



Being the Bridge: Building Language While You Wait Part 1 - Love Grows Brains & Routines Support Learning

Tips and Tools: Promoting a Secure Attachment/Building Social Relationships

1. Simply 'be' with Your Child and Love your Child
 - Words to Say: I love you; Look at your cute little toes; You have such a beautiful smile!
 - Praise your Child: You rolled over! Wow, you are SO strong!
 - Songs to Sing: Skin-a-marink, You are my Sunshine (translated songs: <http://bpl.bc.ca/kids/embracing-diversity>)
 - Finger Play: This Little Piggy (toes), Round and Round the Garden (belly button)
 - Touch: hugs, kisses, snuggles, tickles, feeding each other
 - Facial Expression: big smile, show bright, wide eyes, gaze affectionately at your child, be happy to see him and be with him.
2. Be Face-to-Face (get down to his level or bring him up to your level)
3. Make your Face and Voice more Interesting
 - Voice: Use a higher pitch, talk slower, emphasize key words (e.g., You are a GOOD boy)
 - Face: Exaggerate your facial expressions – make them bigger, hold them longer, make your eyes wider and brighter, your smile bigger, and open your mouth wider
4. Observe, Wait, Listen (and Imitate)
5. Repeat, Repeat, Repeat – Create Routines and Rituals