

EarlyON Child and Family Centre Markham East April 2021 Calendar of Virtual Events

Main Centre Location

EarlyON Child and Family Centre Markham East

40 Washington Street, Markham

L3P 2R5

905-471-1620

The centre and mobile locations are closed. Please check www.familydaycare.com often for the most up to date information.

Contact Us:

Email: EarlyONMarkhamEast@familydaycare.com

Phone: 905-471-1620

Website: www.familydaycare.com/programs/earlyon

Storypark:

Storypark is a place where we are able to engage and support you and your family 24 hours a day 7 days a week, while you are at home and our centres are closed. We have set up some interest areas, with activities and resources for you to explore with your child. We have started with interest areas including:

Songs and Stories, Lets Create, Read Me a Story, Recipe Corner, Let's Get Active, Songs & Stories in Mandarin and Cantonese, and Songs and Stories in Farsi. We will continue to expand our interest areas based on your feedback.

Facebook:

Please join our Facebook group for live programming at **9am and 1pm** (each video will be available for 3 hours) Monday - Friday at EarlyON @ Family Day

[\(https://www.facebook.com/groups/FDEarlyON/\)](https://www.facebook.com/groups/FDEarlyON/)

****Please note that the Eventbrite links are in the program descriptions.**

Please stay tuned for more programs coming in May.

*****Please note that programs and program times are subject to change.**

April 2021

(Preregistration on Eventbrite for all programs March 24 at 9am, links are in description section)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>April 22nd – Earth Day - earthday.org</p> <ul style="list-style-type: none"> Plant a garden or a tree. Exchange or re-use toys, games, and other items. Feed the birds Eat dinner by candlelight Eliminate single-use plastic bags. Follow the 3 R's at all times: reduce, re-use, and recycle. 			<p>1</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Tot Stop (Zoom) 9:30-10:10am</p> <p>Sing and Sign with Me (Zoom) 1:30-2pm</p> <p>Songs and Stories in Cantonese (Zoom) 3-3:30pm</p> <p>One-on-One Triple P (Phone) 10-12pm</p>	<p>2</p> <p>Good Friday</p> <p>No programs today.</p>	<p>3</p> <p>Easter Weekend</p> <p>No programs today.</p>
<p>5</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Twinkle Toes (Zoom) 10-10:40am</p> <p>Kids Cooking Corner (Zoom) 2:30-3:10pm</p>	<p>6</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Let's Create Together (Zoom) 9:30-10:10am</p> <p>Zumbini (Zoom) 10:30-11:15am zumbini.</p> <p>Bedtime Songs and Stories (Zoom) 6:30-7pm</p>	<p>7</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Creative Movement (Zoom) 9:30-10:10am</p> <p>Yoga for Preschoolers (Zoom) 1:30-2:10pm</p> <p>Singable Stories (Zoom) 3-3:30pm</p> <p>One-on-One Triple P (Phone) Time 2-4pm</p>	<p>8</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Tot Stop (Zoom) 9:30-10:10am</p> <p>Sing and Sign with Me (Zoom) 1:30-2pm</p> <p>Songs and Stories in Cantonese (Zoom) 3-3:30pm</p> <p>One-on-One Triple P (Phone) Time 10-12pm</p>	<p>9</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Pet Planet (Zoom) 10-10:40am</p> <p>Fit and Fun in Mandarin (Zoom) 10-10:30am</p>	<p>10</p> <p>Family Fun Time (Zoom) 9:30-10:15am</p> <p>Creative Movement (Zoom) 11-11:45am</p>
<p>12</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Twinkle Toes (Zoom) 10-10:40am</p> <p>Kids Cooking Corner (Zoom) 2:30-3:10pm</p>	<p>13</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Let's Create Together (Zoom) 9:30-10:10am</p> <p>Zumbini (Zoom) 10:30-11:15am zumbini.</p> <p>Nature and Me (Zoom) 1:30-2:15pm</p> <p>Bedtime Songs and Stories (Zoom) 6:30-7pm</p>	<p>14</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Creative Movement (Zoom) 9:30-10:10am</p> <p>Nature and Me (Zoom) 10:45-11:30am</p> <p>Yoga for Preschoolers (Zoom) 1:30-2:10pm</p> <p>Singable Stories (Zoom) 3-3:30pm</p> <p>One-on-One Triple P (Phone) 2-4pm</p>	<p>15</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Tot Stop (Zoom) 9:30-10:10am</p> <p>Nature and Me (Zoom) 10-10:45am</p> <p>Sing and Sign with Me (Zoom) 1:30-2pm</p> <p>Songs and Stories in Cantonese (Zoom) 3-3:30pm</p> <p>One-on-One Triple P (Phone) 10-12pm</p>	<p>16</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Pet Planet (Zoom) 10-10:40am</p> <p>Fit and Fun in Mandarin (Zoom) 10-10:30am</p>	<p>17</p> <p>Family Fun Time (Zoom) 9:30-10:15am</p> <p>Creative Movement (Zoom) 11-11:45am</p>

<p style="text-align: right;">19</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Twinkle Toes (Zoom) 10-10:40am</p> <p>Kids Cooking Corner (Zoom) 2:30-3:10pm</p>	<p style="text-align: right;">20</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Let's Create Together (Zoom) 9:30-10:10am</p> <p>Zumbini (Zoom) 10:30-11:15am</p> <p>Nature and Me (Zoom) 1:30-2:15pm zumbini.</p> <p>Bedtime Songs and Stories (Zoom) 6:30-7pm</p>	<p style="text-align: right;">21</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Creative Movement (Zoom) 9:30-10:10am</p> <p>Fear Less (Zoom) 10-11am</p> <p>Nature and Me (Zoom) 10:45-11:30am</p> <p>Yoga for Preschoolers (Zoom) 1:30-2:10pm</p> <p>Singable Stories (Zoom) 3-3:30pm</p> <p>One-on-One Triple P (Phone) 2-4pm</p>	<p style="text-align: right;">22</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p style="text-align: center;">Earth Day</p> <p>Tot Stop (Zoom) 9:30-10:10am</p> <p>Nature and Me (Zoom) 10-10:45am</p> <p>Sing and Sign with Me (Zoom) 1:30-2pm</p> <p>Songs and Stories in Cantonese (Zoom) 3-3:30pm</p>	<p style="text-align: right;">23</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Fear Less (Zoom) 10-11am</p> <p>Fit and Fun in Mandarin (Zoom) 10-10:30am</p>	<p style="text-align: right;">24</p> <p>Family Fun Time (Zoom) 9:30-10:15am</p> <p>Creative Movement (Zoom) 11-11:45am</p>
<p style="text-align: right;">26</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Twinkle Toes (Zoom) 10-10:40am</p> <p>Kids Cooking Corner (Zoom) 2:30-3:10pm</p>	<p style="text-align: right;">27</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Let's Create Together (Zoom) 9:30-10:10am</p> <p>Zumbini (Zoom) 10:30-11:15am</p> <p>Nature and Me (Zoom) 1:30-2:15pm zumbini.</p> <p>Bedtime Songs and Stories (Zoom) 6:30-7pm</p>	<p style="text-align: right;">28</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Creative Movement (Zoom) 9:30-10:10am</p> <p>Nature and Me (Zoom) 10:45-11:30am</p> <p>Fear Less (Zoom) 10-11am</p> <p>Yoga for Preschoolers (Zoom) 1:30-2:10pm</p> <p>Singable Stories (Zoom) 3-3:30pm</p> <p>One-on-One Triple P (Phone) 2-4pm</p>	<p style="text-align: right;">29</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Tot Stop (Zoom) 9:30-10:10am</p> <p>Nature and Me (Zoom) 10-10:45am</p> <p>Sing and Sign with Me (Zoom) 1:30-2pm</p> <p>Songs and Stories in Cantonese (Zoom) 3-3:30pm</p> <p>One-on-One Triple P (Phone) 10-12pm</p>	<p style="text-align: right;">30</p> <p>Live on Facebook 9:00am and 1:00pm</p> <p>Fear Less (Zoom) 10-11am</p> <p>Fit and Fun in Mandarin (Zoom) 10-10:30am</p>	

Registered Program Descriptions

***(Preregistration required for all programs on Eventbrite March 24 at 9am, links are below)**

Zoom Programs

*****New Zoom Programs Added-Please pick one.**

Nature and Me via Zoom (Ages: Walkers – 6 years)

Welcome to the Nature and Me virtual program. Through songs, stories, games, and interactive activities, your child will learn about their environment and the importance of how to take care of it. We encourage you to explore and collect materials, take pictures and share with the others in the first session. Looking forward to having a fun program with you and your child.

Sessions:

Nature and Me via Zoom **Tuesdays** April 13, 20, 27 at 1:30-2:15pm [Click here to register](#)

Nature and Me via Zoom **Wednesdays** April 14, 21, 28 at 10:45-11:30am [Click here to register](#)

Nature and Me via Zoom **Thursdays** April 15, 22, 29 at 10-10:45am [Click here to register](#)

Tot Stop via Zoom (Ages: 12-36 months)

This program focuses on toddler development through play. Parents/caregivers engage in activities with their children including, arts and crafts, sensory activities, songs and rhymes.

Sessions: Thursdays April 1, 8, 15, 22, 29 at 9:30-10:10am. [Click here to register.](#)

Sing and Sign with Me via Zoom (Ages: 2.5 - 6 years)

Join us for an interactive signing program! You will be learning the signs to popular nursery rhymes, numbers and alphabets! This program is a great way to enhance communication and engage in quality one on one time with your child by teaching you a variety of signs that you can use while playing, singing and reading!

Sessions: Thursdays April 1, 8, 15, 22, 29 at 1:30-2pm. [Click here to register.](#)

Songs & Stories in Cantonese via Zoom (Ages: 0-6 years)

Learning two languages is like a workout for the brain. Come and join us for this fun and interactive program of songs and stories in Cantonese.

Sessions: Thursdays April 1, 8, 15, 22, 29 at 3-3:30pm. [Click here to register.](#)

Twinkle Toes via Zoom (Ages: 2-6 years)

A program for children to explore movements, guided by their parent or caregiver/parent and a facilitator. The variety of movements will stimulate children to engage in active and imaginative play, which will lead to physical, intellectual, emotional and creative growth.

Sessions: Mondays April 5, 12, 19, 26 at 10-10:40am. [Click here to register.](#)

Kids Cooking Corner via Zoom (Ages: 2-6 years)

Come and join us for a short cooking class with your children. Cooking promotes math skills and reading comprehension when following a recipe and encourages them to eat healthy.

Sessions: Mondays April 5, 12, 19, 26 at 2:30-3:10pm. [Click here to register.](#)

Let's Create Together via Zoom (Ages: 2-6 years)

When families create together they strengthen family bonds and connections, promote communication skills, and also support overall health and wellness. Join us each week for some fun family creative time where we explore sensory experiences through cooking, art, and science.

Sessions: Tuesdays April 6, 13, 20, 27 at 9:30-10:10am. [Click here to register.](#)

Zumbini via Zoom (Ages: 0-4 years)

Moving, grooving, and growing for mom (or dad) and me

Created by Zumba® and BabyFirst for children ages 0-4, the Zumbini program combines music, dance and educational tools for 45 minutes of can't-stop, won't-stop bonding, learning, and fun.

Sessions: Tuesdays April 6, 13, 20, 27 at 10:30-11:15am. [Click here to register.](#)



Bedtime Songs and Stories via Zoom (Ages: 0-6 years)

Reading and singing together at bedtime is the perfect way to end the day. Bedtime stories and songs help foster parent-child bonds, prepare children for sleep, and support brain development. Grab your pajamas and a cuddly friend, and find a comfy place to relax and engage with your child through songs and stories.

Sessions: Tuesdays April 6, 13, 20, 27 at 6:30-7pm. [Click here to register.](#)

Creative Movement via Zoom (Ages: 0-6 years)

Creative Movement helps children develop physical skills, stimulate brain development, and promote creative expression. Join us for an interactive and fun family program where we explore creative movement using music, stories, and yoga.

Sessions: Wednesdays April 7, 14, 21, 28 at 9:30-10:10am. [Click here to register.](#)

Saturdays: April 10, 17, 24 at 11-11:45am. (No session on April 3) [Click here to register.](#)

Yoga for Preschoolers via Zoom (Ages: 2.5-6 years)

Join us and engage your child in the joys of yoga. You and your child will be introduced to fun and interactive yoga poses, body movements, yoga games, and breathing and relaxation exercises.

Sessions: Wednesdays April 7, 14, 21, 28 at 1:30-2:10pm. [Click here to register.](#)

Fear Less (Triple P) via Zoom (For parents/caregivers with children 6-14 years)

Fear-Less Triple P supports parents and helps them to learn new cognitive behavioural strategies for anxiety management, encouraging them to apply these themselves for all their children.

Sessions: Wednesdays and Fridays April 21, 23, 28, 30 at 10-11am. Please call 905-471-1620 for more information.

Singable Stories via Zoom (Ages: 0-24 months)

Singable stories encourage parent-child engagement through the joy of reading, rhyming, and singing. Parents' active participation is the key in this program in order to support and strengthen child and brain development.

Sessions: Wednesdays April 7, 14, 21, 28 at 3-3:30pm. [Click here to register.](#)

One-on-One Triple P Primary Care Consultations (Ages: 0-6 years)

Our Triple P trained staff will schedule a one-on-one phone or Zoom consultation to discuss your concerns on disobedience or toileting training. Through the consultations, you will be provided with practical tools and strategies that you can use for handling challenging behaviours. The consultation would involve a half-hour scheduled consultation and be followed by 2 to 4 more consultations to provide support and help to develop a parenting plan to better manage your children's challenging behavior.

Disobedience (age 1 to 6 yrs.) Consultation date: Wednesdays April 7, 14, 21, 28 at 2-4pm.

Toilet Training (age 2 to 4 yrs.) Consultation date: Thursdays April 1, 8, 15, 29 at 10-12am. (No Session on April 22nd)

To schedule a session please call us at 905-471-1620.

Pet Planet (Ages: 0-6years)

Join us for 2 sessions, meet some furry friends and reptiles, learn about their habits, feeding and how to care for them. You will meet a bunny, cat, dog, bearded dragon and leopard gecko.

Sessions: Fridays April 9 & 16 at 10-10:40am. [Click here to register.](#)

Fit and Fun in Mandarin via Zoom (Ages: 0-6 years)

This program is for parents/caregivers and their children to meet others virtually and explore the Chinese language and culture. Join us for a fun interactive experience through songs, stories, music, movement, rhymes and games.

Sessions: Friday April 9, 16, 23, 30 at 10-10:30am. (No session April 2) [Click here to register.](#)

Family Fun Time via Zoom (Ages: 0-6 years)

Family Fun Time is for parents/caregivers and their children to meet others virtually and play interactively online. Parent-child play time helps support children's early learning skills, and promotes their overall health and wellness. Join us for fun family experiences through songs, stories, music, movement, and creative expression.

Sessions: Saturdays April 10, 17, 24 at 9:30-10:15am. (No session April 3) [Click here to register.](#)