



Child and Family Centre

Scarborough Centre EarlyON Child and Family Centre
3478 Lawrence Ave. E., Scarborough, ON M1H 1A9, (416) 438 - 1800

Office Hours
Monday to Friday: 9:00 am - 5:00 pm; Saturday: 9:00 am - 2:30 pm

Calendar of events

March 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2
				Family Time 9:30-11:30 am Open Door 1:30 - 3:30 pm	Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
4	5	6	7	8	9
Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	Tot Stop TPHN Visits 9:30-11:30 am Family Time 1:30-3:30 pm	Indoor Gym 10:00 -11:30am *First Arts* (Week 1 of 7) 1:30-3:30 pm	Family Time 9:30-11:30 am Open Door 1:30 - 3:30 pm	Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
11	12	13	14	15	16
Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	*Mobile Developmental Outreach Clinic* Tot Stop 9:30-11:30 am Family Time 1:30-3:30 pm	Indoor Gym 10:00 -11:30am *First Arts* (Week 2 of 7) 1:30-3:30 pm	Family Time 9:30-11:30 am Open Door 1:30 - 3:30 pm	Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
18	19	20	21	22	23
Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	Tot Stop 9:30-11:30 am *Workshop: Promoting Optimal Development in Children* 1:30-3:30 pm	Indoor Gym 10:00 -11:30am *First Arts* (Week 3 of 7) 1:30-3:30 pm	Family Time 9:30-11:30 am Open Door 1:30 - 3:30 pm	Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
25	26	27	28	29	30
Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	Tot Stop 9:30-11:30 am Family Time TPHN Visits 1:30 - 3:30 pm	Indoor Gym 10:00 -11:30am *First Arts* (Week 4 of 7) 1:30-3:30 pm	Family Time 9:30-11:30 am Open Door 1:30 - 3:30 pm	Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm



Child and Family Centre

Parkway Mall Satellite Location

85 Ellesmere Rd., Scarborough, ON, M1R 4B9, (416) 438 - 1800

Office Hours:

Monday, Wednesday & Thursday: 9:00 am - 5:00 pm; Tuesday: 12:00-8:00 pm

Calendar of events

March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Centre closed. Please see our Main Site or satellite locations for details.
4 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	5 <i>No morning program</i> Family Time 1:30 - 3:30 pm Family Time 5:30-7:30 pm	6 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	7 Babies in Playland TPHN Visits 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	8 Centre closed. Please see our Main Site or satellite locations for details.
11 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	12 <i>No morning program</i> Family Time 1:30 - 3:30 pm Family Time 5:30-7:30 pm	13 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	14 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	15 Centre closed. Please see our Main Site or satellite locations for details.
18 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	19 <i>No morning program</i> *Workshop: Positive Parenting Strategies* 1:30 - 3:30 pm Family Time 5:30-7:30 pm	20 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	21 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	22 Centre closed. Please see our Main Site or satellite locations for details.
25 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	26 <i>No morning program</i> Family Time 1:30 - 3:30 pm Family Time 5:30-7:30 pm	27 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	28 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	29 Centre closed. Please see our Main Site or satellite locations for details.



Child and Family Centre

Satellite Locations

(MCC) McGregor Park Community Centre: 2231 Lawrence Ave E (West of Kennedy)

(SCCL) Scarborough Civic Centre Library: 156 Borough Dr.

(VPH) Victoria Park Hub: 1527 Victoria Park Ave (at Eglinton)

(BL) Bendale Library: 1515 Danforth Rd

(GR. PS) Golf Road Jr P.S.: 730 Scarborough Golf Club Rd

Calendar of events

March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				MCC Family Time 10:00 - 11:30 am
6	7	8	9	8
Please see Main Site or Parkway Mall Satellite for details	VPH <i>*Fun with Reading & Writing*</i> (Week 2 of 6) 9:30 - 11:00 am	GR. PS <i>*Fun with Learning*</i> (Week 2 of 6) 10:00 - 11:30 am	Please see Main Site or Parkway Mall Satellite for details	MCC Family Time 10:00 - 11:30 am
13	14	13	14	15
Please see Main Site or Parkway Mall Satellite for details	VPH <i>*Fun with Reading & Writing*</i> (Week 3 of 6) 9:30 - 11:00 am	GR. PS March Break - No program Please see Main Site or Parkway Mall Satellite for details	Please see Main Site or Parkway Mall Satellite for details	MCC Family Time 10:00 - 11:30 am
18	19	20	21	22
Please see Main Site or Parkway Mall Satellite for details	VPH <i>*Fun with Reading & Writing*</i> (Week 4 of 6) 9:30 - 11:00 am	GR. PS <i>*Fun with Learning*</i> (Week 3 of 6) 10:00 - 11:30 am	Please see Main Site or Parkway Mall Satellite for details	MCC Family Time TPHN Visits 10:00 - 11:30 am
25	26	27	28	29
Please see Main Site or Parkway Mall Satellite for details	VPH <i>*Fun with Reading & Writing*</i> (Week 5 of 6) 9:30 - 11:00 am	GR. PS <i>*Fun with Learning*</i> (Week 4 of 6) 10:00 - 11:30 am	Please see Main Site or Parkway Mall Satellite for details	MCC Family Time 10:00 - 11:30 am



Child and Family Centre

PROGRAM DESCRIPTIONS:

Programs for all ages (0 - 6 years):

A Circle of Play: A quiet program for children and families who have developmental concerns for their children. Families will have the opportunity to connect with our Registered Early Childhood Educators, community partners and with other families.

Indoor Gym: A program that focuses on the development of your child's gross motor skills. A variety of equipment, games, action songs and rhymes are used to promote their gross motor development.

Family Time: An opportunity for parents, caregivers and their children to meet others and play interactively in an early learning environment. The activities provided in this program include arts and crafts, music, sensory, pre-reading and mathematics.

Open Door : Come and explore our centre and the many services and resources available to you. Families are welcome to come and play with their children when regular programs are not being offered

Me & Dad: This is an interactive program for dads, stepdads, uncles, grandfathers, foster dads or any father figures. An opportunity to spend quality time with your child/children The program includes arts and crafts, music and movement, stories and discovery time.

Age Specific Programs:

Babies in Playland - birth to 18 months only: This program focuses on early development through social and interactive play. The activities provided will include creative, sensory, songs and rhymes and motor development. Parents and caregivers will be provided with information on infant development and care.

Tot Stop - 18 to 36 months only: This program focuses on toddlers' development through play. Parents and caregivers will engage in activities with their child including arts and crafts, sensory as well as songs and rhymes.

***Pre-registered Programs*:**

***First Arts* - For parents, caregivers and children 3-6 years of age:** A play-based parent-child program that will take families on a creative journey to imagine, create and inspire shared by both participants and facilitators . During the sessions, parents, caregivers and children will engage in a range of activities that explore the five elements of art and design: lines, colours, shapes, textures and patterns. Please no younger siblings. **Thursday afternoons at Main Site from March 7 to April 18, 2019; 1:30 - 3:30 pm**

Fun with Reading & Writing* - For parents, caregivers and children 3-6 years of age: A 6-week program where we will be focusing on the reading and writing skills of the children, as they work together with their parents and our staff in a fun learning environment. Please no younger siblings. **Tuesday mornings at Victoria Park Hub from February 26 to April 2, 2019; 9:30 - 11:00 am**

***Preschool Fun with Learning* - For parents, caregivers and children 3-6 years of age:** This is a six-week interactive parent/caregiver and child program. Activities will include pre-reading, math concepts, games, puzzles, creative and sensory exercises. Please no younger siblings. **Wednesday mornings at Golf Road Jr. P.S. from February 27 to April 10, 2019; 10:00 - 11:30 am**

***Workshop: Promoting Optimal Development in Children* - For parents, caregivers and children 18 months-6 years of age:** One-day workshop that will provide parents and caregivers with strategies to promote optimal development for children. Topics include: Children's developmental skills and how to encourage them to build confidence. **Wednesday March 20, 2019 from 1:30 pm at Main Site**

***Workshop: Positive Parenting Strategies* - For parents, caregivers and children 18 months-6 years of age:** One-day workshop that will provide parents and caregivers with effective parenting strategies, skills and confidence in raising children. **Tuesday March 19, 2019 from 1:30pm at Parkway Mall**

Please note that all programs and program times are subject to change. Please call us at (416) 438 - 1800 for the most up-to-date schedule, thank you.

Growing Healthy Together - Expectant Mothers:

The Canadian Pre-natal Nutrition Program offers free ongoing pre-natal classes. Please call 416-321-5464 Ext. 349 to see if you are eligible.

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