



Be the Bridge: Building Language While You Wait Part 3 – Building Words

Behaviour Management – Internet and Community Resources

- www.loveandlogic.com: **Love and Logic** provides simple and practical techniques to help parents and teachers have less stress and more fun while raising responsible kids.
- www.positiveparenting.com: **Positive Parenting** offers parenting workshops, court-approved parenting classes and parenting advice from Deb Godfrey.
- www.tripleontario.ca: **Triple P** positive parenting program. Whether you want a quick tip on how to handle a specific problem, or you want some ideas on how to promote your child's development, or you have more complex family issues, a Triple P trained practitioner in your community can tailor Triple P to suit your needs.
- www.reachinginreachingout.com: **Reaching IN...Reaching OUT (RIRO)** creates evidence-based programs that teach resiliency thinking and coping skills to adults and young children under the age of 8 years so they can... Reach IN to face life's challenges ... Reach OUT to others and opportunities that encourage healthy development.
- www.kinark.on.ca: **Kinark** Child and Family Services is a children's mental health organization in Ontario that provides help to children and youth, families and communities
- www.bluehillscentre.ca: **Blue Hills Child and Family Centre**. Services focus on social and emotional well-being, primarily for children, youth and their families.

Sleep Issues – Internet Resources

- www.babysleepsite.com: **The Baby Sleep Site** helps tired parents everywhere with personalized baby sleep consultation services, baby, and toddler sleep e-books and other resources.

Picky Eaters – Internet and Community Resources

- <http://www.speechlanguagefeeding.com/picky-eaters-will-not-starve-themselves-but-problem-or-resistant-eaters-might/>

- www.speechlanguagefeeding.com/picky-eaters-will-not-starve-themselves-but-problem-or-resistant-eaters-might/ When I say “picky eater” I am referring to a child who has picky behaviors but can learn to eat a broader diet and change the bad habits that are negatively impacting themselves and their families. However, when it comes to feeding disorders there is a continuum of severity. And many of you have children with more severe food aversions.
- If you have a problem-eater or a resistant-eater or suspect swallowing safety issues, you may qualify for an assessment from the Feeding Clinic through The Children’s Treatment Network. www.ctn-simcoeyork.ca : The **Children’s Treatment Network** provides comprehensive, coordinated care and services to kids with complex physical, developmental and communications needs who live in York Region and Simcoe County. 1-866-377-0286 intake.