



Child and Family Centre

Scarborough Centre EarlyON Child and Family Centre
3478 Lawrence Ave. E., Scarborough, ON M1H 1A9, (416) 438 - 1800

Office Hours

Monday to Friday: 9:00 am - 5:00 pm; Saturday: 9:00 am - 2:30 pm

Calendar of events

May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Tot Stop 9:30-11:30 am Family Time 1:30-3:30 pm	2 Fit & Fun 10:00 -11:30am *Family Math* (Week 1 of 6) 1:30 - 3:30 pm	3 Family Time 9:30-11:30 am *Living and Learning with Baby* (Week 1 of 6) 1:30 - 3:30 pm	4 Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
6 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	7 Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	8 Mobile Developmental Outreach Clinic Tot Stop 9:30-11:30 am Family Time 1:30-3:30 pm	9 Fit & Fun 10:00 -11:30am *Family Math* (Week 2 of 6) 1:30 - 3:30 pm	10 Family Time 9:30-11:30 am *Living and Learning with Baby* (Week 2 of 6) 1:30 - 3:30 pm	11 Family Time Mother's Day Breakfast 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
13 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	14 Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	15 Tot Stop TPHN 9:30-11:30 am *Workshop: Success in School* 1:30-3:30 pm	16 Fit & Fun 10:00 -11:30am *Family Math* (Week 3 of 6) 1:30 - 3:30 pm	17 Family Time 9:30-11:30 am *Living and Learning with Baby* (Week 3 of 6) 1:30 - 3:30 pm	18 Closed for Victoria Day Weekend!
20 Closed for Victoria Day	21 Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	22 Tot Stop 9:30-11:30 am Family Time 1:30-3:30 pm	23 Fit & Fun 10:00 -11:30am *Family Math* (Week 4 of 6) 1:30 - 3:30 pm	24 Family Time 9:30-11:30 am *Living and Learning with Baby* (Week 4 of 6) 1:30 - 3:30 pm	25 Family Time 9:30-11:30 am Me & Dad 12:30 pm-2:00pm
27 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	28 Growing Healthy Together - Expectant Mothers: 9:30 am - 12:00 pm Babies in Playland 2:00-3:30 pm	29 Tot Stop 9:30-11:30 am Family Time 1:30 - 3:30 pm	30 Fit & Fun 10:00 -11:30am *Family Math* (Week 5 of 6) 1:30 - 3:30 pm	31 Family Time 9:30-11:30 am *Living and Learning with Baby* (Week 5 of 6) 1:30 - 3:30 pm	



Child and Family Centre

Parkway Mall Satellite Location

85 Ellesmere Rd., Scarborough, ON, M1R 4B9, (416) 438 - 1800

Office Hours:

Monday, Wednesday & Thursday: 9:00 am - 5:00 pm; Tuesday: 12:00-8:00 pm

Calendar of events

May 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	2 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	3 *Parent-Child Mother Goose* <i>(Week 1 of 7)</i> 10:00 - 11:30 am
6 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	7 <i>No morning program</i> Family Time 1:30 - 3:30 pm Family Time 5:30-7:30 pm	8 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	9 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	10 *Parent-Child Mother Goose* <i>(Week 2 of 7)</i> 10:00 - 11:30 am
13 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	14 <i>No morning program</i> Family Time TPHN 1:30 - 3:30 pm Family Time 5:30-7:30 pm	15 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	16 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	17 *Parent-Child Mother Goose* <i>(Week 3 of 7)</i> 10:00 - 11:30 am
20 Closed for Victoria Day!	21 <i>No morning program</i> *Workshop: The Importance of Routines* 1:30 - 3:30 pm Family Time 5:30-7:30 pm	22 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	23 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	24 *Parent-Child Mother Goose* <i>(Week 4 of 7)</i> 10:00 - 11:30 am
27 Family Time 9:30-11:30 am Family Time 1:30-3:30 pm	28 <i>No morning program</i> Family Time 1:30 - 3:30 pm Family Time 5:30-7:30 pm	29 Tot Stop 9:30-11:30 am A Circle of Play 1:30 - 3:00 pm	30 Babies in Playland 9:30-11:30 am Open Door/Songs & Stories 1:30-3:30 pm	31 *Parent-Child Mother Goose* <i>(Week 5 of 7)</i> 10:00 - 11:30 am



Child and Family Centre

Satellite Locations

(MCC) McGregor Park Community Centre: 2231 Lawrence Ave E (West of Kennedy)

(VPH) Victoria Park Hub: 1527 Victoria Park Ave (at Eglinton)

(GR. PS) Golf Road Jr P.S.: 730 Scarborough Golf Club Rd

Calendar of events

May 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Gr. PS <i>*Fun with Numbers*</i> (Week 3 of 5) 10:00 - 11:30 am	2 Please see Main Site or Parkway Mall Satellite for details	3 MCC Family Time 10:00 - 11:30 am
6 Please see Main Site or Parkway Mall Satellite for details	7 VPH <i>*Family Math*</i> (Week 5 of 6) 9:30 - 11:00 am	8 Gr. PS <i>*Fun with Numbers*</i> (Week 4 of 5) 10:00 - 11:30 am	9 Please see Main Site or Parkway Mall Satellite for details	10 MCC Family Time TPHN 10:00 - 11:30 am
13 Please see Main Site or Parkway Mall Satellite for details.	14 VPH <i>*Family Math*</i> (Week 6 of 6) 9:30 - 11:00 am	15 Gr. PS <i>*Fun with Numbers*</i> (Week 5 of 5) 10:00 - 11:30 am	16 Please see Main Site or Parkway Mall Satellite for details	17 MCC Family Time 10:00 - 11:30 am
20 Closed for Victoria Day!	21 VPH <i>*Discovery Time*</i> (Week 1 of 6) 9:30 - 11:00 am	22 Gr. PS <i>*Getting Ready for K*</i> (Week 1 of 4) 10:00 - 11:30 am	23 Please see Main Site or Parkway Mall Satellite for details	24 MCC Family Time 10:00 - 11:30 am
27 Please see Main Site or Parkway Mall Satellite for details.	28 VPH <i>*Discovery Time*</i> (Week 2 of 6) 9:30 - 11:00 am	29 Gr. PS <i>*Getting Ready for K*</i> (Week 2 of 4) 10:00 - 11:30 am	30 Please see Main Site or Parkway Mall Satellite for details	31 MCC Family Time 10:00 - 11:30 am



Child and Family Centre

PROGRAM DESCRIPTIONS

***TPHN (Toronto Public Health Nurse) Visits**

Programs for all ages (0 - 6 years):

Mother's Day Breakfast: Join us for a light breakfast and refreshments to celebrate all the mothers and female figures in your child's life.

A Circle of Play: A quiet program for children and families who have developmental concerns for their children. Families will have the opportunity to connect with our Registered Early Childhood Educators, community partners and with other families.

Family Time: An opportunity for parents, caregivers and their children to meet others and play interactively in an early learning environment. The activities provided in this program include arts and crafts, music, sensory, pre-reading and mathematics.

Open Door : Come and explore our centre and the many services and resources available to you. Families are welcome to come and play with their children when regular programs are not being offered

Fit & Fun: Parents and caregivers will participate with their children in this program that focuses on basic physical activity skills. The program includes warm up and cool down, exercises from the Rainbow Fun program, musical movement and games.

Me & Dad: This is an interactive program for dads, stepdads, uncles, grandfathers, foster dads or any father figures. An opportunity to spend quality time with your child/children The program includes arts and crafts, music and movement, stories and discovery time.

Age Specific Programs:

Babies in Playland - birth to 18 months only: This program focuses on early development through social and interactive play. The activities provided will include creative, sensory, songs and rhymes and motor development. Parents and caregivers will be provided with information on infant development and care.

Tot Stop - 18 to 36 months only: This program focuses on toddlers' development through play. Parents and caregivers will engage in activities with their child including arts and crafts, sensory as well as songs and rhymes.

Pre-registered Programs:

***Family Math* - For parents, caregivers and children 3 to 6 years of age:** Together parents, caregivers and children participate in activities that reinforce skills and develop math concepts as well as fostering and enjoyment for mathematics. Please no younger siblings. **Thursday afternoons from 1:30 to 3:30 pm at Main Site from May 2 - June 6, 2019**

***Workshop: Success in School* For parents, caregivers and children 3 to 6 years of age:** This workshop will provide tools on how you can help your child succeed academically and socially in school. Discussion topics include: positive ways of how to support and direct your child to overcome separation anxiety. **Wednesday May 15, 1:30 - 3:30 pm at Main Site**

***Living and Learning with Baby* For parents, caregivers and babies 6 weeks to 6 months:** A 6-week program with the Public Health Nurse for parents and their infants newborn to 6 months covering healthy development, infant care and feeding, songs & rhymes and attachment. Pre-registration is required to attend this program. Please call Toronto Public Health at 416 338 7600 or go to tphbookings.ca to register. **Friday afternoons from 1:30 to 3:30 pm at Main Site from May 3 - June 7, 2019**

***Parent-Child Mother Goose* - For parents, caregivers and children birth to 12 months of age:** An 8-week interactive program for parents/caregiver and their infants newborn to 12 months to learn and enjoy the power of using rhymes, songs and stories. **Friday mornings from 10:00 to 11:30 am at Parkway Mall Satellite from May 3rd to June 14, 2019**

***Workshop: The Importance of Routines* For parents, caregivers and children 18 months to 6 years of age:** This workshop will focus on the importance of routines, how to establish them and what strategies to use when they are changed. Everyday routines such as feeding, sleeping and toileting will be discussed. **Tuesday May 21, 1:30 - 3:30 pm at Parkway Mall Satellite.**

***Discovery Time* - For parents, caregivers and children 3 to 6 years of age:** Come and explore the wonderful and exciting world of science through hands on experiments, observations and discussion. Discovery Time provides parents and caregivers an opportunity to bring science into the home. Please no younger siblings. **Tuesday mornings from 9:30 - 11:00 am at Victoria Park Hub from May 21 - June 25, 2019**

***Getting Ready for K* - For parents, caregivers and children starting school September 2019:** A 4-week program for both parents and their children. The sessions provide parents with information about what they can do to help their child develop learning readiness skills, and ultimately succeed in school. Please no younger siblings. **Wednesday mornings from 10:00 - 11:30 am at Golf Rd Jr P.S. from May 22 - June 12, 2019**

Registration dates for pre-registered programs:

Family Math - Monday April 29, 2019 at 10:30 am

Parent-Child Mother Goose - Monday April 29, 2019 at 9:30 am

Discovery Time - Monday May 6, 2019 at 9:30 am

Getting Ready for K - Monday May 13, 2019 at 9:30 am

To register, please call 416 438 1800

Please note that all programs and program times are subject to change. Please call us at (416) 438 - 1800 for the most up-to-date schedule, thank you.

Growing Healthy Together - Expectant Mothers:

The Canadian Pre-natal Nutrition Program offers free ongoing pre-natal classes. Please call 416-321-5464 Ext. 349 to see if you are eligible.

கருவுற்றிருக்கும் பெண்களுக்கான இலவச நிகழ்ச்சி.மேலதிக விவரங்களுக்கு அழையுங்கள் 416 321 5464 Ext.349