



Child and Family Centre

Scarborough Centre EarlyON Child and Family Centres
 3478 Lawrence Ave E | Scarborough, ON, M1H 1A9
 647 629-7422 | www.familydaycare.com
scarboroughcentreearlyon@familydaycare.com

Scarborough Centre and Parkway Mall EarlyON Child and Family Centres

January 2021 - Calendar of Virtual Events

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>The Centre Locations are Closed. Please Check www.familydaycare.com for the most up to date information.</p> <p>Pre-Registration Is Required For All Programs. SPACES ARE LIMITED.</p> <p>Registration is open on Eventbrite from Monday December 21 at 9:00 AM until Wednesday December 30 at 12:00 noon.</p>				1 CENTRE CLOSED FOR NEW YEARS DAY HAPPY NEW YEAR !	2 CENTRE CLOSED
4 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Family Fun Time 10:00 -10:45 am Toilet Training: 1:00 - 1:45 pm	5 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Songs and Stories for Babies 10:00 -10:45 am Winter Stories 1:30 - 2:10 pm	6 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Circle of Play 10:00 -10:45 am Music and Movement 1:00 - 1:45 pm	7 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Toddler Fit and Fun 10:00 -10:45 am COVID-19 Symptoms, Do's and Don'ts 1:30 - 2:15 pm	8 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Story Park (24-hour access)	9 Music and Movement 10:00 – 10:45 am Family Circle Time 12:15 – 1:00 pm
11 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Family Fun Time 10:00 -10:45 am Speech and Language Development 1:00 – 1:45 pm	12 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Songs and Stories for Babies 10:00 -10:45 am Winter Stories 1:30 - 2:10 pm	13 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Circle of Play 10:00 -10:45 am Music and Movement 1:00 – 1:45 pm	14 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Toddler Fit and Fun 10:00 - 10:45 am COVID-19 Making the Decisions about Going Out 1:30 - 2:15 pm	15 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Story Park (24-hour access)	16 Music and Movement 10:00 – 10:45 am Family Circle Time 12:15 – 1:00 pm
18 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Family Fun Time 10:00 -10:45 am Positive Behavior Guidance 1:00 - 1:45 pm	19 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Songs and Stories for Babies 10:00 -10:45 am Baby Food Basics 1:30 - 2:30 pm	20 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Circle of Play 10:00 -10:45 am Music and Movement 1:00 -1:45 pm	21 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Toddler Fit and Fun 10:00 -10:45 am COVID-19 Testing 1:30 - 2:15 pm	22 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Story Park (24-hour access)	23 Music and Movement 10:00 – 10:45 am Family Circle Time 12:15 – 1:00 pm
25 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Family Fun Time 10:00-10:45 am Healthy Eating 1:00 -1:45 pm	26 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Songs and Stories for Babies 10:00-10:45 am Toddler Food Basics 1:30 - 2:30 pm	27 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Circle of Play 10:00 -10:45 am Music and Movement 1:00 – 1:45 pm	28 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Toddler Fit and Fun 10:00 -10:45 am COVID-19– Self Isolation 1:30 - 2:15 pm	29 ONLINE VIA FACEBOOK Live Program 9:00 and 1:00 pm Story Park (24-hour access)	30 Me and Dad Circle Time 10:00 -10:45 Family Circle Time 12:15 – 1:00 pm



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Registered Program Descriptions:

ZOOM Programs – Pre-Registration is required for all programs

Family Fun Time: (For parents/ caregivers with children from birth to 6 years of age) 4 week program

This 4-week program includes songs, rhymes, finger plays, movement, and stories. We invite you to sing, move, dance, and read along with your children at home.

***Monday mornings on January 4, 11, 18, 25 from 10:00- 10:45 am. To register click on this link: <https://www.eventbrite.ca/e/family-fun-time-birth-to-6-years-old-tickets-133109820055>**

Songs and Stories for Babies: (For parents/ caregivers with children from birth to 18 months) 4 week program

This program offers a group experience for parents and their babies. Children will enjoy the healthy early experiences with language and communication and strengthen their bond.

***Tuesday mornings on January 5, 12, 19, 26 from 10:00- 10:45 am. To register click on this link: <https://www.eventbrite.ca/e/songs-and-stories-for-babies-via-zoom-birth-to-18-months-old-tickets-133353123783>**

Circle of Play: (For parents/ caregivers with children from birth to 6 years of age) 4 week program

This program provides opportunities for children who have developmental concerns to discover, explore and create using different parts of their bodies. Families will build their confidence in promoting their children's skills as they connect with our Family Support Worker, Educator, Community Partners, and other families.

***Wednesday mornings on January 6, 13, 20, 27 from 10:00- 10:45 am. To register click on this link: <https://www.eventbrite.ca/e/circle-of-play-via-zoom-birth-to-6-years-old-tickets-133109031697>**

Toddler Fit and Fun: (For parents/ caregivers with children from 18 months to 36 months) 4 week program

Join us for this four week interactive program that focuses on developing children's physical skills through a variety of physical activities which will benefit their healthy development. The program includes warm up and cool down exercises, active movement, and games.

***Thursday mornings on January 7, 14, 21, 28 from 10:00- 10:45 am. To register click on this link: <https://www.eventbrite.ca/e/toddler-fit-and-fun-via-zoom-18-months-to-36-months-tickets-133101459047>**

Toilet Training: (For parents/ caregivers with children from 15 months to 4 years of age)

Parents/ caregivers will learn about when to start toilet training their child by recognizing signs from their child, and how they can help support their children through the toilet training process. Resources will be provided.

***Monday January 4 from 1:00- 1:45 pm. To register click on this link: <https://www.eventbrite.ca/e/toilet-training-via-zoom-15-months-to-4-years-of-age-tickets-133131476831>**

Speech and Language Development: (For parents/ caregivers with children from 18 months to 6 years of age)

Parents/ caregivers will develop a better understanding about speech and language milestones. Some tips will be provided to support their children's speech and language development at home. Resources will be provided.

***Monday January 11 from 1:00- 1:45 pm. To register click on this link: <https://www.eventbrite.ca/e/speech-and-language-development-18-months-to-6-years-of-age-tickets-133120215147>**

Positive Behavior Guidance: (For parents/ caregivers with children from 18 months to 6 years of age)

Children need adults to guide and support them as they grow and learn. This program provides parents with effective parenting strategies and skills to use when dealing with challenging behavior and encouraging healthy and appropriate behaviors in raising children. Resources will be provided.

***Monday January 18 from 1:00- 1:45 pm. To register click on this link: <https://www.eventbrite.ca/e/positive-behavior-guidance-via-zoom-18-months-to-6-years-of-age-tickets-133348594235>**

Healthy Eating: (For parents/ caregivers with children from 2 to 6 years of age)

In this workshop parents/caregivers will develop a better understanding about the importance of healthy eating for children, some tips for healthier choices at home, and how parents/caregivers can help children develop healthy eating habits. Resources will be provided.

***Monday January 25 from 1:00- 1:45 pm. To register click on this link: <https://www.eventbrite.ca/e/healthy-eating-via-zoom-2-to-6-years-of-age-tickets-133350205053>**



Please note that programs and program times are subject to change. We invite you to visit www.familydaycare.com or email us at scarboroughcentreearlyon@familydaycare.com for the most up-to-date calendar of events.

Winter Stories – By Librarian: (For parents/ caregivers with children from 2 to 6 years of age)

Join us in this fun interactive zoom program with the Librarian for stories, songs, finger plays and rhymes. You will learn about the Toronto Public Library, getting a library card, the services offered, and how COVID-19 has impacted them and more.

*Tuesday January 5 and 12 from 1:30-2:10 pm. To register click on this link: <https://www.eventbrite.ca/e/winter-stories-via-zoom-2-to-6-years-of-age-tickets-133354929183>

Baby Food Basics: Presented by Food Share: (For parents/ caregivers with children from 0 to 12 months)

Parents and caregivers, join us on Zoom to learn when and how to introduce solids to your baby, how to prepare and store home-made baby food safely, and more!

*Tuesday January 19 from 1:30 – 2:30 pm. To register click on this link: <https://www.eventbrite.ca/e/baby-food-basics-via-zoom-0-to-12-months-of-age-tickets-133357214017>

Toddler Food Basics: Presented by Food Share: (For parents/ caregivers with children from 18 months to 36 months)

Parents and Caregivers join us on zoom to learn how to plan meals and snacks for your toddler, learn how to be a good role model, and get tips on feeding a picky eater!

*Tuesday January 26 from 1:30 - 2:30 pm. To register click on this link: <https://www.eventbrite.ca/e/toddler-food-basics-via-zoom-18-months-to-36-months-tickets-133358419623>

Family Circle Time: (For parents/ caregivers with children from birth to 6 years of age)

This 4-week program includes songs, rhymes, finger plays, movement, and stories. We invite you to sing, move, dance, and read along with your children at home.

*Saturday afternoons on January 9, 16, 23, 30 from 12:15-1:00 pm. To register click on this link: <https://tinyurl.com/Family-Circle-Time-Sat>

Music and Movement: (For parents/ caregivers with children from birth to 6 years of age)

Join in this 3 or 4 week Zoom programs to get active, move your bodies, and groove along to the music at home with your children. This program may include dancing, singing, active songs, and a story.

*Wednesday afternoons on January 6, 13, 20, 27 from 1:00 – 1:45 pm. To register click on this link: <https://www.eventbrite.ca/e/music-and-movement-via-zoom-birth-to-6-years-old-tickets-133110798983>

*Saturday mornings on January 9, 16, 23 from 10:00-10:45 am. To register click on this link: <https://tinyurl.com/Music-Movement-Saturday>

Me & Dad Circle Time: (For parents/ caregivers with children from 0 to 6 years of age)

This monthly interactive Zoom program offers a special time for children to have with their fathers, uncles, grandpas & male caregivers in their lives. The program will include music and movement, stories as well as discussions on child development that will foster a positive relationship between adult and child.

*Saturday January 30 from 10:00 - 10:45 am. To register click on this link: <https://tinyurl.com/Me-And-Dad-Saturday>

COVID- 19 Symptoms, Dos and Don'ts: (For parents/ caregivers with children from birth to 6 years of age)

This program will provide all the necessary information regarding COVID-19 symptoms, and how to proceed after being exposed to any symptoms. You will also learn the basic tips regarding proper use of mask, hand washing and respiratory hygiene. Resources will be provided.

*Thursday January 7 from 1:30 – 2:15 pm. To register click on this link: <https://www.eventbrite.ca/e/covid-19-presentations-via-zoom-tickets-133238745675>

COVID -19 Making the Decision about Going Out: (For parents/ caregivers with children from birth to 6 years of age)

This program will provide all the tips on how to make the right decision when going out to keep yourself and your family healthy. It will also teach you how you can stay safe while using public transit and the importance of following the laws regarding masks when going out. Resources will be provided.

*Thursday January 14 from 1:30- 2:15 pm. To register click on this link: <https://www.eventbrite.ca/e/covid-19-presentations-via-zoom-tickets-133238745675>

COVID-19 Testing: (For parents/ caregivers with children from birth to 6 years of age)

This program will include all the beneficial information on COVID-19 Testing. Some of the information that will be covered are; who should get tested, testing locations, benefits of testing, and the next steps after testing. Resources will be provided.

*Thursday January 21 from 1:30- 2:15 pm. To register click on this link: <https://www.eventbrite.ca/e/covid-19-presentations-via-zoom-tickets-133238745675>

COVID-19 Self-Isolation: (For parents/ caregivers with children from birth to 6 years of age)

This program will include all the advice regarding self-isolation. You will also learn about why its so important to self-isolate and that it's a requirement as well as self -isolation centres that are available. Resources will be provided.

*Thursday January 28 from 1:30- 2:15 pm. To register click on this link: <https://www.eventbrite.ca/e/covid-19-presentations-via-zoom-tickets-133238745675>

CONNECT FOR OTHER VIRTUAL PROGRAMS**Facebook:**

Live online programs are provided by our EarlyON Educators, on EarlyON@Family Day Facebook page at 9:00am and 1:00 pm from Monday to Friday (Holidays excluded) . The videos will be available for 3 hours after the session has ended. To join our Facebook page, please visit

<https://www.com/groups/FDEarlyON/> and click 'join'.

Storypark:

24-hour access to Storypark, a secure private online community space where our educators post announcements, videos for learning activities and other parenting resources every week. The Scarborough Centre and Parkway Mall EarlyON platform comprises various rooms, including Babies in Playland, Songs, Stories and Parent Corner. Families have the opportunity to share their own ideas and comments. If you are interested in joining in with other families on this community platform, please send an email to ScarboroughCentreEarlyON@familydaycare.com

One - On - One Parent Support Sessions:

Our Family Support Worker is available to help you with any questions about your child's development, parent issues and connect you with community programs and services. To book an appointment by phone or Zoom, please contact our Family Support Worker at 647-646-2133 or email amokhtari@familydaycare.com