



Child and Family Centre

Scarborough Centre EarlyON Child and Family Centre
3478 Lawrence Ave. E., Scarborough, ON M1H 1A9, (416) 438 - 1800

Office Hours
Monday to Friday: 9:00 am - 5:00 pm; Saturday: 9:00 am - 2:30 pm

Calendar of events

June 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please remember to bring socks or indoor shoes when attending our programs!					1
3	4	5	6	7	8
Family Time TPHN 9:30-11:30 am Family Time 1:30-3:30 pm	Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	Tot Stop 9:30-11:30 am Family Time 1:30-3:30 pm	Fit & Fun 10:00 -11:30am <i>*Family Math*</i> <i>(Week 6 of 6)</i> 1:30 - 3:30 pm	Family Time 9:30-11:30 am <i>*Living and Learning with Baby*</i> <i>(Week 6 of 6)</i> 1:30 - 3:30 pm	Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
10	11	12	13	14	15
Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	<i>Mobile Developmental Outreach Clinic</i> Tot Stop 9:30-11:30 am Family Time 1:30-3:30 pm	Fit & Fun 10:00 -11:30am <i>*Getting Ready for K*</i> <i>(Week 1 of 4)</i> 1:30 - 3:30 pm	Family Time 9:30-11:30 am Centre closed for Professional Development in the afternoon	<i>Father's Day Celebration</i> Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
17	18	19	20	21	22
Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	Tot Stop 9:30-11:30 am Family Time 1:30-3:30 pm	Fit & Fun 10:00 -11:30am <i>*Getting Ready for K*</i> <i>(Week 2 of 4)</i> 1:30 - 3:30 pm	Family Time 9:30-11:30 am Open Door 1:30 - 3:30 pm	Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
24	25	26	27	28	29
Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland TPHN 2:00-3:30 pm	Tot Stop 9:30-11:30 am Family Time 1:30 - 3:30 pm	Fit & Fun 10:00 -11:30am <i>*Getting Ready for K*</i> <i>(Week 3 of 4)</i> 1:30 - 3:30 pm	Family Time 9:30-11:30 am Centre closed for Professional Development in the afternoon	Closed for Canada Day Long Weekend!



Child and Family Centre

Parkway Mall Satellite Location

85 Ellesmere Rd., Scarborough, ON, M1R 4B9, (416) 438 - 1800

Office Hours:

Monday, Wednesday & Thursday: 9:00 am - 5:00 pm; Tuesday: 12:00-8:00 pm

Calendar of events

June 2019

Monday	Tuesday	Wednesday	Thursday	Friday
3 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	4 <i>No morning program</i> Family Time 1:30 - 3:30 pm Family Time 5:30-7:30 pm	5 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	6 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	7 *Parent-Child Mother Goose* <i>(Week 6 of 7)</i> 10:00 - 11:30 am
10 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	11 <i>No morning program</i> Family Time TPHN 1:30 - 3:30 pm Family Time 5:30-7:30 pm	12 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	13 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	14 *Parent-Child Mother Goose* <i>(Week 7 of 7)</i> 10:00 - 11:30 am
17 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	18 <i>No morning program</i> *Workshop: Childhood Stress* 1:30 - 3:30 pm Family Time 5:30-7:30 pm	19 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	20 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	21 *Developmental Screening Clinic* 9:30 am - 12:00 pm 1:30 - 3:30 pm
24 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	25 <i>No morning program</i> Family Time 1:30 - 3:30 pm Family Time 5:30-7:30 pm	26 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	27 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	28 Centre closed. Please see our Main Site or satellite locations for details.
			Please remember to bring socks and/or indoor shoes	



Child and Family Centre

Satellite Locations

(MCC) McGregor Park Community Centre: 2231 Lawrence Ave E (West of Kennedy)

(VPH) Victoria Park Hub: 1527 Victoria Park Ave (at Eglinton)

(GR. PS) Golf Road Jr P.S.: 730 Scarborough Golf Club Rd

Calendar of events

June 2019

Monday	Tuesday	Wednesday	Thursday	Friday
3 Please see Main Site or Parkway Mall Satellite for details	4 VPH *Discovery Time* (Week 3 of 6) 9:30 - 11:00 am	5 Please see Main Site or Parkway Mall Satellite for details	6 Please see Main Site or Parkway Mall Satellite for details	7 MCC Family Time 10:00 - 11:30 am
10 Please see Main Site or Parkway Mall Satellite for details	11 VPH *Discovery Time* (Week 4 of 6) 9:30 - 11:00 am	12 Please see Main Site or Parkway Mall Satellite for details	13 Please see Main Site or Parkway Mall Satellite for details	14 MCC Family Time TPHN 10:00 - 11:30 am
17 Please see Main Site or Parkway Mall Satellite for details.	18 VPH *Discovery Time* (Week 5 of 6) 9:30 - 11:00 am	19 Please see Main Site or Parkway Mall Satellite for details	20 Please see Main Site or Parkway Mall Satellite for details	21 MCC Family Time 10:00 - 11:30 am
24 Please see Main Site or Parkway Mall Satellite for details.	25 VPH *Discovery Time* (Week 6 of 6) 9:30 - 11:00 am	26 Please see Main Site or Parkway Mall Satellite for details	27 Please see Main Site or Parkway Mall Satellite for details	28 Please see Main Site for details. Park program will begin July 5, 2019



Child and Family Centre

PROGRAM DESCRIPTIONS:

***TPHN (Toronto Public Health Nurse) Visits**

Programs for all ages (0 - 6 years):

Father's Day Celebration: Join us for light snacks and refreshments to celebrate all the fathers and male figures in your child's life.

A Circle of Play: A quiet program for children and families who have developmental concerns for their children. Families will have the opportunity to connect with our Registered Early Childhood Educators, community partners and with other families.

Family Time: An opportunity for parents, caregivers and their children to meet others and play interactively in an early learning environment. The activities provided in this program include arts and crafts, music, sensory, pre-reading and mathematics.

Open Door : Come and explore our centre and the many services and resources available to you. Families are welcome to come and play with their children when regular programs are not being offered

Fit & Fun: Parents and caregivers will participate with their children in this program that focuses on basic physical activity skills. The program includes warm up and cool down, exercises from the Rainbow Fun program, musical movement and games.

Me & Dad: This is an interactive program for dads, stepdads, uncles, grandfathers, foster dads or any father figures. An opportunity to spend quality time with your child/children The program includes arts and crafts, music and movement, stories and discovery time.

Age Specific Programs:

Babies in Playland - birth to 18 months only: This program focuses on early development through social and interactive play. The activities provided will include creative, sensory, songs and rhymes and motor development. Parents and caregivers will be provided with information on infant development and care.

Tot Stop - 18 to 36 months only: This program focuses on toddlers' development through play. Parents and caregivers will engage in activities with their child including arts and crafts, sensory as well as songs and rhymes.

***Pre-registered Programs*:**

***Getting Ready for K* For parents, caregivers and children 3-6 years of age:** A four-week interactive school readiness program for children who will start school in September 2019. Parents/caregivers will learn about what to expect and how to prepare for their child's first year of school **Thursday afternoons from 1:30 - 3:30 pm from June 13 - July 4, 2019 at Main Site**

***Workshop: Childhood Stress* For parents, caregivers and children 18 months-6 years of age:** Stress is part of everyday life and can affect anyone - even kids. Learning to handle stress is an important life skill. This workshop will focus on the signs of stress and effective ways to support your children in dealing with stress. **Tuesday June 18, 2019, 1:30 - 3:30 pm at Parkway Mall Satellite**

***Developmental Screening Clinic* - For parents and caregivers of children 0 - 6 years of age:** Find out how your child is doing with the child development and nutrition screening. The screening areas will include: growth and development, speech and language, food and nutrition and dental. The screenings will be conducted by Toronto Public Health professionals. **At the Parkway Mall Satellite Friday June 21, 2019**

Please note that all programs and program times are subject to change. Please call us at (416) 438 - 1800 for the most up-to-date schedule, thank you.

Registration dates for pre-registered programs:

Getting Ready for K - Monday June 3, 2019 at 9:30 am

To register, please call 416 438 1800

Growing Healthy Together - Expectant Mothers:

The Canadian Pre-natal Nutrition Program offers free ongoing pre-natal classes. Please call 416-321-5464 Ext. 349 to see if you are eligible.

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