



Child and Family Centre

**Scarborough Centre EarlyON Child and Family Centre**  
**3478 Lawrence Ave. E., Scarborough, ON M1H 1A9, (416) 438 - 1800**

**Office Hours**

**Monday to Friday: 9:00 am - 5:00 pm; Saturday: 9:00 am - 2:30 pm**

**Calendar of events**

**February 2019**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Family Time <i>*Infant Massage*</i> 9:30-11:30 am Open Door 1:30 - 3:30 pm	2 <i>Happy Groundhog Day!</i>  Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
4 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	5 <i>Happy Lunar New Year!</i> Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland TPHN Visits 2:00-3:30 pm	6 Tot Stop 9:30-11:30 am Family Time 1:30-3:30 pm	7 Indoor Gym 10:00 -11:30am <i>*Healthy Eating Series*</i> (Week 3 of 6) 1:30 - 3:30 pm	8 Family Time <i>*Infant Massage*</i> 9:30-11:30 am Open Door 1:30 - 3:30 pm	9 Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
11 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	12 Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland TPHN Visits 2:00-3:30 pm	13 <i>*Mobile Developmental Outreach Clinic*</i> Tot Stop 9:30-11:30 am Family Time 1:30-3:30 pm	14 <i>Happy Valentine's Day!</i>  Indoor Gym 10:00 -11:30am <i>*Healthy Eating Series*</i> (Week 4 of 6) 1:30 - 3:30 pm	15 Family Time <i>*Infant Massage*</i> 9:30-11:30 am Open Door 1:30 - 3:30 pm	16 <b>Centre Closed for Family Day Long Weekend</b>
18 <b>Centre Closed for Family Day</b>	19 Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	20 Tot Stop 9:30-11:30 am <i>*Workshop: Parents and Kids Communication*</i> 1:30 - 3:30 pm	21 Indoor Gym TPHN Visits 10:00 -11:30am <i>*Healthy Eating Series*</i> (Week 5 of 6) 1:30 - 3:30 pm	22 Family Time <i>*Infant Massage*</i> 9:30-11:30 am Open Door 1:30 - 3:30 pm	23 Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
25 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	26 Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	27 Tot Stop 9:30-11:30 am Family Time 1:30 - 3:30 pm	28 Indoor Gym 10:00 -11:30am <i>*Healthy Eating Series*</i> (Week 6 of 6) 1:30 - 3:30 pm		



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### Parkway Mall Satellite Location

85 Ellesmere Rd., Scarborough, ON, M1R 4B9, (416) 438 - 1800

**Office Hours:**

Monday, Wednesday & Thursday: 9:00 am - 5:00 pm; Tuesday: 12:00-8:00 pm

## Calendar of events

## February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Centre closed. Please see our Main Site or satellite locations for details.
4 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	5 <i>No morning program</i> Family Time 1:30 - 3:30 pm Family Time 5:30-7:30 pm	6 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	7 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	8 Centre closed. Please see our Main Site or satellite locations for details.
11 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	12 <i>No morning program</i> Family Time 1:30 - 3:30 pm Family Time 5:30-7:30 pm	13 Tot Stop TPHN Visits 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	14 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	15 Centre closed. Please see our Main Site or satellite locations for details.
18 <b>Centre Closed for Family Day Long Weekend</b>	19 <i>No morning program</i> <b>*Workshop: Encourage Math Learning at Home*</b> <b>1:30 - 3:30 pm</b> Family Time 5:30-7:30 pm	20 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	21 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	22 Centre closed. Please see our Main Site or satellite locations for details.
25 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	26 <i>No morning program</i> Family Time 1:30 - 3:30 pm Family Time 5:30-7:30 pm	27 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	28 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	



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### Satellite Locations

(MCC) McGregor Park Community Centre: 2231 Lawrence Ave E (West of Kennedy)

(VPH) Victoria Park Hub: 1527 Victoria Park Ave (at Eglinton)

(GR. PS) Golf Road Jr P.S.: 730 Scarborough Golf Club Rd

## Calendar of events

## February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				<b>MCC</b> Family Time 10:00 - 11:30 am
4	5	6	7	8
Please see Main Site or Parkway Mall Satellite for details	<b>VPH</b> <i>*Fun with Learning*</i> (Week 5 of 6) 9:30 - 11:00 am	<b>GR. PS</b> <i>*Discovery Time*</i> (Week 5 of 6) 10:00 - 11:30 am	Please see Main Site or Parkway Mall Satellite for details	<b>MCC</b> Family Time 10:00 - 11:30 am
11	12	13	14	15
Please see Main Site or Parkway Mall Satellite for details.	<b>VPH</b> <i>*Fun with Learning*</i> (Week 6 of 6) 9:30 - 11:00 am	<b>GR. PS</b> <i>*Discovery Time*</i> (Week 6 of 6) 10:00 - 11:30 am	Please see Main Site or Parkway Mall Satellite for details	<b>MCC</b> Family Time 10:00 - 11:30 am
18	19	20	21	22
Please see Main Site or Parkway Mall Satellite for details.	<b>VPH</b> <b>No Program</b> Please see Main Site or Parkway Mall Satellite for details	<b>GR. PS</b> <b>No Program</b> Please see Main Site or Parkway Mall Satellite for details	Please see Main Site or Parkway Mall Satellite for details	<b>MCC</b> Family Time 10:00 - 11:30 am
25	26	27	28	
Please see Main Site or Parkway Mall Satellite for details.	<b>VPH</b> <i>*Fun with Reading &amp; Writing*</i> (Week 1 of 6) 9:30 - 11:00 am	<b>GR. PS</b> <i>*Fun with Learning*</i> (Week 1 of 6) 10:00 - 11:30 am	Please see Main Site or Parkway Mall Satellite for details	



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## **PROGRAM DESCRIPTIONS:**

**\*TPHN (Toronto Public Health Nurse) Visits**

### **Programs for all ages (0 - 6 years):**

**A Circle of Play:** A quiet program for children and families who have developmental concerns for their children. Families will have the opportunity to connect with our Registered Early Childhood Educators, community partners and with other families.

**Indoor Gym:** A program that focuses on the development of your child's gross motor skills. A variety of equipment, games, action songs and rhymes are used to promote their gross motor development.

**Family Time:** An opportunity for parents, caregivers and their children to meet others and play interactively in an early learning environment. The activities provided in this program include arts and crafts, music, sensory, pre-reading and mathematics.

**Open Door :** Come and explore our centre and the many services and resources available to you. Families are welcome to come and play with their children when regular programs are not being offered

**Me & Dad:** This is an interactive program for dads, stepdads, uncles, grandfathers, foster dads or any father figures. An opportunity to spend quality time with your child/children The program includes arts and crafts, music and movement, stories and discovery time.

### **Age Specific Programs:**

**Infant Massage - birth to 12 months only:** Parents and caregivers will learn how to massage their baby. Brought to you by Centennial College Massage Therapy students under the direction of Registered Massage Therapist.

**Babies in Playland - birth to 18 months only:** This program focuses on early development through social and interactive play. The activities provided will include creative, sensory, songs and rhymes and motor development. Parents and caregivers will be provided with information on infant development and care.

**Tot Stop - 18 to 36 months only:** This program focuses on toddlers' development through play. Parents and caregivers will engage in activities with their child including arts and crafts, sensory as well as songs and rhymes.

### **\*Pre-registered Programs\*:**

**\*Fun with Reading & Writing\* - For parents, caregivers and children 3-6 years of age:** A 6-week program where we will be focusing on the reading and writing skills of the children, as they work together with their parents and our staff in a fun learning environment. Please no younger siblings. **Tuesday mornings at Victoria Park Hub from February 26 to April 2, 2019; 9:30 - 11:00 am**

**\*Preschool Fun with Learning\* - For parents, caregivers and children 3-6 years of age:** This is a six-week interactive parent/caregiver and child program. Activities will include pre-reading, math concepts, games, puzzles, creative and sensory exercises. Please no younger siblings. **Wednesday mornings at Golf Road Jr. P.S. from February 27 to April 10, 2019; 10:00 - 11:30 am**

**\*Workshop: Parents and Kids Communication\* - For parents, caregivers and children birth-6 years of age:** One-day workshop that helps parents and caregivers to recognize that a child's self-esteem begins to develop in infancy. Parents will be provided with ideas on how to enjoy parenting and develop cooperative and responsible children. **Wednesday February 20, 2019 from 1:30 pm at Main Site**

**\*Workshop: Encourage Math Learning at Home\* - For parents, caregivers and children 18 months-6 years of age:** One-day workshop that will focus on the early stages of math skills in young children. Engaging children in interesting mathematical activities can help stimulate a lifelong enjoyment of math. Parents will be provided with ideas of activities they can do at home to foster the interest in math. **Tuesday February 19, 2019 from 1:30pm at Parkway Mall**

**\*Healthy Eating Series\* - For parents, caregivers and children birth - 6 years of age:** The Healthy Eating Series is a free language and culturally specific nutrition program offered to parents/caregivers: with children between the ages of birth to six years are able to attend weekly two hour sessions for six weeks on a regular basis. The program is facilitated in a group setting by a Public Health Dietitian and a Community Nutrition Educator. **Thursday afternoons from 1:30-3:30pm at Main Site, January 24 to February 28, 2019**

**\*Please note that all programs and program times are subject to change. Please call us at (416) 438 - 1800 for the most up-to-date schedule, thank you.\***

### **Growing Healthy Together - Expectant Mothers:**

The Canadian Pre-natal Nutrition Program offers free ongoing pre-natal classes. Please call 416-321-5464 Ext. 349 to see if you are eligible.

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3478 Lawrence Ave. E. | Scarborough, ON, M1H1A9  
416 - 438 - 1800 | [www.familydaycare.com](http://www.familydaycare.com)

