



Scarborough Centre EarlyON Child and Family Centre
3478 Lawrence Ave East | Scarborough, ON, M1H 1A9
ScarboroughCentreEarlyON@familydaycare.com

Scarborough Centre EarlyON Child and Family Centre December 2024 Calendar

We are currently offering in-person programs and services as follows:

In-Person Programs: We are offering **indoor and outdoor** programs for families with children from birth to 6 years of age. We will be following the health and safety protocols and guidelines of Toronto Public Health and the Ministry of Education - Early Years and Child Care Division. Families should continue to self-screen every time before attending in-person programs. **Please bring indoor shoes or socks when attending our indoor programs.** Pre- registration is not required for drop-in programs.

Storypark: Storypark is a secure, private online community space for our EarlyON families. For more information on Storypark please go to www.storypark.com. EarlyON Educators post announcements, videos and resources including songs, stories, home-based learning activities and parenting resources. Families have access to these resources anytime of the day and also an opportunity to share their own ideas and comment. If you are interested in joining in with other families on this community platform, please send an email to ScarboroughcentreEarlyON@familydaycare.com

Phone Support Services: EarlyON Educators are available to answer your questions about how to access our programs and services, parenting and child development, and other local services from Monday to Friday between 9:00am and 5:00pm at (416) 438-1800. Outside of these times, please leave a message and we will return your call as soon as possible.

Visit www.familydaycare.com/earlyON for the most up-to-date information

Please note that programs and program times are subject to change.

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3478 Lawrence Ave East., Scarborough , ON M1H 1A9

December 2024 Calendar

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|--|
| <p>2</p> <p>Family Time 9:30 - 11:30am</p> <p>Family Time 1:30 - 4:00pm</p> | <p>3</p> <p>Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am</p> <p>Baby Time 1:00-3:00pm</p> <p>Family Time 5:00 -7:00pm</p> | <p>4</p> <p>Toddler Time 9:30-11:30am</p> <p>Let's Get Active and Explore (Park) 1:30-3:30pm</p> | <p>5</p> <p>Holiday Cooking and Crafts 9:30-11:30am</p> <p>Toddler Food Basics 1:30-4:00pm</p> | <p>6</p> <p>Family Time 9:30 - 11:30am</p> <p>Open Door 1:30-4:00pm</p> | <p>7</p> <p>Family Time 9:30am-12:00pm</p> <p>Open Door 1:00 - 3:00pm</p> |
| <p>9</p> <p>Family Time 9:30 - 11:30am</p> <p>Family Time 1:30 - 4:00pm</p> | <p>10</p> <p>Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am</p> <p>Baby Time 1:00-3:00pm</p> <p>Family Time 5:00 -7:00pm</p> | <p>11</p> <p>Toddler Time 9:30-11:30am</p> <p>Let's Get Active and Explore (Park) 1:30-3:30pm</p> | <p>12</p> <p>Holiday Cooking and Crafts 9:30-11:30am</p> <p>Child Health and Wellness 1:30-4:00pm</p> | <p>13</p> <p>Family Time 9:30 - 11:30am</p> <p>Open Door 1:30-4:00pm</p> | <p>14</p> <p>Family Time 9:30am-12:00pm</p> <p>Open Door 1:00 - 3:00pm</p> |
| <p>16</p> <p>Toronto Public Health Nurse Drop-In Family Time 9:30 - 11:30am</p> <p>Family Time 1:30 - 4:00pm</p> | <p>17</p> <p>Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am</p> <p>Baby Time 1:00-3:00pm</p> <p>Family Time 5:00 -7:00pm</p> | <p>18</p> <p>Toddler Time 9:30-11:30am</p> <p>Let's Get Active and Explore (Park) 1:30-3:30pm</p> | <p>19</p> <p>Holiday Cooking and Crafts 9:30-11:30am</p> <p>Family Time 1:30-4:00pm</p> | <p>20</p> <p>Family Seasonal Celebration 9:30 - 11:30am</p> <p>Open Door 1:30-4:00pm</p> | <p>21</p> <p>Family Time 9:30am-12:00pm</p> <p>Open Door 1:00 - 3:00pm</p> |
| <p>23</p> <p>Family Time 9:30 - 11:30am</p> <p>Family Time 1:30 - 4:00pm</p> | <p>24</p> <p>Open Door 9:30-11:30am</p> <p>Baby Time 1:00-3:00pm</p> <p>No evening program</p> | <p>25</p> <p>Closed for Christmas Day</p>  | <p>26</p> <p>Closed for Winter Break</p>  | <p>27</p> <p>Family Time 9:30 - 11:30am</p> <p>Open Door 1:30-4:00pm</p> | <p>28</p> <p>Family Time 9:30am-12:00pm</p> <p>Open Door 1:00 - 3:00pm</p> |
| <p>30</p> <p>Wood Green Community Services Settlement Counsellor Family Time 9:30 - 11:30am</p> <p>Family Time 1:30 - 4:00pm</p> | <p>31</p> <p>Open Door 9:30-11:30am</p> <p>Baby Time 1:00-3:00pm</p> <p>No evening program</p> | <p>Please note that there will be no evening programs on December 24 and December 31, 2024.</p> <p>Our centre will be closed on December 25, 26 and January 1, 2025 for the Winter Break Holidays. Wishing you all a very Happy Holiday Season and a wonderful New Year!</p> <p>We will resume programs on Thursday, January 2, 2025.</p> | | | |

Program Descriptions – December 2024

PARENT-CHILD INDOOR PROGRAMS FOR ALL AGES (birth to 6 years)

Family Time: (for parents/caregivers with children from birth to 6 years of age)

This program is for parents/caregivers and their children to meet others and explore with different materials in an early learning environment. The activities will include arts and crafts, sensory, literacy, movement and circle time.

Sessions: Mondays, December 2, 9, 16, 23, 30, 9:30-11:30am, 1:30-4:00pm; Tuesdays, December 3, 10, 17, 5:00-7:00pm; Thursday, December 19, 1:30-4:00pm; Fridays, December 6, 13, 27, 9:30 to 11:30am; Saturdays, December 7, 14, 21, 28, 9:30am-12:00pm.

Open Door: (for parents/ caregivers with children from birth to 6 years of age)

Parents/caregivers and families come and explore our early learning environment. You will have the opportunity to speak with the staff to answer questions and get information about programs, resources, referrals and services available in the community.

Sessions: Tuesdays, December 24, 31, 9:30-11:30am, Fridays, December 6, 13, 20, 27, 1:30-4:00pm; Saturdays, December 7, 14, 21, 28, 1:00-3:00pm.

Family Seasonal Celebration: (for all families)

Let's celebrate the holiday season together! Come and join us for our Annual Family Celebration where you will enjoy seasonal songs, music, dancing and share your cultural foods with other families. Adults and children are welcome to dress in their cultural or festive clothing.

Session: Friday, December 20, 9:30-11:30am.

PARENT-CHILD INDOOR AGE-SPECIFIC PROGRAMS

Baby Time: (for parents/caregivers with children from birth to 18 months)

This interactive program will engage children in early development activities through social and interactive play. Activities will include creative, sensory, songs, rhymes, finger plays and stories.

Sessions: Tuesdays, December 3, 10, 17, 24, 31, 1:00-3:00pm.

Toddler Time: (for parents/caregivers with children from 18 months to 36 months)

This parent-child program will focus on toddlers' healthy development through play including arts and crafts, sensory activities, motor skills, songs and stories.

Sessions: Wednesdays, December 4, 11, 18, 9:30-11:30am.

PARENT-CHILD OUTDOOR PROGRAMS FOR ALL AGES (birth to 6 years)

Let's Get Active & Explore: (for parents /caregivers with children from birth to 6 years of age)

Join us for some fun activities in the park to promote physical literacy which is an essential part of children's growth and development. This program allows children to explore their interests and have the opportunity to meet other families. You will engage in active movement, creative activities and circle time. Please come dressed in clothing suitable for the weather.

Location: Lusted Park - 75 Painted Post Drive, Scarborough, ON (Markham Road/ Painted Post Drive)

Sessions: Wednesdays, December 4, 11, 18, 1:30-3:30pm.



PRE-REGISTERED AGE-SPECIFIC PARENT-CHILD INDOOR PROGRAM

Pre-registration is required for the following programs. Registration begins on Eventbrite Tuesday, November 12 at 9:00am until Tuesday, November 26 at 12:00pm. To register please click on the registration links provided in the program descriptions.

Holiday Cooking and Crafts: (for parents/caregivers with children from 3 years to 6 years of age)

Join us for this parent-child interactive hands-on program which provides the opportunity for children to learn about healthy meals and the benefits of eating nutritious foods. Children will participate in making tasty holiday treats and creating holiday craft items. This will support your children's development of fine motor, literacy and creative skills.

Sessions: Thursdays, December 5, 12, 19, 9:30-11:30am

Click here to register: <https://holidaycookingandcrafts2024.eventbrite.ca>

PRE-REGISTERED IN-PERSON PARENTING PROGRAMS

Toddler Food Basics: (for parents/caregivers with children from 18 to 36 months)

Parents and caregivers, join us to learn how to plan meals and snacks for your toddler, learn how to be a good role model, and get tips on feeding a picky eater! There will also be a discussion on planning meals based on Canada's Food Guide. This program is offered in partnership with Food Share.

Session: Thursday, December 5, 1:30-4:00pm

Click here to register: <https://toddlerfoodbasics2024.eventbrite.ca>

Child Health and Wellness: (for parents/caregivers)

This one-day interactive workshop will review tips on how lifestyle practices can improve the overall health and wellness of children especially in the areas of healthy eating, physical activity, sleep, regular check-ups and routines immunization. This program is offered in partnership with Toronto Public Health.

Session: Thursday, December 12, 1:30-4:00pm

Click here to register: <https://childhealthandwellness2024.eventbrite.ca>

INDOOR PARENTING PROGRAM

Growing Healthy Together-Prenatal Nutrition Program: (for expecting parents)

Growing Healthy Together-Prenatal Nutrition Program offers free ongoing prenatal classes. Please call **416-438-3697 extb14349** to enquire if you are eligible. You can also send an email to gftprenatal@stridestoronto.ca. This program runs every Tuesday at Scarborough Centre EarlyON from 10:00-11:30am.

The last session will be on December 17, 2024 and programs will resume on January 7, 2025.