October 16, 23, 30: 1:00-3:00pm</b> <a href="#">CLICK HERE TO REGISTER</a> 

## IN-PERSON PRENATAL PROGRAM for EXPECTING PARENTS

Program Descriptions	Sessions (Days and Times)
<b>Growing Healthy Together - Prenatal Nutrition Program</b> Growing Healthy Together-Prenatal Nutrition Program offers free ongoing prenatal classes. Please call <b>416-438-3697 ext.14349</b> to inquire if you are eligible. You can also send an email to <a href="mailto:ghtprenatal@stridesutoronto.ca">ghtprenatal@stridesutoronto.ca</a> .	<b>Tuesdays: 10:00-11:30am</b>