

## Information for Families with Children with a Speech and Language Delay

If you suspect that your child has a speech and language delay, here are some things you can do:

1. If you are not yet on the list for Preschool Speech and Language service, and your child has not yet started JK, ask your facilitator to complete an ERIK assessment with you. They can then fax the referral form in to York Region Child Development Programs and you will be contacted to let you know you are on the wait list. Alternately, you can self-refer (don't need a referral from your doctor) by calling 1-888-703-5437. This service is free of charge, but you may need to wait up to eight months. You can find ERIK here:  
<http://childdevelopmentprograms.ca/speech-and-language/eligibility-criteria-and-referrals/6-months/>
2. If you have private health benefits through work or have the financial resources to pay for private Speech and Language therapy, you can find a qualified Speech Pathologist near you at: [www.osla.on.ca](http://www.osla.on.ca)
3. You can find resources on a variety of Speech and Language topics, including developmental milestones, stuttering and bilingualism at:  
<http://childdevelopmentprograms.ca/speech-and-language/>
4. You can watch a series of webinars developed by a Speech and Language Pathologist and an Early Literacy Specialist for families with children on the wait list for speech and language therapy. You can watch four, one-hour sessions at your own convenience with only a computer. For birth to 30 months, watch Being the Bridge at:  
<http://familydaycare.com/early-literacy/early-literacy-workshops-webinars/bridge-building-language-wait-resources/>  
For 2 ½ to 4 years old, watch The Power of Play at: <http://familydaycare.com/early-literacy/early-literacy-workshops-webinars/power-play-resources/>
5. For helpful resources, including articles, books and DVDs, from an industry leader, see [www.Hanen.org](http://www.Hanen.org).
6. More information available at [www.beststart.org](http://www.beststart.org) and [www.healthybabieshealthybrain.ca](http://www.healthybabieshealthybrain.ca)

Presented by the York Region Early Literacy Specialists

**Find 30+ more tip sheets at:**

<http://familydaycare.com/early-literacy/early-literacy-resources/>