



Scarborough Centre EarlyON Child and Family Centre
3478 Lawrence Ave East | Scarborough, ON, M1H 1A9
ScarboroughCentreEarlyON@familydaycare.com
416-438-1800

Scarborough Centre EarlyON Child and Family Centre February 2025 Calendar

We are currently offering in-person programs and services as follows:

In-Person Programs: We are offering **indoor and outdoor** programs for families with children from birth to 6 years of age. We will be following the health and safety protocols and guidelines of Toronto Public Health and the Ministry of Education - Early Years and Child Care Division. **Please bring indoor shoes or socks when attending our indoor programs.** Pre- registration is not required for drop-in programs.

Storypark: Storypark is a secure, private online community space for our EarlyON families. For more information on Storypark please go to www.storypark.com. EarlyON Educators post announcements, videos and resources including songs, stories, home-based learning activities and parenting resources. Families have access to these resources anytime of the day and also an opportunity to share their own ideas and comment. If you are interested in joining in with other families on this community platform, please send an email to ScarboroughcentreEarlyON@familydaycare.com

Phone Support Services: EarlyON Educators are available to answer your questions about how to access our programs and services, parenting and child development, and other local services from Monday to Friday between 9:00am and 5:00pm at (416) 438-1800. Outside of these times, please leave a message and we will return your call as soon as possible.

Visit www.familydaycare.com/earlyON for the most up-to-date information

Please note that programs and program times are subject to change.



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3478 Lawrence Ave East., Scarborough , ON M1H 1A9

February 2025 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Please Note: Kindly read the Calendar carefully due to increased hours for some of our programs. Our centre will be closed on Saturday, February 15 for Family Day Long Weekend and Monday, February 17 for Family Day. Wishing all of our families a wonderful and safe holiday.</p>					<p>1 Family Time 9:30am-12:30pm Open Door 1:00 - 3:30pm</p>
<p>3 Family Time 9:30am - 12:00pm Family Time 1:00 - 3:00pm Open Door 3:00-4:30pm</p>	<p>4 Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am Baby Time 12:30-3:00pm Open Door 3:00-4:30pm Family Time 5:00 -7:00pm</p>	<p>5 Toddler Time 9:30am-12:00pm Let's Get Active and Explore (Park) 1:00-3:00pm Open Door 3:00-4:30pm</p>	<p>6 Exploring Science 9:30am-12:00pm Healthy Eating Using Canada's Food Guide Toronto Public Health 1:00-3:00pm Open Door 3:00-4:30pm</p>	<p>7 Family Time 9:30am - 12:30pm Open Door 1:00-3:00pm</p>	<p>8 Family Time 9:30am-12:30pm Open Door 1:00 - 3:30pm</p>
<p>10 Family Time 9:30am - 12:00pm Family Time 1:00 - 3:00pm Open Door 3:00-4:30pm</p>	<p>11 Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am Baby Time 12:30-3:00pm Open Door 3:00-4:30pm Family Time 5:00 -7:00pm</p>	<p>12 Toddler Time 9:30am-12:00pm Let's Get Active and Explore (Park) 1:00-3:00pm Open Door 3:00-4:30pm</p>	<p>13 Exploring Science 9:30am-12:00pm Screen Time Toronto Public Health 1:00-3:00pm Open Door 3:00-4:30pm</p>	<p>14 Family Time Catholic Crosscultural Services Visit 9:30am - 12:30pm Open Door 1:00-3:00pm</p>	<p>15 Closed for Family Day Long Weekend</p>
<p>17 Closed for Family Day</p>	<p>18 Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am Baby Time 12:30-3:00pm Open Door 3:00-4:30pm Family Time 5:00 -7:00pm</p>	<p>19 Toddler Time 9:30am-12:00pm Let's Get Active and Explore (Park) 1:00-3:00pm Open Door 3:00-4:30pm</p>	<p>20 Exploring Science 9:30am-12:00pm Family Time 1:00-3:00pm Open Door 3:00-4:30pm</p>	<p>21 Family Time 9:30am - 12:30pm Open Door 1:00-3:00pm</p>	<p>22 Family Time 9:30am-12:30pm Open Door 1:00 - 3:30pm</p>
<p>24 Family Time Wood Green Community Services Settlement Counsellor 9:30am - 12:00pm Family Time 1:00 - 3:00pm Open Door 3:00-4:30pm</p>	<p>25 Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am Baby Time 12:30-3:00pm Open Door 3:00-4:30pm Family Time 5:00 -7:00pm</p>	<p>26 Toddler Time 9:30am-12:00pm Let's Get Active and Explore (Park) 1:00-3:00pm Open Door 3:00-4:30pm</p>	<p>27 Exploring Science 9:30am-12:00pm Family Time 1:00-3:00pm Open Door 3:00-4:30pm</p>	<p>28 Family Time Toronto Public Health Nurse Drop-In 9:30am - 12:30pm Open Door 1:00-3:00pm</p>	

Program Descriptions – February 2025

PARENT-CHILD INDOOR PROGRAMS FOR ALL AGES (birth to 6 years)

Family Time: (for parents/caregivers with children from birth to 6 years of age)

This program is for parents/caregivers and their children to meet others and explore with different materials in an early learning environment. The activities will include arts and crafts, sensory, literacy, movement and circle time.
Sessions: Mondays, February 3, 10, 24, 9:30am-12:00pm, 1:00-3:00pm; Tuesdays, February 4, 11, 18, 25, 5:00-7:00pm; Thursdays, February 20, 27, 1:00-3:00pm; Fridays, February 7, 14, 21, 28, 9:30am to 12:30pm; Saturdays, February 1, 8, 22, 9:30am-12:30pm.

Open Door: (for parents/ caregivers with children from birth to 6 years of age)

Parents/caregivers and families come and explore our early learning environment. You will have the opportunity to speak with the staff to answer questions and get information about programs, resources, referrals and services available in the community.

Sessions: Mondays, February 3, 10, 24, 3:00-4:30pm, Tuesdays, February 4, 11, 18, 25, 3:00-4:30pm, Wednesdays, February 5, 12, 19, 26, 3:00-4:30pm, Thursdays, February 6, 13, 20, 27, 3:00-4:30pm, Fridays, February 7, 14, 21, 28, 1:00-3:00pm; Saturdays, February 1, 8, 22, 1:00-3:30pm.

PARENT-CHILD INDOOR AGE-SPECIFIC PROGRAMS

Baby Time: (for parents/caregivers with children from birth to 18 months)

This interactive program will engage children in early development activities through social and interactive play. Activities will include creative, sensory, songs, rhymes, finger plays and stories.

Sessions: Tuesdays, February 4, 11, 18, 25, 12:30-3:00pm.

Toddler Time: (for parents/caregivers with children from 18 months to 36 months)

This parent-child program will focus on toddlers' healthy development through play including arts and crafts, sensory activities, motor skills, songs and stories.

Sessions: Wednesdays, February 5, 12, 19, 26, 9:30am-12:00pm.

PARENT-CHILD OUTDOOR PROGRAMS FOR ALL AGES (birth to 6 years)

Let's Get Active & Explore: (for parents /caregivers with children from birth to 6 years of age)

Join us for some fun activities in the park to promote physical literacy which is an essential part of children's growth and development. This program allows children to explore their interests and have the opportunity to meet other families. You will engage in active movement, creative activities and circle time. Please come dressed in clothing suitable for the weather.

Location: Lusted Park - 75 Painted Post Drive, Scarborough, ON (Markham Road/ Painted Post Drive)

Sessions: Wednesdays, February 5, 12, 19, 26, 1:00-3:00pm.



PRE-REGISTERED AGE-SPECIFIC PARENT-CHILD INDOOR PROGRAM

Pre-registration is required for the following programs. Registration begins on Eventbrite Tuesday, January 14 at 9:00am until Tuesday, January 28 at 12:00pm. To register please click on the registration links provided in the program descriptions.

Exploring Science: (for parents/caregivers with children from 3 years to 6 years of age)

This 4-week interactive hands-on program will allow children to participate in simple science experiments and ideas using everyday materials to learn about the world around them. This program focuses on problem-solving and social skills, language, pre-math and fine motor skills.

Sessions: Thursdays, February 6, 13, 20, 27, 9:30am-12:00pm

Click here to register: <https://exploringscience2025.eventbrite.ca>

PRE-REGISTERED IN-PERSON PARENTING PROGRAMS

Healthy Eating Using Canada's Food Guide: (for parents/caregivers)

Parents and caregivers, join us to learn about Canada's Food Guide and how to put healthy eating concepts into practice. You will also become familiar with the food categories, proportions and healthy eating recommendations from Canada's Food Guide. This program is offered in partnership with Toronto Public Health.

Session: Thursday, February 6, 1:00-3:00pm

Click here to register: <https://healthyeatingusingcanadasfoodguide2025.eventbrite.ca>

Screen Time: (for parents/caregivers)

This one-day interactive workshop will help you to learn about the benefits and impacts screen time can have. Discussions will include recommendations for screen time per age of the child and how to model/manage appropriate screen time behaviour. Physical activity recommendations as an alternative to screen time will also be reviewed. This program is offered in partnership with Toronto Public Health.

Session: Thursday, February 13, 1:00-3:00pm

Click here to register: <https://screentime2025.eventbrite.ca>

INDOOR PARENTING PROGRAM

Growing Healthy Together-Prenatal Nutrition Program: (for expecting parents)

Growing Healthy Together-Prenatal Nutrition Program offers free ongoing prenatal classes. Please call **416-438-3697 extb14349** to enquire if you are eligible. You can also send an email to [gtprenatal@stridestoronto.ca](mailto:ghtprenatal@stridestoronto.ca). This program runs every Tuesday at Scarborough Centre EarlyON from 10:00-11:30am.