



Child and Family Centre

**Scarborough Centre EarlyON Child and Family Centre**  
 3478 Lawrence Ave. E., Scarborough, ON M1H 1A9, (416) 438 - 1800

**Office Hours**  
 Monday to Friday: 9:00 am - 5:00 pm; Saturday: 9:00 am - 2:30 pm

## Calendar of events

## April 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	2 <b>Growing Healthy Together - Expectant Mothers:</b> 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	3 Tot Stop 9:30-11:30 am Family Time 1:30-3:30 pm	4 Indoor Gym 10:00 -11:30am <b>*First Arts*</b> <i>(5 of 7)</i> <b>1:30 - 3:30 pm</b>	5 Family Time 9:30-11:30 am Open Door 1:30 - 3:30 pm	6 Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
8 Family Time TPHN 9:30-11:30 am Family Time 1:30-3:30 pm	9 <b>Growing Healthy Together - Expectant Mothers:</b> 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	10 <b>*Mobile Developmental Outreach Clinic*</b> Tot Stop 9:30-11:30 am Family Time 1:30-3:30 pm	11 Indoor Gym 10:00 -11:30am <b>*First Arts*</b> <i>(6 of 7)</i> <b>1:30 - 3:30 pm</b>	12 Family Time 9:30-11:30 am Open Door 1:30 - 3:30 pm	13 Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
15 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	16 <b>Growing Healthy Together - Expectant Mothers:</b> 9:30 am - 12:00 pm Babies in Playland 2:00 -3:30 pm Baby Zumba 3:00 - 3:30	17 Tot Stop 9:30-11:30 am <b>*Workshop: Raising Independent Children*</b> <b>1:30-3:30 pm</b>	18 Indoor Gym 10:00 -11:30am <b>*First Arts*</b> <i>(7 of 7)</i> <b>1:30 - 3:30 pm</b>	19 <b>Closed for Good Friday!</b>	20 <b>Closed for Easter Weekend!</b>
22 <b>Easter Monday/Earth Day</b> Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	23 <b>Growing Healthy Together - Expectant Mothers:</b> 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	24 Tot Stop TPHN 9:30-11:30 am Family Time 1:30-3:30 pm	25 Indoor Gym Community Oral Health Visit 10:00 -11:30am <b>*Toddler Food Basics*</b> <b>1:30-3:30 pm</b>	26 Family Time 9:30-11:30 am Open Door 1:30 - 3:30 pm	27 Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
29 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	30 <b>Growing Healthy Together - Expectant Mothers:</b> 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm				



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### Parkway Mall Satellite Location

85 Ellesmere Rd., Scarborough, ON, M1R 4B9, (416) 438 - 1800

**Office Hours:**

Monday, Wednesday & Thursday: 9:00 am - 5:00 pm; Tuesday: 12:00-8:00 pm

## Calendar of events

## April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	2 <i>No morning program</i> Family Time TPHN 1:30 - 3:30 pm Family Time 5:30-7:30 pm	3 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	4 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	5 Centre closed. Please see our Main Site or satellite locations for details.
8 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	9 <i>No morning program</i> Family Time 1:30 - 3:30 pm Family Time 5:30-7:30 pm	10 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	11 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	12 Centre closed. Please see our Main Site or satellite locations for details.
15 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	16 <i>No morning program</i> <b>*Workshop: The Importance of Play*</b> <b>1:30 - 3:30 pm</b> Family Time 5:30-7:30 pm	17 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	18 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	19 <b>Centre closed for Good Friday</b>
22 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	23 <i>No morning program</i> Family Time 1:30 - 3:30 pm Family Time 5:30-7:30 pm	24 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	25 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	26 Centre closed. Please see our Main Site or satellite locations for details.
29 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	30 <i>No morning program</i> Family Time 1:30 - 3:30 pm Family Time 5:30-7:30 pm			



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### Satellite Locations

(MCC) McGregor Park Community Centre: 2231 Lawrence Ave E (West of Kennedy)

(VPH) Victoria Park Hub: 1527 Victoria Park Ave (at Eglinton)

(GR. PS) Golf Road Jr P.S.: 730 Scarborough Golf Club Rd

## Calendar of events

## April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 Please see Main Site or Parkway Mall Satellite for details	2 <b>VPH</b> <i>*Fun with Reading &amp; Writing*</i> (Week 6 of 6) 9:30 - 11:00 am	3 <b>Gr. PS</b> <i>*Fun with Learning*</i> (Week 5 of 6) 10:00 - 11:30 am	4 Please see Main Site or Parkway Mall Satellite for details	5 <b>MCC</b> Family Time 10:00 - 11:30 am
8 Please see Main Site or Parkway Mall Satellite for details	9 <b>VPH</b> <i>*Family Math*</i> (Week 1 of 6) 9:30 - 11:00 am	10 <b>Gr. PS</b> <i>*Fun with Learning*</i> (Week 6 of 6) 10:00 - 11:30 am	11 Please see Main Site or Parkway Mall Satellite for details	12 <b>MCC</b> Family Time TPHN 10:00 - 11:30 am
15 Please see Main Site or Parkway Mall Satellite for details.	16 <b>VPH</b> <i>*Family Math*</i> (Week 2 of 6) 9:30 - 11:00 am *	17 <b>Gr. PS</b> <i>*Fun with Numbers*</i> (Week 1 of 5) 10:00 - 11:30 am	18 Please see Main Site or Parkway Mall Satellite for details	19 <b>MCC</b> Centre closed for Good Friday
22 Please see Main Site or Parkway Mall Satellite for details.	23 <b>VPH</b> <i>*Family Math*</i> (Week 3 of 6) 9:30 - 11:00 am	24 <b>Gr. PS</b> <i>*Fun with Numbers*</i> (Week 2 of 5) 10:00 - 11:30 am	25 Please see Main Site or Parkway Mall Satellite for details	26 <b>MCC</b> Family Time 10:00 - 11:30 am
29 Please see Main Site or Parkway Mall Satellite for details.	30 <b>VPH</b> <i>*Family Math*</i> (Week 4 of 6) 9:30 - 11:00 am			



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## **PROGRAM DESCRIPTIONS:**

**\*TPHN (Toronto Public Health Nurse) Visits**

### **Programs for all ages (0 - 6 years):**

**A Circle of Play:** A quiet program for children and families who have developmental concerns for their children. Families will have the opportunity to connect with our Registered Early Childhood Educators, community partners and with other families.

**Family Time:** An opportunity for parents, caregivers and their children to meet others and play interactively in an early learning environment. The activities provided in this program include arts and crafts, music, sensory, pre-reading and mathematics.

**Open Door :** Come and explore our centre and the many services and resources available to you. Families are welcome to come and play with their children when regular programs are not being offered

**Indoor Gym:** A program that focuses on the development of your child's gross motor skills. A variety of equipment, games, action songs and rhymes are used to promote their gross motor development.

**Me & Dad:** This is an interactive program for dads, stepdads, uncles, grandfathers, foster dads or any father figures. An opportunity to spend quality time with your child/children The program includes arts and crafts, music and movement, stories and discovery time.

### **Age Specific Programs:**

**Babies in Playland - birth to 18 months only:** This program focuses on early development through social and interactive play. The activities provided will include creative, sensory, songs and rhymes and motor development. Parents and caregivers will be provided with information on infant development and care.

**Tot Stop - 18 to 36 months only:** This program focuses on toddlers' development through play. Parents and caregivers will engage in activities with their child including arts and crafts, sensory as well as songs and rhymes.

### **\*Pre-registered Programs\*:**

**\*Toddler Food Basics\* For parents, caregivers and children 18 months-3 years of age:** A one-day workshop on how to support healthy eating for toddlers. Topics include: toddlers' nutritional needs, healthy food toddlers will eat, good eating routines, and food handling and preparation. **Thursday April 25, 2019 from 1:30 - 3:30pm at Main Site.**

**\*Family Math\* For parents, caregivers and children 3-6 years of age:** This program will help parents and caregivers gain confidence and understanding of math concepts. Children will actively engage in math activities to make sense of math in the real world. The goal of this program is for math to be enjoyed in a positive learning environment. **Tuesday mornings at Victoria Park Hub from April 9 to May 14, 2019 from 9:30 - 11:00 am - Registration date: Friday March 29, 2019 at 9:30 am**

**\*Fun with Numbers\* - For parents, caregivers and children 3-6 years of age:** This program provides hands-on activities for parents and caregivers to support their children's early math skills. Focus is on sorting, patterning, number recognition, matching and games. Please no younger siblings. **Wednesday mornings at Golf Rd Jr P.S. from April 17 to May 15, 2019 from 10:00 - 11:30 am - Registration date: Monday April 1, 2019 at 9:30 am**

**\*Workshop: The Importance of Play\* For parents, caregivers and children 18 months-6 years of age:** This workshop will focus on the importance of the positive effects of play, different play experiences, supporting play at home and maintaining strong parent-child bonds while facilitating play. **Tuesday April 16, 1:30 - 3:30 pm at Parkway Mall Satellite**

**\*Workshop: Raising Independent Children \* For parents, caregivers and children 18 months-6 years of age:** This workshop will provide different ideas of creating a balance between encouraging independence while nurturing your children. **Wednesday April 17, 2019 from 1:30 - 3:30 pm at Main Site**

*\*Please note that all programs and program times are subject to change. Please call us at (416) 438 - 1800 for the most up-to-date schedule, thank you.\**

### **\*New\* Registration dates for pre-registered programs:**

**Family Math - Friday March 29, 2019 at 9:30 am**

**Fun with Numbers - Monday April 1, 2019 at 9:30 am**

To register, please call 416 438 1800

### **Growing Healthy Together - Expectant Mothers:**

The Canadian Pre-natal Nutrition Program offers free ongoing pre-natal classes. Please call 416-321-5464 Ext. 349 to see if you are eligible.

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416 - 438 - 1800 | [www.familydaycare.com](http://www.familydaycare.com)

