



Scarborough Centre EarlyON Child and Family Centre
3478 Lawrence Ave East | Scarborough, ON, M1H 1A9
ScarboroughCentreEarlyON@familydaycare.com

Scarborough Centre EarlyON Child and Family Centre November 2024 Calendar

We are currently offering in-person programs and services as follows:

In-Person Programs: We are offering **indoor and outdoor** programs for families with children from birth to 6 years of age. We will be following the health and safety protocols and guidelines of Toronto Public Health and the Ministry of Education - Early Years and Child Care Division. Families should continue to self-screen every time before attending in-person programs. **Please bring indoor shoes or socks when attending our indoor programs.** Pre- registration is not required for drop-in programs.

Storypark: Storypark is a secure, private online community space for our EarlyON families. For more information on Storypark please go to www.storypark.com. EarlyON Educators post announcements, videos and resources including songs, stories, home-based learning activities and parenting resources. Families have access to these resources anytime of the day and also an opportunity to share their own ideas and comment. If you are interested in joining in with other families on this community platform, please send an email to ScarboroughcentreEarlyON@familydaycare.com

Phone Support Services: EarlyON Educators are available to answer your questions about how to access our programs and services, parenting and child development, and other local services from Monday to Friday between 9:00am and 5:00pm at (416) 438-1800. Outside of these times, please leave a message and we will return your call as soon as possible.

Visit www.familydaycare.com/earlyON for the most up-to-date information

Please note that programs and program times are subject to change.



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 3478 Lawrence Ave East., Scarborough , ON M1H 1A9

November 2024 Calendar

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>Please Note: NEW HOURS! Kindly read the Calendar carefully due to increased hours for some of our programs. Remembrance Day - On Monday, November 11, we stop for two minutes to honour those who have served, continue to serve and made the great sacrifice to defend our country.</p> | | | | 1 Family Time 9:30 - 11:30am *NEW* Open Door 1:30-4:00pm | 2 *NEW* Family Time 9:30am-12:00pm *NEW* Open Door 1:00 - 3:00pm |
| 4 Family Time 9:30 - 11:30am *NEW* Family Time 1:30 - 4:00pm | 5 Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am Baby Time 1:00-3:00pm Family Time 5:00 -7:00pm | 6 Toddler Time 9:30-11:30am Let's Get Active and Explore (Park) 1:30-3:30pm | 7 Preschool First Arts 9:30-11:30am *NEW* Healthy Routines Toronto Public Health 1:30-4:00pm | 8 Family Time 9:30 - 11:30am *NEW* Open Door 1:30-4:00pm | 9 *NEW* Family Time 9:30am-12:00pm *NEW* Open Door 1:00 - 3:00pm |
| 11 Family Time 9:30 - 11:30am *NEW* Family Time 1:30 - 4:00pm | 12 Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am Baby Time 1:00-3:00pm Family Time 5:00 -7:00pm | 13 Toddler Time 9:30-11:30am Let's Get Active and Explore (Park) 1:30-3:30pm | 14 Preschool First Arts 9:30-11:30am *NEW* Making Your Own Baby Food Toronto Public Health 1:30-4:00pm | 15 Family Time 9:30 - 11:30am *NEW* Open Door 1:30-4:00pm | 16 *NEW* Family Time 9:30am-12:00pm *NEW* Open Door 1:00 - 3:00pm |
| 18 Family Time 9:30 - 11:30am *NEW* Family Time 1:30 - 4:00pm | 19 Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am Baby Time 1:00-3:00pm Family Time 5:00 -7:00pm | 20 Toddler Time 9:30-11:30am Let's Get Active and Explore (Park) 1:30-3:30pm | 21 Preschool First Arts 9:30-11:30am *NEW* Family Time Toronto Public Library 1:30 - 4:00pm | 22 Family Time 9:30 - 11:30am *NEW* Open Door 1:30-4:00pm | 23 *NEW* Family Time 9:30am-12:00pm *NEW* Open Door 1:00 - 3:00pm |
| 25 Family Time Wood Green Community Services Settlement Counsellor 9:30 - 11:30am *NEW* Family Time 1:30 - 4:00pm | 26 Strides Toronto Prenatal Nutrition Program (for expecting parents) 10:00-11:30am Baby Time 1:00-3:00pm Family Time 5:00 -7:00pm | 27 Toddler Time 9:30-11:30am Let's Get Active and Explore (Park) 1:30-3:30pm | 28 Preschool First Arts 9:30-11:30am *NEW* Family Time 1:30 - 4:00pm | 29 Family Time Toronto Public Health Nurse Visit 9:30 - 11:30am *NEW* Open Door 1:30-4:00pm | 30 *NEW* Family Time 9:30am-12:00pm *NEW* Open Door 1:00 - 3:00pm Ontario |



Program Descriptions – November 2024

PARENT-CHILD INDOOR PROGRAMS FOR ALL AGES (birth to 6 years)

Family Time: (for parents/caregivers with children from birth to 6 years of age)

This program is for parents/caregivers and their children to meet others and explore with different materials in an early learning environment. The activities will include arts and crafts, sensory, literacy, movement and circle time.

Sessions: Mondays, November 4, 11, 18, 25, 9:30-11:30am, 1:30-4:00pm; Tuesdays, November 5, 12, 19, 26 5:00-7:00pm; Thursdays, November, 21, 28, 1:30-4:00pm; Fridays, November 1, 8, 15, 22, 29, 9:30 to 11:30am; Saturdays, November 2, 9, 16, 23, 30, 9:30am-12:00pm.

Open Door: (for parents/ caregivers with children from birth to 6 years of age)

Parents/caregivers and families come and explore our centre and the many services and resources available and you are welcome to play with your child/children. You will have the opportunity to speak with staff members to get information about EarlyON programs, community resources and services. A circle time will be included.

Sessions: Fridays, November 1, 8, 15, 22, 29, 1:30-4:00pm; Saturdays, November 2, 9, 16, 23, 30, 1:00-3:00pm.

PARENT-CHILD INDOOR AGE-SPECIFIC PROGRAMS

Baby Time: (for parents/caregivers with children from birth to 18 months)

This interactive program will engage children in early development activities through social and interactive play. Activities will include creative, sensory, songs, rhymes, finger plays and stories.

Sessions: Tuesdays, November 5, 12, 19, 26, 1:00-3:00pm.

Toddler Time: (for parents/caregivers with children from 18 months to 36 months)

This parent-child program will focus on toddlers’ healthy development through play including arts and crafts, sensory activities, motor skills, songs and stories.

Sessions: Wednesdays, November 6, 13, 20, 27, 9:30-11:30am.

PARENT-CHILD OUTDOOR PROGRAMS FOR ALL AGES (birth to 6 years)

Let’s Get Active & Explore: (for parents /caregivers with children from birth to 6 years of age)

Join us for some fun activities in the park to promote physical literacy which is an essential part of children's growth and development. This program allows children to explore their interests and have the opportunity to meet other families. You will engage in active movement, creative activities and circle time.

Location: Lusted Park - 75 Painted Post Drive, Scarborough, ON (Markham Road/ Painted Post Drive)

Sessions: Wednesdays, November 6, 13, 20, 27, 1:30-3:30pm.

PRE-REGISTERED AGE-SPECIFIC PARENT-CHILD INDOOR PROGRAM

Pre-registration is required for the following programs. Registration begins on Eventbrite Tuesday, October 16 at 9:00am until Wednesday, October 30 at 12:00pm. To register please click on the registration links provided in the program descriptions.

Preschool First Arts: (for parents/caregivers with children from 3 years to 6 years of age)

Join us for a 4-week parent-child interactive program to engage children in a creative journey. This play-based program provides children with the opportunity to participate in a range of activities that explore the five elements of art and design.

Sessions: Thursdays, November 7, 14, 21, 28, 9:30-11:30am.

Click here to register: <https://preschoolfirststarts2024.eventbrite.ca>

PRE-REGISTERED IN-PERSON PARENTING PROGRAMS

Healthy Routines: (for parents/caregivers)

Join us in this workshop to learn about the benefits of healthy routines which will provide a sense of security in your child's development. You will engage in discussion about the importance of routines, what factors play into establishing routines and some tips to ensure safety. This program is offered in partnership with Toronto Public Health.

Session: Thursday, November 7, 1:30-4:00pm.

Click here to register: <https://healthyroutines2024.eventbrite.ca>

Making Your Own Baby Food: (for parents/caregivers with children from birth to 12 months)

Parents/caregivers join in this one-day workshop to learn about healthy eating for your children. The discussions will include the importance and benefits of breastfeeding, introducing solids and other food sources and how to prepare/make healthy baby food. This program is offered in partnership with Toronto Public Health.

Session: Thursday, November 14, 1:30-4:00pm.

Click here to register: <https://makingyourownbabyfood2024.eventbrite.ca>

INDOOR PARENTING PROGRAM

Growing Healthy Together-Prenatal Nutrition Program: (for expecting parents)

Growing Healthy Together-Prenatal Nutrition Program offers free ongoing prenatal classes. Please call **416-438-3697 extb14349** to enquire if you are eligible. You can also send an email to gftprenatal@stridestoronto.ca. This program runs every Tuesday at Scarborough Centre EarlyON from 10:00-11:30am.