



Scarborough Centre EarlyON Child and Family Centre  
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ScarboroughCentreEarlyON@familydaycare.com  
416-438-1800

## Scarborough Centre EarlyON Child and Family Centre March 2025 Calendar

**We are currently offering in-person programs and services as follows:**

**In-Person Programs:** We are offering **indoor and outdoor** programs for families with children from birth to 6 years of age. We will be following the health and safety protocols and guidelines of Toronto Public Health and the Ministry of Education - Early Years and Child Care Division. **Please bring indoor shoes or socks when attending our indoor programs.** Pre- registration is not required for drop-in programs.

**Storypark:** Storypark is a secure, private online community space for our EarlyON families. For more information on Storypark please go to [www.storypark.com](http://www.storypark.com). EarlyON Educators post announcements, videos and resources including songs, stories, home-based learning activities and parenting resources. Families have access to these resources anytime of the day and also an opportunity to share their own ideas and comment. If you are interested in joining in with other families on this community platform, please send an email to [ScarboroughcentreEarlyON@familydaycare.com](mailto:ScarboroughcentreEarlyON@familydaycare.com)


**Phone Support Services:** EarlyON Educators are available to answer your questions about how to access our programs and services, parenting and child development, and other local services from Monday to Friday between 9:00am and 5:00pm at (416) 438-1800. Outside of these times, please leave a message and we will return your call as soon as possible.

Visit [www.familydaycare.com/earlyON](http://www.familydaycare.com/earlyON) for the most up-to-date information

**Please note that programs and program times are subject to change.**



Scarborough Centre EarlyON Child and Family Centre  
 March 2025 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Please Note:</b></p> <p><b>Wishing all of our families who are celebrating Ramadan a joyful and prosperous month.</b></p> <p><b>Saturday, March 22, 2025, is Earth Hour! Families are encouraged to turn off their lights for an hour to help raise awareness about climate change and global warming.</b></p>					<p>1</p> <p>Family Time 9:30am-12:30pm</p> <p>Open Door 1:00 - 3:30pm</p>
<p>3</p> <p>Family Time 9:30am - 12:00pm</p> <p>Family Time 1:00 - 3:00pm</p> <p>Open Door 3:00-4:30pm</p>	<p>4</p> <p><b>Strides Toronto Prenatal Nutrition Program (for expecting parents)</b> 10:00-11:30am</p> <p>Baby Time 12:30-3:00pm</p> <p>Open Door 3:00-4:30pm</p> <p>Family Time 5:00 -7:00pm</p>	<p>5</p> <p>Toddler Time 9:30am-12:00pm</p> <p>Let's Get Active and Explore (<b>Park</b>) 1:00-3:00pm</p> <p>Open Door 3:00-4:30pm</p>	<p>6</p> <p><b>Preschool Fun with Reading and Writing</b> 9:30am-12:00pm</p> <p><b>Positive Parenting (Session 1)</b> <b>Toronto Public Health</b> 1:00-3:00pm</p> <p>Open Door 3:00-4:30pm</p>	<p>7</p> <p>Family Time <b>Infant Massage</b> 9:30am - 12:30pm</p> <p>Open Door 1:00-3:00pm</p>	<p>8</p> <p>Family Time 9:30am-12:30pm</p> <p>Open Door 1:00 - 3:30pm</p>
<p>10</p> <p>Family Time 9:30am - 12:00pm</p> <p>Family Time 1:00 - 3:00pm</p> <p>Open Door 3:00-4:30pm</p>	<p>11</p> <p><b>Strides Toronto Prenatal Nutrition Program (for expecting parents)</b> 10:00-11:30am</p> <p>Baby Time 12:30-3:00pm</p> <p>Open Door 3:00-4:30pm</p> <p>Family Time 5:00 -7:00pm</p>	<p>12</p> <p>Toddler Time 9:30am-12:00pm</p> <p>Let's Get Active and Explore (<b>Park</b>) 1:00-3:00pm</p> <p>Open Door 3:00-4:30pm</p>	<p>13</p> <p><b>Preschool Fun with Reading and Writing</b> 9:30am-12:00pm</p> <p><b>Positive Parenting (Session 2)</b> <b>Toronto Public Health</b> 1:00-3:00pm</p> <p>Open Door 3:00-4:30pm</p>	<p>14</p> <p>Family Time <b>Infant Massage</b> <b>Catholic Crosscultural Services Visit</b> 9:30am - 12:30pm</p> <p>Open Door 1:00-3:00pm</p>	<p>15</p> <p>Family Time 9:30am-12:30pm</p> <p>Open Door 1:00 - 3:30pm</p>
<p>17</p> <p>Family Time 9:30am - 12:00pm</p> <p>Family Time 1:00 - 3:00pm</p> <p>Open Door 3:00-4:30pm</p>	<p>18</p> <p><b>Strides Toronto Prenatal Nutrition Program (for expecting parents)</b> 10:00-11:30am</p> <p>Baby Time 12:30-3:00pm</p> <p>Open Door 3:00-4:30pm</p> <p>Family Time 5:00 -7:00pm</p>	<p>19</p> <p>Toddler Time 9:30am-12:00pm</p> <p>Let's Get Active and Explore (<b>Park</b>) 1:00-3:00pm</p> <p>Open Door 3:00-4:30pm</p>	<p>20</p> <p><b>Preschool Fun with Reading and Writing</b> 9:30am-12:00pm</p> <p>Family Time 1:00-3:00pm</p> <p>Open Door 3:00-4:30pm</p>	<p>21</p> <p>Family Time <b>Infant Massage</b> 9:30am - 12:30pm</p> <p>Open Door 1:00-3:00pm</p>	<p>22</p> <p>Family Time 9:30am-12:30pm</p> <p>Open Door 1:00 - 3:30pm</p>
<p>24</p> <p>Family Time <b>Wood Green Community Services Settlement Counsellor</b> 9:30am - 12:00pm</p> <p>Family Time 1:00 - 3:00pm</p> <p>Open Door 3:00-4:30pm</p>	<p>25</p> <p><b>Strides Toronto Prenatal Nutrition Program (for expecting parents)</b> 10:00-11:30am</p> <p>Baby Time 12:30-3:00pm</p> <p>Open Door 3:00-4:30pm</p> <p>Family Time 5:00 -7:00pm</p>	<p>26</p> <p>Toddler Time 9:30am-12:00pm</p> <p>Let's Get Active and Explore (<b>Park</b>) 1:00-3:00pm</p> <p>Open Door 3:00-4:30pm</p>	<p>27</p> <p><b>Preschool Fun with Reading and Writing</b> 9:30am-12:00pm</p> <p>Family Time 1:00-3:00pm</p> <p>Open Door 3:00-4:30pm</p>	<p>28</p> <p>Family Time <b>Toronto Public Health Nurse Drop-In</b> 9:30am - 12:30pm</p> <p>Open Door 1:00-3:00pm</p>	<p>29</p> <p>Family Time 9:30am-12:30pm</p> <p>Open Door 1:00 - 3:30pm</p>
<p>31</p> <p>Family Time 9:30am - 12:00pm</p> <p>Family Time 1:00 - 3:00pm</p> <p>Open Door 3:00-4:30pm</p>	<p>Ontario </p>				

## Program Descriptions – March 2025

### **PARENT-CHILD INDOOR PROGRAMS FOR ALL AGES (birth to 6 years)**

**Family Time: (for parents/caregivers with children from birth to 6 years of age)**

This program is for parents/caregivers and their children to meet others and explore with different materials in an early learning environment. The activities will include arts and crafts, sensory, literacy, movement and circle time.

**Sessions: Mondays, March 3, 10, 17, 24, 31, 9:30am-12:00pm, 1:00-3:00pm; Tuesdays, March 4, 11, 18, 25, 5:00-7:00pm; Thursdays, March 20, 27, 1:00-3:00pm; Fridays, March 7, 14, 21, 28, 9:30am to 12:30pm; Saturdays, March 1, 8, 15, 22, 29, 9:30am-12:30pm.**

**Open Door: (for parents/ caregivers with children from birth to 6 years of age)**

Parents/caregivers and families come and explore our early learning environment. You will have the opportunity to speak with the staff to answer questions and get information about programs, resources, referrals and services available in the community.

**Sessions: Mondays, March 3, 10, 17, 24, 31, 3:00-4:30pm, Tuesdays, March 4, 11, 18, 25, 3:00-4:30pm, Wednesdays, March 5, 12, 19, 26, 3:00-4:30pm, Thursdays, March 6, 13, 20, 27, 3:00-4:30pm, Fridays, March 7, 14, 21, 28, 1:00-3:00pm; Saturdays, March 1, 8, 15, 22, 29, 1:00-3:30pm.**

### **PARENT-CHILD INDOOR AGE-SPECIFIC PROGRAMS**

**Baby Time: (for parents/caregivers with children from birth to 18 months)**

This interactive program will engage children in early development activities through social and interactive play. Activities will include creative, sensory, songs, rhymes, finger plays and stories.

**Sessions: Tuesdays, March 4, 11, 18, 25, 12:30-3:00pm.**

**Infant Massage: (for parents/caregivers with children from birth to 12 months ONLY)**

Join us in this 3-week program to enjoy learning about the benefits of infant massage and relaxation techniques to use with your baby. A Registered Massage Therapist will answer any questions you may have. This program is offered in partnership with Centennial College.

**Sessions: Fridays, March 7, 14, 21, 9:30am-11:30am.**

**Toddler Time: (for parents/caregivers with children from 18 months to 36 months)**

This parent-child program will focus on toddlers' healthy development through play including arts and crafts, sensory activities, motor skills, songs and stories.

**Sessions: Wednesdays, March 5, 12, 19, 26, 9:30am-12:00pm.**

### **PARENT-CHILD OUTDOOR PROGRAMS FOR ALL AGES (birth to 6 years)**

**Let's Get Active & Explore: (for parents /caregivers with children from birth to 6 years of age)**

Join us for some fun activities in the park to promote physical literacy which is an essential part of children's growth and development. This program allows children to explore their interests and have the opportunity to meet other families. You will engage in active movement, creative activities and circle time. Please come dressed in clothing suitable for the weather.

**Location: Lusted Park - 75 Painted Post Drive, Scarborough, ON (Markham Road/ Painted Post Drive)**

**Sessions: Wednesdays, March 5, 12, 19, 26, 1:00-3:00pm.**



## PRE-REGISTERED AGE-SPECIFIC PARENT-CHILD INDOOR PROGRAM

Pre-registration is required for the following programs. Registration begins on Eventbrite Tuesday, February 11 at 9:00am until Monday, February 25 at 12:00pm. To register please click on the registration links provided in the program descriptions.

### Preschool Fun with Reading and Writing: (for parents/caregivers with children from 3 years to 6 years of age)

This 4-week parent-child interactive program will help to broaden children's vocabulary and increase their ability to communicate. The focus will be on early literacy, math, sensory, fine motor, stories, songs and social developmental skills.

Sessions: Thursdays, March 6, 13, 20, 27, 9:30am-12:00pm

Click here to register: <https://psfunwithreadingandwriting2025.eventbrite.ca>

## PRE-REGISTERED IN-PERSON PARENTING PROGRAMS

### Positive Parenting: (for parents/caregivers)

Join us in this two week workshop, which will provide an overview about positive parenting and tips on specific ways parents/caregivers can help guide your children's behaviours. The topics to discuss will include temperament, why children misbehave and positive parenting strategies that can be used to reduce difficult behaviours. This program is offered in partnership with Toronto Public Health.

Sessions: Thursdays, March 6, 13, 1:00-3:00pm.

Click here to register: <https://nobodysperfect2025.eventbrite.ca>

## INDOOR PARENTING PROGRAM

### Growing Healthy Together-Prenatal Nutrition Program: (for expecting parents)

Growing Healthy Together-Prenatal Nutrition Program offers free ongoing prenatal classes. Please call 416-438-3697 extb14349 to enquire if you are eligible. You can also send an email to [ghtprenatal@stridestoronto.ca](mailto:ghtprenatal@stridestoronto.ca). This program runs every Tuesday at Scarborough Centre EarlyON from 10:00-11:30am.

## WOODGREEN NEWCOMER SERVICES

### WoodGreen Newcomer Services Settlement Counsellor

Visits Scarborough Centre EarlyON Centre every fourth Monday, 9:30am-12:00pm, providing a wide range of services and programs that connect and support the inclusion of newcomers and their families in Canada.

For more information, please email: [jguan@woodgreen.org](mailto:jguan@woodgreen.org)